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# ***NO TIME FOR KARMA***

***Stepping off the Wheel of Pain and Struggle***

BY

PAXTON ROBEY

©

ASSISTED BY LONE J. JENSEN

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## **AUTHOR'S PREFACE**

I heard Ram Dass speak in Oklahoma City some months back. He was telling of his discarnate friend Emmanuel, who is channeled by Pat Rodegast. A member of the audience asked how he knew that the information he received from Emmanuel was credible. Ram Dass replied, "because he agrees with me. How else would one know?"

When we are trying to clarify our own spiritual or philosophical basis for living, inner guidance is the one and only yardstick we have for measuring the validity of the different messages we hear these days. Historical or legal precedence based on past intellectual analysis and pragmatism, no matter how valued by our elders, is irrelevant in matters of the heart.

Inner guidance frees us from dependence on the beliefs of others. Inner guidance allows us to release our dependence on the accepted norm. Inner guidance is what empowers us as individuals.

No segment of society is yet ready to become so free and so empowered as to begin outpicturing the characteristics of the Christ. There are no peer group precedents for becoming enlightened. One must discover a new source of precedents, values and beliefs if one is to be "in the world but not of the world". Well, that "new source" is now and has always been available to any spiritual seeker. The guru leads us to that source when he extols us to enter meditation, to "be still and know that I am God".

On our planet today, amazingly, there are tens of thousands of individuals who are ready to voluntarily release the teachings of the authority figures who raised them. They are ready to embrace the spiritual methods and truths which will allow them to do miracles in their lives and on their planet. They are ready to integrate higher awareness into their everyday lives.

Higher awareness is non verbal, therefore the stories contained herein are distortions. They have been parsed, limited, cutback, humanized, and heavily paraphrased when compared to the insights which birthed them. If this book has any value, it will be to intrigue you, to seduce you into pondering your presence on earth. Maybe even to the point of verbalizing your own stories. Never pedal you own stories as "truth". But

if you will make them up and share them with your fellow humans, the consensus that we all eventually reach will be one of amazing freedom, peace and joy - - enlightenment. Don't underestimate the power of your own words.

There is such a difference between how we hear the spoken word and how we read the written word. Nearly always I have preferred to listen to the tape of a speaker rather than read their transcribed words. I am one of those people who thinks the movie is better than the book. The inflection and energy of the speaker is very much a part of the content of the message to me. There are others, I know, for whom the animation or energy of the speaker distracts from or overrides the message. For those folks, the written word allows them to create their own inflection and emphasis in a way that personalizes the message for them specifically.

Speaking is my way of clarifying concepts, so I tend to take many liberties during my story telling which allow me to understand those ideas that I receive intuitively. I always try to simplify esoteric concepts, sometimes to the point of absurdity. I believe that ultimate Truth is the simplest thing in reality. When we have half truths and try to make sense of them by analyzing them with our limited intellects, spirituality becomes very complex. So I make up stories about how this school system that we call Earth functions.

I paraphrase the Master teachers and the esoteric teachings freely. In this book, I have also paraphrased the Bible and *A Course in Miracles*. I believe that even if I did know the Truth, I couldn't speak it. There is an old Chinese proverb which says "he who knows does not speak and he who speaks does not know". I try to keep that in mind as I speak. So please look with kindness and generosity on my made up stories and don't take anything too literally. This is my truth, not yours. You will just have to make up your own stories to fit your truth.

## Acknowledgments

By listening to speakers, attending workshops, reading books, and listening to tapes, I have been able to piece together a vocabulary that makes it possible to express spiritual concepts, at least sufficiently to create a little intrigue in unlimited ideas. A few of those who have helped to give me the words to express "my" myths are: Richard Bach, Johanne Blodget, Jack Boland, Eric Butterworth, Ken Carey, Ram Dass, Wayne Dyer, Foster McClellan, Harry McKnight, Raymond Moody, Sig Paulson, Harold Sherman, Patricia Sun, Jose Silva, Gary Simmons, and Bill Williams.

When a few years ago, I began to feel that a book was to be written, I rebelled. I don't write books, I said, I talk. I love to talk. When I need clarity about an idea or concept, I talk about it and as I speak the clarity comes. Talking has often been my meditation, my way of tuning in to the unseen realms. And, I have become a true believer that, as Donald Shimoda said, "In the path of our happiness shall we find the learning for which we have chosen this lifetime." My happiness is talking.

I told the universe that if a book was to be written I would like to have a helper. So it was not too surprising that shortly after I had done a workshop in Dallas where Lone (pronounced Luna) had been in attendance, she wrote to me asking if she could assist me in writing a book that would help familiarize people with these ideas. Thank you universe!

Lone has been a magical person to work with. She has followed her guidance every step of the way, making the job unbelievable easy and synchronistic. Thank you Lone!

Lone and I would like to thank Larry Dossey and Sandra Ingerman for their assistance with this project. They showed us the ins and outs of the publishing game from the author's point of view. Without them our path would have been much less of a joy. And thanks to Cynthia Stibolt who not only brings incredible art through to this dimension, but is able to support and inspire others in an amazing way.

My brother and sister, Ric and Beth, have fed me when the cupboard was bare, and supported me in every way possible with total non-judgement. The spiritual teacher who, by following her guidance, bailed me out when I was on the brink of total self annihilation was Carol Parish-Harrah. Ann Smith, the world's greatest networker, is always there and always tuned in. Our neighbors, who take us to commune with the Great Spirit in the sweat lodge, are Jake and Cathy Walker. A special note of appreciation to Mona Hale who sees all, hears all, knows all, and speaks very little. Thanks to Pam Cox. There are literally dozens of others who deserve my thanks for their unconditional support spiritually or otherwise.

And of course, my greatest supporter is my wife Anne. We find that these words from *A Course in Miracles*, "Would you rather be right or happy?" make our relationship a true joy.

Paxton Robey  
Carson, New Mexico  
January 1993 and January 1998

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# *NO TIME FOR KARMA*

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# INTRODUCTION

Welcome to planet Earth!

Today, as we prepare to cross the cusp, somewhere near the beginning of the 21<sup>st</sup> century, from the Picean age into the Aquarian age, we see that the human mind en masse has been opened to the search for peace, harmony, spirituality and the limitless possibilities of turning everything that we once thought of as mysticism or science fiction into our intimate personal realities.

How is it that we are now living in a world where the secret teachings of the ages, the secrets of mastery, ascension, and miracles are spelled out in books that are on top of the best seller list? How is it that people now have the opportunity to acquaint themselves with and master the eternal secrets of enlightenment and conscious co-creation of our universe?

Something happens to inhabitants of this planet when an Aquarian age dawns. And what happens is not an accident, it is not random, it is not without purpose. Everyone will be privy to the hidden secrets of prophets, yogis, and masters in the Aquarian age. Some will get this information sooner than others will, and they will want to *guide* the earth into its healing, cleansing and renewal.

Each of us who are interested in these subjects came to the planet with a purpose, as emissaries of the cosmic "save the earth" committee, if you will. It is revealed to each of us what our function is and the depth and breadth of our mission (our play, our joyful activity) according to our very individualized schedule. Perhaps we gain our insight in little pieces or perhaps instantaneously through a near death experience or other high impact life altering blow. No matter what our individual contribution to healing the planet is, however, there are some fundamental concepts of what reality is and how it functions that must be understood if we are to walk on water and transcend other supposed laws of nature. That is the subject of this book.

You knew that when you arrived in this wonderful, confusing, sometimes stimulating, sometimes terrifying place that you were likely to forget who you were. But as you are reminded of who you are and what you are doing here your memory will come back quickly and easily. Don't worry, you are normal (at least in a cosmic sense) and you are capable of bearing all the gifts for humanity that you have dreamed about. Your purpose is valiant and your dreams of healing and empowering yourself and your planet are being fulfilled even though you often have grave doubts. The One who sent you has never had a messenger fail yet, nor will you. So relax and *enjoy* the trip for a change. ☺



We'll start with a little background.

Only in recent years has our society become tolerant of metaphysical points of view. (Meta, beyond, and physical, i.e., a view point of life from other than the normal physical world perspective.) In the early part of the twentieth century much of what we see on Oprah and PBS today was taboo. Knowledge of things like out-of-body travel, near death experiences, astral planes, auras, and the hierarchy could cause one to lose their job or be ostracized from certain segments of society, or worse (remember the Salem witch trials?). It is interesting to note, though, that throughout history there have been many *secret* societies that taught the ancient secrets of the "mystery schools" to any serious seeker, including such people as Nostradamus and Meister Eckhart.

Each person arrives at their sense of cosmic purpose (that which you most love to do) through a unique series of events and experiences. You have had many of these events and experiences as have I. And you, like myself, probably tend to discount or rationalize some of them. But in retrospect it is obvious each tiny insight and awakening was critically positioned and timed to get us moving in our chosen direction.

In this introduction I want to share a few of my own special moments for several reasons. One is that while each of us has a unique series of revelations, both subtle and blatant, there is a thread of commonality in the whole awakening process. This commonality allows us to identify with our purpose as one that is normal instead of unreal. Hearing each other's stories ultimately increases our sense of security and our ability to be unconditional in our acceptance of another's path.

Another reason for sharing the personal aspect of my story is to give the reader a basis for intuitive connection and intuitive verification of the "stories" that are included in this book. As these stories remind you, as they did me, of the "secrets" of the universe, they obviously go beyond what is scientifically verifiable about the now known universe. Hence the need for intuitive veracity. Science says there is no solid evidence that UFO's exist and millions of people say they have had encounters, visual or otherwise, with UFO's. Physics says water is liquid, Jesus demonstrated it as solid, etc., etc.

So, if I may, a few of the awarenesses that told me I (and probably all of us) wasn't here *just* to chop wood and carry water.

I'm not sure what age I was, ten or eleven maybe, when I received a very reassuring, unmistakable message from "spirit" clarifying something that happened at church a couple of hours earlier. As I look back on my religious upbringing, I feel very fortunate. The church that my expanded family - grandparents, aunts, uncles, cousins - as well as my immediate family attended regularly was not a particularly devil centered nor guilt motivated church. The sermons were generally about moral issues, doing good deeds, and such. Fairly innocuous with few lasting guilts to overcome. However, this Sunday a visiting minister was giving the talk. He spoke louder than any preacher I had ever heard, and he pointed a

great deal. He spoke about things I was completely unfamiliar with - hell fire and brimstone and eternal punishment imposed by an angry God. On the way home from church in the DeSoto, mother tried to explain, or rationalize, what we had all heard. This being my first indication that God might be my enemy, I had all my brain cells engaged in analyzing the possibilities and possible courses of action that were available in my life.

When the family got home I chose to stay out in the yard alone, to ponder these new and somewhat terrifying implications. I remember exactly where I was when the voice spoke inside my head. I was passing between the old brick incinerator and the chain link fence, twenty yards or so from the kitchen window. "That doesn't apply to you. There is *nothing* you could do to make God mad at you. You will always be OK." The voice was gentle, not at all like the preacher's. It wasn't emphatic, just matter of fact. But it *knew* that God was on my side and so *I knew*. As I walked toward the kitchen door I knew that for as long as I lived I would never fear God nor what came after death. As powerful as that moment was and as meaningful to my life's work, at the time it was hardly worth mentioning. It wasn't until many years later, when I was discovering that the purpose of my life wasn't to be "successful" in the corporate world, that the significance of that moment and several others dawned on me. In 1968, the year that my first child was born, I began to be fascinated with psychic phenomena, not for any spiritual reasons but just because it was intriguing. The worlds of clairvoyance, out of body travel, telepathy, future reading, past life reading, healing, teleportation, etc. were constantly under my scrutiny. I read, observed and work-shopped with or about every paranormal person I could find. I was fortunate to get to spend time with and converse at length with a large number of psychic functioners and parapsychologists over the years.

Along with the exhilaration of being with people who regularly superseded the acceptable normal limits of human communication and human accomplishment went a great frustration. It was they who were having the first hand experience, not me. Although the stories they told and the healings I observed, and the very expressions on their faces as they "make contact" were awe inspiring, it was still second hand experience. The difference between the prophets and the preachers is that only one of them had the actual experience and the actual knowing. I wanted to be the prophet, not the news man.

In 1973 I took the Sylva Mind Control course. Forty hours of classroom training in psychic functioning. I discovered that not only could I remember how to function psychically and clairvoyantly with just one week's training, but *everybody* could. As one Sylva instructor put it, "If you don't consider yourself to be a walking, talking psychic at the end of the course you get your money back, no questions ask". I went through the course seven times (you can repeat as many times as you like for a nominal chair charge), I never heard of anyone wanting their money

back. And I never questioned whether I could function psychically after that.

I began meeting regularly with my "guides" from other dimensions or other planes of reality. They told me things about the earth system and its parallel realities. They showed me "movies" of events related to earth and events related to other systems. They showed me other times, past and future. They showed me "no-time time". They showed me "simultaneous-time time". They showed me universes created in an instant by a thought. They showed me first cause. They showed me causative creative force. They showed me that there is no objective reality. They showed me that the Love that stands behind all of creation is incapable of allowing harm to occur. They showed me that the personal revelations of truth that every prophet and every master teacher throughout history have had were real and valid. They showed me that the only revelations that are worth a hoot are the ones that we each have internally, personally. And much, much more.

I saw what the Aquarian age on earth is for. I saw reinstatement of the Garden of Eden on earth if we each follow our joy. I saw that it is not a question of whether the forces of good or evil will triumph. I saw that all expressions of duality, good and evil included, are illusions used by the teachers in earth school to educate us into our rightful status as individualizations of God.

But having seen far more than I could comprehend and having felt far more love and acceptance than I could assimilate, there was still something wrong. I was still a newscaster. With my eyes closed I could see and feel and know "the big picture". But I was still connected to this body (*not* a mistake they kept reassuring me).

I could get answers to unanswerable questions. I could see the perfection in the apparent unfairness of life on earth. If my eyes were closed. But when I was back in the "real world" of making a living and handling my relationships, the big picture faded quickly. Lack of worldly needs, arguments and injustice have a way of shifting our focus away from our lofty cosmic mission on planet earth to a self centered disempowered perspective very quickly.

Then quite without warning something startling happened. My life began to work! Impeccably it began to work!

I was employed by a large airline. I was an engineer and the "fleet leader" for the Boeing 707 fleet (kind of gives my age away, doesn't it). My responsibilities included fleet performance. Any flight delays or cancellations caused by maintenance or engineering problems were my responsibility. It's a very competitive, stressful job. Now, for no apparent reason, it became a stress free job. Literally, for a five-month period, I did no work. Everything got taken care of and I took care of nothing. For that five-month period the 707 fleet was not only the top performing fleet in that airline, but among all U. S. airlines. I came to the office, I drank coffee, I chatted a lot, and I had fun every day. All the pressure was off.

Not only were things great at work, they were great in all aspects of my life. For five months harmony prevailed at home, my car ran perfectly, my health was great, it was peace, pleasantry, and heaven every where I turned.

In addition to my life going quite nicely, thank you, other peoples lives got better when they spent time with me. Often people who had colds would talk to me for a few minutes, about anything, and leave with no colds. My secretary took notice of these phenomena and began to bring people to me simply to shoot the breeze for awhile. I didn't catch on to her motives until one day she explained. The woman who she had placed in the chair next to my desk a couple of weeks back was now in remission. No sign of the cancer, the doctors said.

A woman that I knew from a spiritual study group commented on my new found state of peacefulness. She said "you're so peaceful all the time, you must meditate constantly". Without thinking I replied, "no I don't meditate at all, I *am* meditation". And it was how I felt. I had made it. My spiritual seeking had ended. I had found what everyone is looking for. I was living proof that a state of enlightenment is possible to obtain while in a body. I had no more to learn. I was complete. Finished. Fini. Then the balloon burst.

Dreams have always been very useful and meaningful to me. Now I had a doosey of a dream. It was vivid and in intricate detail. Briefly, I was told that the condition of my life for the last five months was not created by me. It was created *for* me by "them". I was told that within this lifetime I could gain enough understanding to manifest that kind of life on my own, without their help. I had merely been given something to shoot for. They were going on vacation, I was told. It would be up to me to learn how to take control of my life to the extent that I could demonstrate the "natural universal state of being" (all the pressure off, peace, bliss, harmony, joy) to people living in this unnatural earth-school state of being (anxiety, doubt, guilt, helplessness). Not only did I have a good shot at obtaining this state of awakened living while still on this planet, but I might be able to get proficient enough at it that I could facilitate a few other folk's awakened state also. Actually, I am informed, there are many tens of thousands of cosmic emissaries on the planet who probably will obtain this same all-the-pressure-is-off state of living within the next few years. We teach the planet to take the pressure off by learning to take the pressure off of ourselves. We teach the planet to be at peace by learning the meaning of inner peace. We heal the planet by healing ourselves. You can't fight for peace, they say. That's an oxymoron. Well it was heaven to hell in the span of one short dream. Everything came tumbling down. It all went to hell in a hand basket. But what an education! Every control issue I have ever had was revealed to me. Every resistance. Every attachment. Every time I gave my power away to another person to make me happy or make me depressed, they demonstrated the power I gave them. Every block that I have had to

accepting love, peace and happiness has been shown to me right in my face.

Becoming a master is a self guided trip. The ascension is a trip up stairs built by each of us. There is no vicarious atonement. There is only the decision to take back our position in the kingdom. There must be the *willingness* to return to the *natural* state of being in the universe and forsake this unnatural game of separation, struggle, one upmanship, and defending our positions.

The master teachers have always known they couldn't do it for us. They could only be examples that we could follow. Now it's our turn. We are here to make life work, for ourselves and, because we are telepathically linked to all life on earth, for all those who will choose of their own free will to look at our examples.

Our job is to remember every little cosmic thought that has been hiding in the back closet of our subconscious minds. Our job is to get happy.

### By What Authority . . .

A short time ago, after giving a workshop, I was asked by a woman, "What is God?" It was getting late and folks were ready to head home so I said, "I don't really know."

Later, as I was thinking about that gathering of seekers I felt I had done the woman a disservice. While it is true that a complete understanding of God or three dimensional reality, let alone fourth and fifth dimensional reality, is way beyond my grasp, there might have been an answer that would be more helpful to her at this point on her journey.

Religious or philosophical leaders have often told us what God is. Maybe it is more important to us, at this point in time, to be aware of what God is not. It is difficult for many of us to relate to a God who is a "father" if we didn't have a particularly loving or supportive father ourselves. It can be difficult to relate to a God who is judging us based on our deeds and thoughts. Even if God is a forgiving God, we aren't convinced that we are worthy of forgiveness.

The bible says God made man in his own image. Many people turn that around and believe that God is made in man's image, or at least has similar characteristics to people we know.

God is not lost. God is not struggling. God does not have an ego that gets upset when things don't go his way. God doesn't get angry with people. God doesn't get impatient. God is not male or female or even androgynous. God is principle, meaning not swayed by personalities or egos. God is the principle of unvarying love, creativity, compassion, the source of all that is. Because God is principle he/it cannot be offended and cannot possibly deny unlimited joy to all that he/it has created, including each of us.

To try to describe God is to rely on concepts, even cliches, which we don't fully comprehend. We have been trained that with enough education and research we should be able to explain anything. That isn't true when it

comes to God. The cliches are true enough, God is love, God is all, and God is omnipotent, omniscient, and omnipresent. But to have the understanding of these phrases give us the "peace that passeth all understanding" is not something very many people have attained yet. One thing that God is is unconditional Love. Unconditional may be a word beyond our understanding. There is nothing any human could do to be cast outside of God's embrace. No guilt we have ever had was justified. No depression we have ever had was based on a true (cosmic) perception of our situation. As we come into the understanding of these statements we will realize we have healed ourselves and our planet and set our family free. Cool, huh?

You and I have gone through life with a not so rational underlying knowing that we should continue to believe there might be some value in pushing for lofty goals that might be impossible to attain. These goals related to peace on earth, a clean green planet, and outpicturing our own other worldly type of spiritual knowing. Some of us might even have imagined in a Luke Skywalker/Princess Leia sort of way that we had some extraterrestrial type of mission to earth as a member of a "planetary transition team".

You realize, of course, that there is nothing to be found in any niche of recorded history or planetary logic to support any of these goals or fantasies as having the ability to come to fruition on this planet, ever. There is no historical precedent for mankind living in peace as one tribe. There is nothing to support the possibility of reversing the ever increasing disregard for human life, plant life, gaia life. There is no scientific documentation to support the notion that *any* human being could be more than merely human and demonstrate dominion over, instead of subjugation to, this three dimensional plane of reality. But in spite of the "evidence" to the contrary, I have seen, and will share with you a vision of the future that confirms that our subtle inner yearnings are not without basis. Indeed these suppressed altruistic leanings and hard to make out visions of grandeur are about to explode into a movement more powerful than any political, military, or industrial revolution in history.

We are entering the Aquarian age. An age that comes around on the astrological calendar only once every twenty six thousand years. We have no recorded history from twenty six thousand years ago. But we do have a history of sorts. We have mythology and legend and verbal traditions that speak of the beginning times. These legends speak of the flood and the sinking of Atlantis. They also speak of the Garden of Eden and of times when the Gods and Goddesses roamed the earth, a time before mankind knew the meaning of good and evil.

In this book I want to share with you how I know that your reason for being on earth is far grander than anything you might have allowed yourself to really believe, or even fantasize. I want to share with you how I know that within forty years parts of our home planet will be entirely

pollution free. In considerably less than forty years houses will be constructed without locks on doors. In some places people will feel no need whatsoever to barricade themselves against their fellow man. People are actually going to trust total strangers as much as we trust our most intimate friends. We actually are creating a "one family per planet" kind of home here.

The process has already begun. Slowly, but it is underway.

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# CHAPTER 1

## EARTH SCHOOL

This is chapter one in the book No Time for Karma. The book gives insights into personal freedom, ending struggle, reincarnation, metaphysics, channeling, healing, channelling and more.

Before those magic moments came upon us, those intriguing exciting moments of our first encounter with the supernatural, or those terrifying moments of being stripped of every shred of control we thought we had over life, we had a different view of life than we have now.

The "normal" state of living that we all inherit from our upbringing is one of trying to stay afloat. Occasionally we are floating on a raft in the summer sun but more likely we are treading water like hell, exhausted, just wanting the coach to call time out.

The typical inhabitant of this planet observes a myriad of events, seemingly unrelated, seemingly random, uncoordinated, unpredictable and accidental. Because the next moment, or next day, is unforeseeable, one must always be on guard. And no matter how good or well trained a person is at playing the odds, life regularly puts booby traps in our path, forcing us to withdraw and regroup, or give up and check out. So precarious is our path that the smart ones wear seat belts and buy insurance.

Folks on this planet rarely have the time or the inclination to pursue knowledge of things unrelated to getting ahead, survival, or manipulation of the world around them. Our valued institutions, universities, and corporations that our society pays homage to have no curriculum related to anything impractical such as eternity or miracles.

Sooner or later, however, and apparently unrelated to our "normal" lives, the universe begins to break through our myopic view of life and starts revealing to us another world view. Only after thousands of lifetimes on this planet, and perhaps more than that in other schools, do we start to perceive a connection between cause and effect. We gain increased awareness that the visible reality isn't the only reality. We come to understand that there are some questions that the intellect simply can't answer, at least in its present state of development. The intuition begins to play a larger part in our decision making process.

Ultimately it is revealed to every seeker after understanding that the earth is a school. Similar to every other school that we are familiar with,



it has teachers and students, a school board, janitors, a PTA, those who repeat the third grade endlessly until a merciful teacher passes them out of pure compassion, and those who skip grades. It also has graduation, and graduation ceremonies when we proudly don our caps and gowns and march to the strings of Pomp and Circumstance into another realm of cosmic reality.

In each succeeding life, *after* we have crossed the critical point of awakening to the point of never again being completely satisfied with what earth life has to offer, we are educated more and more in the "big picture". Until, one day, we can see and totally embrace the usefulness, fairness, and amazing expediency of this earth school. The true masters reach a level of understanding which compassionately understands that although those who rely on the five physical senses for information are certain in the belief that life is filled with harm, injustice, pain and struggle, there are other senses to see with and other interpretations to be made.

Many years ago as I was going through one of the many phases of my life, this one my Buddha phase, I was reading several books on Buddha's life. In one book was a story that really gave me something to chew on. It seems that Buddha had a disciple, a teenage boy, who devoutly came to spend a little time with the master each day. One day the boy's village went to war with a neighboring village. The boy was drafted to defend his home. The battle raged hot and heavy. Dead animals and dead and wounded friends lay around. Blood and death were the order of the day. The disciple became terrified, immobilized with fear. In his desperation he cried out "Buddha, save me". Buddha, hearing the plea in his heart, appeared on the edge of the battlefield. Buddha in all his radiance began to walk across the war zone. His countenance was of his usual peace and beauty. He arrived at the side of his friend, a smile on his face, calm in his being, and held the boy until his composure returned.

In the context of my understanding of the realities of life, I had no choice but to declare Buddha an insensitive, compassionless monster. My understanding said that battles were real, that harm was being done, lives were being lost and pain was being experienced. If Buddha had at least as much insight as I had, then surely he would have been upset. He certainly would have used his influence as a local authority figure to stop the war, to convince these people that they were going against the will of God. But he didn't. As a matter of fact he never resisted evil in any form. And surely Jesus wasn't serious when he said "Resist not evil".

As you can guess, it wasn't Buddha who had a lot to learn, it was me. I was ready to be shown what was really going on on this planet, not just what appeared to be going on.

## Why Life? Seeing The Big Picture

Life outside of this school has been going on forever. The fifteen billion years that we have experienced since the big bang and the fifteen billion years that we have left before the universe collapses upon itself are but a grain of sand compared to the really big picture. We are so used to relying on the five senses to determine what is real that we have forgotten that planet earth is a classroom. It is just one classroom in a universe which contains millions of classrooms. The truth is that the earth is only a small part of even our visible universe, let alone the reality of the invisible universes.

When we exist outside the realm of time and space we are all equal, fully realized, individualized aspects of God and we all possess an inherent and total comprehension of God and of all of God's creations. But it appears that while on earth we, temporarily at least, forget our oneness with God. Isn't it interesting to notice though, that we often subtly acknowledge a deep seated belief that all knowledge lies somewhere within us. How often do we make some reference to our "high self" or "spirit" as having the answer we need? And where do we go to find this "high self" or "spirit?" We go within or into the silence. This proves to us that we believe we do possess all the answers.

In the meantime however, in our state of conscious amnesia, we are trying to understand the universe and our place in it. We use every means at our disposal to get a handle on our relationships, our lack of prosperity, and the crisis that seems to be enfolding our planet.

To help us build a philosophical or metaphysical model which might shed some light on what we see as reality, I shall use explanatory parables. One that is very useful to me is one in which I view spiritual growth as being like an elementary school experience.

The English language is not a spiritual language, having been created to foster economic trade and commerce. Therefore it contains no words to describe the kinds of things that we wish to discuss. If we don't have exact words we have to use metaphors, letting each person interpret the words in a way that is meaningful for them. So let's play out this school analogy to the hilt.

## **Earth: A Fast Track School**

When we stop to look at what the earth has to teach, we discover that it is a rather elementary school. People are merely trying to learn to feel good about themselves and to love one another. Who knows how many grades we go through before we can hold the image of "one family per earth".

In terms of linear time, we are not quite sure how long it takes to complete this "earth school" because we have not yet reached fifty percent graduation of all the souls that have entered the system. But, on average, we can estimate that it takes a hundred million years of

evolution to graduate. Some of us have declared with pride that we were old souls. But, when we look at the system as a school that simply means that we are slow learners.

We cannot truly comprehend that this system is just, and that it is functioning perfectly, until we come to view the planet as a school house with a grand lesson plan. This school has specially trained teachers and it is following a well defined schedule. Every person on earth is in a grade which corresponds to their personal level of spiritual understanding. And just as in the public schools of this world, every hour of the school day is planned and structured for the student's learning experience. Actually, as implausible as this may seem, there is no event in any person's life (school day) that is random or accidental. There is time set aside for study, exams, recess, and vacation. There is even a time in our lives for changing from one grade to another because this is a system in which everyone evolves.

Every entity who has ever entered this earth school has done so for one reason only - expediency. This school offers a very rapid path to awakening, usually through the process of pain and struggle. People learn more in one eighty year lifetime on earth than they could in ten thousand years in one of the universe's softer, more pleasant schools. Softness can be an impediment for impatient learners. What do most people say when everything in their life is working and they feel wonderful? "I'll take it from here, God. Everything is under control. I think I'll be a couch potato." When do they ask the universe for help on the other hand? When do they say "I think I need to figure out how this system works. I need a book on prosperity and one on healing. I want to understand. I want to be a master!" The only time that we ever make those requests is when we are hurting. Do you see how pain can be useful? Certain students still choose to avoid the difficult courses and can spend thousands of lifetimes in the same grade. They tell their guidance counselors, "Okay, I'll take that easy course, but this other one seems a bit too hard. I want something easier with a teacher who won't give me any algebra tests. And I don't want any final exams." People request those schedules quite often.

We also have those impatient entities who stand at the gates of this school and say, "I'm sorry. This is a nice schedule that you have laid out for me, but it looks just like the one that I received last time and the time before that. It almost looks like you Xeroxed it. Did you? I'm sorry but I don't have time to do another ten thousand lifetimes. I want to be forced to focus on spirit and I don't want to get hung up again in money and the house that I live in and in judging people. I have done that for so many lifetimes that I have become an expert at it. I become the president of the country club every time. I already know I can do that. Can I please, just this one time, if it is all right with you, could I have cancer? Could I have a child who has leukemia? I want to be forced to say 'Why God? Why God?' I don't want to drag it out any longer. Is there any way that I could

possibly complete the whole curriculum in three lifetimes? I'll take Aids, I'll take cancer, I'll take war - I'll take anything that you want to give me but please give it to me. I'll even pay you every cent that I have. My friends have all graduated and they are eternally happy. They are riding roller coasters over there in the Nirvana System and I can see them but I can't get to them. Please give me just a little pain so that I will wake up. And would you do me one more favor? When I get down there, would you please drive me to my knees and back me into a corner every time that I forget to seek help from the universe, and every time my vision becomes clouded? I would appreciate it so much. When this lifetime is over, I want to know that I have made as much progress as I could have made in all of my five thousand other incarnations put together. I am so tired of playing this game!"

Everyone who enrolls in this school has a contract with the earth prior to their enrollment. The fact that they forget which lessons it entailed after they are in body is irrelevant. We all select our teachers and our time frames and our influences. The events that we choose as our most expedient motivators are not tragic. Drama is a carefully articulated ingredient in the expedient elevation of souls from one level to another. It is only allowed in human lives when those entities specifically request it because of their impatience to move ahead. Drama is not an accident and it is not an error. It does not mean that the universe is unfriendly or that there is no God. It is simply a teaching tool. And incidentally it is most useful in the lower grades of earth school. It is not *required* in the upper grades.

Do understand that to a fully awakened being drama appears to be an abnormality in the universe and an irregularity in the vibration of the *normal* Christ energy. Leukemia, rape, cancer, murder, pollution, child abuse and war are not the natural states of being in this universe and, although they can be very useful, there comes a time when enough is enough. That time is the Aquarian Age. It is the only one of the twelve ages where successful, expedient growth and learning can be done in an environment that has *no pain and struggle*.

## **The Greatest Show on Earth**

If we are "normal" human beings we believe three dimensional time space is all that exists (or at least it is what we focus on 99% of the time). In order for the school to be effective one has to believe that it is real. We would not learn anything on planet earth if we knew that it was an illusion. We would not pay attention in class or do our homework and therefore we do not find out that it is an audio-visual training film until we reach the end of the twelfth grade and the big picture is revealed to us. This is when we discover that the school system was useful but not

real. We are all masters of illusion and in order to graduate we must grasp this concept.

Fortunately, our society offers us a practical analogy designed to help us understand the difference between illusion and reality. We have incredible technology that has created movie theaters with huge screens, quadraphonic sound, and several projectors running at once. Now let's look at our theater mentality, which we all have and are all quite familiar with. We go to see movies like Rambo or Under Siege and watch the blood and guts spilling on the screen. We hear the screams with our own ears. We demand perfection in our terror. If people are talking in the audience around us we get extremely upset because they are breaking the mood. What happens if the projector is not working perfectly, if it is not dark enough, if the sound is not just right - if everything around us has not been created to produce a total physiological response of stark terror with hearts pounding and palms sweating? What happens if we are not completely immersed in this simulation? We want our money back!

An individual who had any desire to experience peace would not go to such a movie, but, we are not primarily peace lovers. We are adventurers who are most interested in stimulation. That happens to be why we created the earth and the solar system in the first place. We are only too willing to go into a theater and pay six dollars to become terrified. Then we turn around and have the audacity to say that we would never have chosen the dramas in our lives. You can bet that we did choose. We not only chose an incarnation that is identical to the one playing on the screen, but we paid tuition to get into this school and when anyone tries to point out to us that it is an illusion, we are offended.

What happens when we are at the movies and the excitement is peaking, the tanks are coming over the hill and the good guys are in the trenches and just as the fight is about to start, some guy in the audience stands up and says, "Don't worry - it's an illusion!" Do we say "Oh, yeah, that's true" or do we scream, "Sit down and shut up! Somebody call the usher and get that guy out of here. I don't want to know that it is an illusion because I'm having a good time!" What do we do when that same guy walks up to us after we wreck our car and reminds us that it is all an illusion? But life is just like the movie.

If our technology has the capability to make us believe for two solid hours that what we are experiencing is real, what does universal technology have? Do you know that God has better trick photography than Hollywood? Is this planet just a three dimensional hologram with quadraphonic sound being played on the inside of our eyelids or is it real? Will the credits start to roll soon? Will the house lights come on? When they do, how many of us have ever found blood on the screen? How many times have the actors actually died in what we saw? You know that they didn't get hurt because you would have read about it in

the newspaper - "Twenty-five actors killed at the O.K. Corral." They are not dead. They are starring in another film next week.

We have all been killed thousands of times and frankly, we don't care. In a long-term cosmic sense, we ultimately will not care about tragedy because the truth is God is love and love does not allow tragedy. Yet while the movie was going on, we were able to muster up enough anger and resentment to want to go up to the screen and kill the bad guys. This school system functions in exactly the same way as Hollywood. The earth is a very well planned, technically correct illusion. It has been created so perfectly we think the movie begins at the beginning and ends at the end. We think time is linear and we don't even realize that the whole film was shot out of sequence. If we could see through the editing, we wouldn't waste our money buying a ticket.

Now, if folks are willing to pay five or ten dollars to go see a movie like Rambo, what do you think that they have to pay to do a lifetime of drama? It gets to be pretty expensive. Yet they are willing to pay because the freshman orientation counselors have told them about the school here and the degrees that they can earn that will bring them greater freedom and a greater capacity to understand. They decided they wanted to enroll in earth school because they saw drama as a powerful motivator for spiritual growth.

## **Is God Too Good To Be True?**

A difficult thing for spiritual seekers to comprehend initially is that God doesn't allow mistakes. God is Love and Love is not consistent with error or wrong. I will say much more about this in coming chapters, but for now try to place your beliefs and judgments about all the errors that are committed on this planet in your mental closet. If, when you have finished this book, you still choose to believe that God allows errors on the earth, you can retrieve the contents of your mental closet and all your beliefs will still be in tact. No harm done.

Ram Dass recalls his guru speaking about the people who are starving. With tears in his eyes he said to Ram Dass, "Can't you see how perfect it all is?" Its perfect and it stinks. In any case, there is more going on here than we can understand in our present mind. Let's pursue this.

With our old beliefs about a God who is powerless to prevent error are tucked away, let us consider a more empowering (and more loving) concept. Every grade in this school is essential and there are certain things that students in those grades do which are very appropriate for them to do. The Arab nations have to be fighting the way they are right now just as the Aborigines and the Wall Streeters have to be doing their thing because they are in those classes getting those assignments. If you wish to be helpful as a fourth grade teacher, you must understand how that grade functions. The fourth grade curriculum on planet earth

contains many lessons related to feeling separate from God and the rest of mankind. In the fourth grade we pit ourselves against other individuals and other groups in an attempt to prove that we are right and they are the ignorant ones. We even blow them away, individually or nationally, if necessary. That is not wrong - it is simply fourth grade. Of course you have long since decided that you no longer wish to be a fourth grader. Perhaps you have even decided that you no longer even wish to be a fourth grade teacher. When an individual feels an internal urging to give up trying to save people who can't comprehend the value of the spiritual ways of doing things, there arises an internal conflict. We often believe that it is our "duty" to save our family and friends or to fix the evils of our world even though we get worn down trying. Well take heart. There is a better way. It is the way that the master teachers taught. It is a way of bringing salvation to your family, friends and planet that is stress free. It is better than stress free. It is fun, exciting, uplifting, self empowering and energizing.

## **We Choose Our Teachers - Authority Figures or Masters**

Within this school system, there are two distinct groups of teachers - those who have walked on water, raised the dead, lived life in peace and security, and those who have done everything according to the world's rules. The second group has always tried to be "right." They die of stress related diseases, leaving guilt and frustration as their legacy. Those in the first group are known as master teachers. They include folks like Jesus, Buddha, Krishna, and hundreds of lesser known awakened beings. Master teachers live life in a spirit based context, setting aside most of the ego's influence. The second group tends to rely on its intellect and "good judgment" when making decisions instead of relying on spirit. I call the second group authority figures. You are familiar with them - they raised you, taught you, trained you, molded you and otherwise imposed their "correct" belief system on you.

Human beings have a habit of excluding from their definition of reality everything that does not lie within the field of their perception. Daily life so fully occupies our attention that, after a few years of being responsible adults, we lose the ability to perceive and focus upon that which is not obvious.

When we were small children we had not yet been taught the foolishness of having unlimited realities. All things are possible to young minds. Limitation, heaviness, restriction, responsibility, guilt, ought to's and should's, and the cold hard realities of life are learned traits. These uncomfortable beliefs are taught to every person on earth by well meaning authority figures.



The authority figures have the perspective of the mature responsible adult who has been educated in this world. That means that the things that are real and true to them are things that can be observed through the five senses. Intelligent beings on this planet are observant. They take in information through the eyes, ears, etc., and store that information in their mental data banks. The information can be obtained from direct experience or vicariously, through books, etc. Then when action is required in their lives they sort the stored data until the most advantageous solution can be determined. Hence, all solutions are, de facto, repetitions of the past. By repeated application of the process, some individuals get rather good at being authority figures. And slowly, very slowly it seems, the earth makes progress. We haven't ended war yet or done away with man's inhumanity to man, but it does appear that from time to time some improvements get a foot hold.

The authority figures in our lives have learned about life in the school of hard knocks and/or in the schools of the intellectuals. These authority figures teach us the facts of life. They teach us how hard it is to get ahead in life. They teach us to watch out for old number one and to either be defensive or aggressive depending on what the situation demands. We have been taught about the work ethic and about the inequalities and injustices of the economic, political, social and business systems that are beyond our control. We learned how to get ahead, be problem solvers and critical thinkers. We learned about all the inherent faults that members of the opposite sex possess.

If one assumes that what the five senses perceive is reality then this intelligent approach to life is rational. But if that assumption is correct then there can be no omnipotent, loving God. The existence of an omnipotent, loving God on the one hand and war, leukemia, child abuse and starvation on the other hand are mutually exclusive.

If we are trying to decide whether to follow the authority figures of the world or the master teachers, we might want to note some of the bad press that authority figures get. (I'm not just talking about congressmen now.) Authority figures have long been known for their opinionated personalities, their "type A" behavior, heart attacks and other stress related diseases. They have even been known to jump off of buildings when the economy or other situations "beyond their control" didn't meet their expectations.

Why have we believed the authority figures? Why has every person who is reading these words bought into, at some time or other, the limited beliefs stated above? Why have the teachings of the master teachers always been the opposite of the authority figures who raised us? In contrast to our upbringing and our education, the master teachers told us that we should become as little children, that we should take no thought for tomorrow, that we should be as trusting as the lilies of the field. The master teachers didn't say to defend our country or our jobs or our way of life. *A Course in Miracles* tells us to neither attack nor defend,



and never to justify our positions to another person. It says that rather than maintaining a state of vigilance about our interactions with other people or other nations we should maintain a state of inner peace in each moment.

The perspective of the master teachers is not based on the supposedly objective reality of the five senses. The master teachers make irrational statements such as, "Nothing I see means anything" and "I see only the past." Truly confounding to the authority figures are statements like, "In my defenselessness lies my safety" and "resist not evil." The master teachers say that if we will not devote any of our energy to the appearances of evil and injustice on the earth, then we will eventually end up accomplishing the very same objectives that the more advanced of the authority figures have held. Objectives such as healing ourselves and our planet, peace on earth, and the recreation of a green, ecologically perfect garden of Eden. However, the master teachers point out that there is no way to be successful at creating peace through the use of resistance (correction). They point out that it is absolutely futile to try to heal anything outside of ourselves before healing ourselves. There is nothing outside of ourselves, they say. Every statement a master teacher makes flies in the face of the rational thinking of the authority figures. Our western educational system has placed ultimate value on the intellect's ability to analyze and rationalize and improve our planet by making corrections to the inadequacies of the various socioeconomic systems. *A Course in Miracles* says simply that all analysis is of the ego. It says that all correction belongs to Holy Spirit, not mankind. Should we worry about our loved ones and our planet or should we always have peace of mind? Which is more helpful? Should we fix the wrongs and injustices or just leave it to Holy Spirit? Activists or pacifists? Or are those folks correct who say that God works through us so that when we are attempting to correct the evils of the world we are really doing God's work (maybe out-picturing God's righteous indignation on God's behalf)?

Who is right, the authority figures or the master teachers? The answer may surprise you. They both are (well, actually there is no right or wrong, but we'll get to that later). The difference is one of perspective. This book explores the validity of the master teachers' words. This book looks at the possibility that only the path of the masters can accomplish for us and our planet the healing that we so much long for.

The path of the authority figure is very useful to the growth of the soul, but it is painfully slow. This path is called karma. The path taught by the master teachers is self empowering, enlightening, fun, and best of all, expedient. If you are tired of relationships that aren't fun, physical and monetary limitations that aren't fun, then you may be ready to declare that you have no time for karma. To dump the karmic way and move directly to joy, fun, excitement, and inner peace we must follow the advice of King Solomon, "with all thy getting, get understanding."

## The Structure of Earth School

Let's understand why life on earth exists. Let's understand that earth is a school. Let's understand the big picture of never ending life and we will have sufficient knowledge to create heaven on earth. Imagine all the pressure being off, no more struggle, no more no-win situations.

Everything you have ever desired is yours when you obtain understanding of how this system works, when you opt to no longer believe the teachings of the authority figures, when you choose to be "in the world but not of the world." We can all become master teachers. On the scale of planetary evolution, ninety percent of the individuals incarnated on the earth today are in the lower grades and spiritually they are all wandering around in the dark. They do not have the slightest understanding of cause and effect or of the process of creating their own realities. They believe themselves to be victims of everything. If experience has taught them to be street smart, they may recognize their ability to manipulate their situations a tiny bit, but in no way would they believe that they have control of "unforeseen" circumstances. And surely they have never entertained the notion that *they* created their situations for specific educational purposes. They do not yet understand that they are connected to every other human being on the planet, therefore they do not believe that it is an error for them to go around shooting people. Shooting people for a good cause (such as patriotism or self defense) does not violate their understanding of the universe. When every entity is perceived as being separate, it is natural to look out for yourself and to declare other people, as well as the system, unjust.

For the time being, allow me to lump everything below the tenth grade in earth school into "soap opera consciousness", which is the average level of awareness on the planet today. The majority of time in evolution is spent at this level. It is by far the longest part of the path home.

While discussing different levels in the system may seem separative, that does not imply that one grade is superior to another. And we certainly know better than to get into ego trips about where we are on the ladder. As all school teachers know, some of the most hard headed freshmen end up having more credentials and PhD's than the teacher will ever have. So, being in different grades is a very temporary condition.

## The Tenth Grade

To keep the parable going, let's look at one group (or grade) of individuals on the earth who are far beyond average consciousness. But mind you, they are not yet "enlightened." These folks have gone through all of the lower grades to get to the tenth grade. The emphasis in the tenth grade is on brains. They are now ultimately intellectual. Eight or ten million years in this school will make one intelligent. At least we get something to show

for all that time and experience. We call these people geniuses. There are a lot of them on the planet working as economists, educators, generals, politicians and some may remind us of our parents. They are all highly opinionated and are very difficult to teach, seeing as how they already know so much. The only way that they will accept a lesson is if it fits their predisposed pattern of logical explanation.

Most publicly recognized authority figures on the planet are tenth graders. Because they are all geniuses, they can give you a very confident and rational explanation of why it was appropriate to have five hundred thousand soldiers in Saudi Arabia. They have figured it out and have all of the answers, but they are also the ones who jump out of windows when the stock market crashes. They are good people and most of them have spent millions of years evolving to become intelligent, though not necessarily happy. Do you know anyone who is really intellectual and happy? They are far too busy debating and arguing as if they had some concept of what reality is! If they fail to convince another intelligent person that their point of view is correct, they feel a sense of loss. They believe that the five senses are real. They take in all of their information through these senses and store it in their data banks and that is what they call upon when they need an answer. So one of them can tell you with great certainty why you should be a republican, because ... and another one knows why you should be a democrat, because ... and they are both right based upon the information stored in their data banks. Yet neither one of them has one millionth of one percent of the data available on planet earth. Can anyone ever make a correct decision if they have limited information to work with?

Intellectual people enjoy playing in their intellects. There is a certain thrill to that as when you have mastered a skill or have a new toy. There is some fun to be had, but there is no assurance that the intellect can create inner peace. Their minds are always racing and they find it very difficult to sit on the lake all weekend with a fishing pole. They jump up when they get an idea and declare, "I have a brain storm! I must return to the office immediately and work on this!" Their whole life is consumed with the intellect. The difficulty with that is the universe is continually in a state of perturbation and change. It is not what it was one tenth of a second ago which means that if they were to learn everything that there was to know in this second, it would all be obsolete in the next instant. They must be forever updating their information. While it can be an enjoyable game for a few lifetimes, it is slightly longer than an infinite process to reach enlightenment through the intellect. But most intellectuals aren't interested in obtaining inner peace yet anyway. They aren't after enlightenment, their goal is worldly knowledge and mental stimulation. Most get their self worth by knowing they are among the intellectual elite on the planet.

It must also never be forgotten that every individual in this school, regardless of their level of understanding, is contributing to the release

and freedom of each of the rest of us. How we marvel when one with great intellect discovers a cure for a crippling disease in the laboratory. How grateful we are when an engineer or scientist invents a device to make our life easier. How moved and inspired we are when any individual, no matter where they might be on the ladder of evolution, overcomes a limitation or breaks the four minute mile barrier of their life. As we learn, we share. As we share, we grow. As we grow, we set ourselves and humanity free.

Let me say here that no human being in this school can avoid becoming a genius. It goes with the territory. But all persons who have sincerely embarked on their path of awakening have completed their studies in the "smart grades" several lifetimes ago. Make no mistake about it, you as a "light worker" on the planet are intelligent. Being intelligent is required. However, when you feel yourself being sucked into the maelstrom of intellectualism, pause and reflect. It is stimulating but it does not bring peace or joy or a sense of transcending human experience.

Intellectualism normally focuses on planetary dilemmas and completely ignores the commandment to "let thine eye be single, fixed on God". At this point in your service to mankind that would create an uncomfortable delay in achieving your inner peace and out-picturing your healing abilities.

It is fair to say that tenth graders have done nine tenths of their path in terms of linear time even though they have only completed half of the objectives that they will accomplish in this world of duality. They have developed their left brains and are using half of their capacity to function in life. They absolutely believe that the intellect is king and that they will eventually become learned enough to discover true understanding under some microscope or in the caucus room.

Persons who have been working in the tenth grade eventually notice that their priorities are shifting. At some point they notice that people just won't do what they are told. Even though they "know" what is right and what is wrong, they are always paddling up stream trying to get the rest of the world to do things their way. After exhaustive lifetimes of trying to fix people they finally decide it can't be done. In giving up the fight they unknowingly allow the universe to carry them into the next grade.

## **The Eleventh Grade**

The next grade that they will enroll in is compassion. They will come back to this plane of reality and find themselves in direct opposition to the intellectuals and the politicians who are making rational decisions. That's the way karma works, you know. We often come back opposed to the way we were before - cosmic guilt, I guess. They will now be working on the other half of their being trying to create this thing that we call balance. So, eleventh graders are developing their intuitive side and they

live their whole lives based upon what feels right. They are sensitive individuals who often shun practicality in order to help someone or something. This sometimes causes them to fall under great criticism from the logical side of the world.

Eleventh graders are the ones who do silly things like absolutely refusing to go to war. They were the flower children in the 1960's who lived in school buses and believed that they could do some good by carrying flowers around and painting rainbows on walls. It was a completely illogical generation that boggled the minds of the highly opinionated intellectuals of the day who said, "if they would only be a little responsible and get a job." Getting jobs is not a high priority for eleventh graders. But their fathers were usually still in the tenth grade and spoke with great frustration when they said, "If you would just do it my way and go to Harvard and get a job working for a big corporation..." They would answer, "Dad, I don't have time for college - I have to go picket by the river where people are dumping garbage!"

Eleventh graders are therefore the ones with the great causes. They want to end war on the planet, fix things like pollution, solve problems like the homeless, discover a holistic cure for cancer and feed the hungry in Africa. It is a radically different perspective from the intellectual community who said, "Let them go to school and they will figure out how to earn a living." That is indeed very logical, but it is not particularly compassionate.

Eleventh graders have just shifted from left brain to right brain and they are going to do irrational things. They say, "I am going to save the salamander" and that is not rational. "I am going to save the rain forest" which is not rational either. They function from what they feel for people. It is an irrational state of being that usually persists for a few lifetimes. Eleventh graders are doing more to create a planetary family awareness than has ever been done by a group of people on the earth. Eleventh graders are making great strides in creating an awareness of the need for international cooperation and planetary helpfulness. But in the process they get worn down. Their relationships get stressed. They have too little time for meditation and inner peace. Busy, busy, busy.

Look at all of the environmentalists that we have on the planet and all of the people who are trying to save everything. The majority of the New Age community will tell you that they are the epitome of earth enlightenment. They will insist that they love their work, that they really are happy, and that it is not their fault that the money is short or the body aches. They love to play with crystals and do their healing work and sit at the feet of Swami Whosits, but they are so focused on the tragedy that enfolds this earth that they have no peace and little joy. They live in a great deal of fear that the earth will pollute itself to death and the rain forests will disappear. They fear that all of the dolphins will go away and the temperature will rise and cause the ice caps to melt.

As each of us grew up and became aware that there was more to life than meets the eye we were drawn to those entities who were compassionate because they embodied the highest consciousness that we could find on the planet. We said, "I must be one of them. I need to join their group! I am going to be anti-nuke." And truly eleventh graders are the cream of the crop of earthlings. So you and I have recently acted out our tenth grade habits (done a tenth grade review) and we are really good at our eleventh grade behavior. But there is more to learn before the Masters Degrees are awarded.

What did all of the master teachers say? If we would enter the kingdom of heaven we would resist not evil. Do you know how many things we are allowed to be against and still attain enlightenment? The same number as our favorite master teacher was against - zero. They have all been for love and for the light. They are not anxious and they are not fearful like our eleventh graders.

Compassion is not the end of the road. Having compassion is not the same as being awake! The truth is that the earth is a school and it *is* working perfectly. There is nothing here in need of fixing. If a person finds himself on the earth in a body then that person, no matter how compassionate and intelligent, is not yet enlightened. That person is in a grade. And that grade is not a mistake, it is perfect for that person at that time. All grades eventually lead to graduation, and that is what we want, that is enlightenment.

Cosmic law states that if you are to give healing you must be healed and if you are to give peace you must be peaceful. If you are to give joy to the world, you must be joyful. You cannot give a gift you do not possess. Eleventh graders cannot allow themselves to be happy when other human beings are hurting.

There are many individuals who have been working here for millions of years to go through eleven or twelve grades. Those who use school house earth as their primary path of growth, usually do not skip any grades. Therefore every entity that you see in the cross section of humanity is passing from one grade to another and for those eleventh graders who have learned that neither the intellect nor blind compassion will get them home, we have yet another grade.

## **The Twelfth Grade**

By the time a student reaches the twelfth grade he has done nearly all of his awakening and processing. He is a genius because he has done the intellectual's path and while it might have been fun to recognize his intelligence, he now knows that it will not get him into heaven. Then he developed his intuitive side and became "balanced." That was supposed to make him feel good. He may have thought that he would be on easy street when he attained balance but now he finds himself wondering why

he still has junk in his life and why he still sees so much error on the planet. Now he is ready for the next step. The next step is discovering for himself what makes a graduate of the earth.

You can tell when eleventh graders are ready to transition because they are willing to give up. "I have worked my whole life to try and stop war and it still goes on. I quit." Surrendering is the only way that we ever get anywhere in this system. In that very process of giving up they will have become twelfth graders.

As we are all very aware, on this patriarchal, masculine dominated planet, giving up is supposed to be tantamount to failure. That makes it difficult to surrender to a power and wisdom greater than ourselves to guide our lives.

Not yet graduates, twelfth graders find themselves back on earth and they wonder what the hell they are doing here. They are the transition team, here to facilitate the graduation process of the earth. There are gobs of people who *declare* themselves to be part of the planetary transition team, but, in effect, most of them are people who are intellectualizing and rationalizing their way or are so hung up on their causes that they cannot be objective. Most of those who really *are* members of the transition team don't have a clue. They just want to go home. In the process of finding their way home they will lead the planet home too.

Do you remember that time in your personal self empowerment phase when you were declaring yourself to be okay or declaring yourself to be free? You had a great deal of energy about your personal empowerment issues. That energy verified for you that you had not yet mastered those issues. When we know that we are okay, then we are simply at peace with ourselves. We must be in such a state of objectivity (inner peace) if we are to facilitate the graduation process. When we are really in the midst of a "growth experience" we may have the theory of peace down in our head, but we still have a cage that can be rattled and graduates cannot have cages.

Twelfth graders are doing their lives of integration. They reach back to the beginning of their incarnational experiences and integrate the worthy and beneficial aspects of those experiences in conscious form. This does not mean that they are required to remember the details of the life in which they were the priest or the monk or the martyr or the days that they walked in sandalled feet by the Mediterranean. Even though they have done all that, the details are usually irrelevant. It is the awareness that they attained and the feelings that they absorbed that come back to them as useful tools in the twelfth grade.

These lives of integration tend to be very confusing. Each life of integration is a hodgepodge of experiences. Sometimes we fall back into being intellectual. Sometimes we fall back into soap opera. We often fall back, briefly, into doing all of the steps that we did along the way. Habits we have had for millions of years are hard to break.. So we will have a

few moments of brilliance in which we insist that we know all of the answers and we are going to fix everybody. We probably had not quite polished off that unpleasant habit of fixing people back there in the tenth grade. The twelfth grader will also occasionally go home and watch a soap opera on television. The difference is that they are not hung up on them. This is where the statement, "Thou shalt have no other Gods before me" came from. If our intellect or our soap opera is our God (dominates our thinking), we are in one of life's wonderful dead ends. When students have reached the twelfth grade, they have attained sufficient awareness to catch themselves when they are falling backwards. They are starting to live consciously. They believe less and less in living random lives. They begin to see purpose in life. They start to acknowledge their own divinity. Now they do remember that one affirmation can solve more problems than all of the solutions that the tenth and eleventh graders could come up with combined. Now they give up karmic lessons and begin to be, just be, their God-Man-Self. They see that the intellect is good because the intuition cannot get them across the street in traffic. Their intellect does that quite well on the other hand and they could not live on the earth without it. But, they see that the intellect has no creativity whatsoever. Unlike the intuition, the intellect cannot reach into the unknown and pull out answers that did not exist before. So they finally come to the place where they realize that the answers do not lie in the intellect, nor in blind compassion. If they are like me they have probably been known to declare with great frustration that there are no answers. That was when the universe stood up and applauded, saying, "Let's see if we can keep this person confused for the next couple of years and then we will have them out of their heads and out of this mess."

## **Earthly Knowledge Won't Cut It**

If a person thinks that he knows anything, he is in a state of delay and the universe will have no choice but to wait on him. A statement like that pushes our buttons because we have been taught by the authority figures that our self worth comes from the amount of knowledge we possess. Eventually we discover that it is not the amount of knowledge we learn that brings satisfaction and excitement, it is the amount of knowledge we connect with.

Earth people have always considered learning to be a linear, intellect oriented task. But doing anything linearly is extremely slow compared to doing it spatially or intuitively. Left brained individuals on this planet have never understood, nor even investigated, where Einstein and Mozart got there material. Learning and knowledge are not at all negative terms to the spiritual student. It is just that we want to shift our techniques of acquiring them from one that involves drudgery and slowness into one



that is expedient and stress free. The master teachers have always said that the way to acquire total understanding was to know that at this moment we do not possess any knowledge compared to the amount we will gain if we will stop professing that we know something. The first thing that any guru worth his or her salt tells the new disciple is "sit down and shut up." Still the mind. "Be still and know that I am God" (the "I am" refers to the meditator, not an old man in the sky). A statement from *A Course in Miracles* comes to mind: A healed mind does not plan. It carries out the plans that it receives through listening to wisdom that is not its own. It waits until it has been taught.

There is but a handful of entities on this earth who have been able to comprehend that everything we see and hear and read and feel on this plane of reality could be in harmony with a benevolent and friendly universe.

To understand this we must understand the cosmic laws of creation.

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## CHAPTER 2

# COSMIC LAW

This earth functions within the framework of cosmic law. As we prepare to graduate from earth school we begin to comprehend the cosmic laws that govern this universe. A few short lifetimes ago we didn't even know that any such laws existed. But now as we become familiar with these creative principles, we can apply them to create the reality that we desire.

Cosmic law contains no personal bias. The universe does not know or care who is using creative principle for their benefit or who is using it destructively. As an analogy, it allows nuclear power to be used to generate electricity for the benefit of mankind, or it can be used to destroy mankind. The principle of atomic fission is impartial. It is the intent and level of understanding of the minds that use the power of the atom that makes the difference. But the power of the mind which possesses understanding is much greater than the power of the atom. It can raise the dead, walk on water, and exist in a universe where all the pressure is off.

I speak of cosmic law as principle, not to make it seem to be devoid of love and compassion, but because, as we will see later, true love and compassion are based on unshakable principle themselves.

The Universe and its rules must be seen as impersonal principle if we are to become self empowered beings and if we are to avoid being in a co-dependent relationship with God. If God is principle rather than personality, then it is useless to ask God to grant us favors. Personalities grant or withhold favors based on personal judgments of worth. Principle can't do that. When we pray to the archetype of creative principle for help, it cannot grant us "gifts" or "healings". But it can reveal itself to us, and leave the decision of how to use the creative power which has always been available to all beings, to us.

Remember the law of gravity. When you jump out of the window, you will go down. On the way out you might remember about gravity, but the earth will not care one way or the other. Gravity is impersonal so it will not say, "She is a pretty good person so maybe we should let her down easy."

## The Causal Plane

We want to remember that the rules here are quite simple. When this earth was established as a school, it was determined that reality would be controlled from the causal plane. Those who have studied esoteric teachings know about these other planes of existence. They also include the physical, mental, emotional and astral planes. The causal plane sits just above the mental and emotional planes. Because of this alignment, when you combine thought with emotion, you get outpicturing (manifestation) in the physical dimension. This is exactly the same process that Dale Carnegie and other sales motivation trainers have been teaching for years. Any individual who has tried it knows that it works. When you hold a vision in mind of what you desire and put some emotional energy behind it, it will manifest in your reality. If we examine this creation process from a spiritual point of view, we have the essence of the ancient mystery school teachings. You now know as much as any seeker or occult organization has ever known. Thoughts held in mind outpicture! That is the way that this system works. Although we have all heard the rules before, we tend to forget to apply them consciously.

## Resist Not Evil

We may believe the master teachers did not understand how complex our lives are, but based on the evidence from their lives, it is possible that their methods are the only methods that will fix every problem our earth has. It is important to notice what the masters didn't say, as well as what they did say. They didn't tell us to get a college degree if we want enlightenment. They didn't say to line up an army so we can overpower whatever threatens us. They didn't say to round up followers to support our cause. They said "pray ye one for another". We insist that is too simplistic. "You just don't understand my husband. Prayer won't do it - - I've got to have a sledgehammer!" What did Jesus say? He told us to turn the other cheek. "Yes but if I turn the other cheek now the whole planet will be wiped out." "There comes a time when you have to take a stand like a man, right? John Wayne all the way!" But, in truth, that is not the way. Jesus said to resist not evil. Many of us, because we are good people who have learned to be compassionate, have spent our lives resisting wrongs.

Let me ask you to make an assumption for a moment. If it is true that reality is created by thoughts held in mind and emotions held in the body, what is created by being anti-war?

I have several friends who are anti-nuke. One of them is so good at his anti-nuke campaign that he has collected posters of children with radiation burns and their skin falling off. The pictures are so graphic that no one could look at them without fulfilling every requirement for manifestation. What he helps to create is another child with radiation sickness. If someone is anti-murder because they believe that to be the most horrible of crimes, they are holding a mental image in mind backed by their emotional outrage. You can see what that creates - - one more murder on the planet because that is the law of the creation. Simply stated, whatever we are anti, we create. Just as the law of gravity is unbiased, so is the law of creation.

## How to Create the Garden of Eden

The universe does not distinguish between the *desires* and the *fears* that we hold in mind. We must understand that to be wayshowers on the earth. If we wish a garden of Eden, or if we wish all men to be free, how do we attain the power to create these things?

The tenth graders have put their faith in the intellect and they attempt to create through the process of debate. They create a lot of excitement and a few good wars. Eleventh graders are anti everything harmful. In one sense that group of individuals is the most powerful creator of harm on the planet. The twelfth grade is the first time that it really sinks in that thoughts held in mind outpicture. At this level people begin to see everything from the Christ perspective and there is, therefore, a shift in their compassion and their understanding. Here is where folks begin to see that they are not victims, that they can create or recreate or heal anything.

If we wish the earth to be green, should we be anti-brown earth? Not one bit. The average mind cannot comprehend the difference here. But those who are beginning to put the spiritual two and two together can see the cause-effect relationship. It is easy to see the difference between those who are effective in creating the garden of Eden and those who dedicate themselves to their causes without making much progress for mankind. It will be amazingly powerful as the environmentalists shift from being anti-pollution to being in favor of clean everything. The mind is a more powerful creator of physical reality than any creative cause that resides in the physical plane.

The power that we have to create on the earth is phenomenal. There have been some incredible advancements in the understanding of the laws of this plane, including bumper stickers that now say "Visualize Peace." When we can shift from being anti the negative to being pro the positive, we become a true savior of the planet. Nit picking you say? It is the crux

of understanding cause and effect. Stopping war creates hell. Visualizing peace creates heaven.

## Consciousness Creates Reality

Always go directly to what you want to create. You are one five-billionth of the creative force on the planet and whatever the five billion hold in mind is the outpicturing on the planet. Why are dictatorships falling? Why are people putting glass bottles in one sack and aluminum cans in another? Why did the Berlin Wall come down? Are these events occurring because the intellectuals debated everyone into it? Definitely not. Meditation has done more to heal this earth than all of the intellectuals and those who function from blind compassion put together. Meditation is dwelling on the causal plane. Isn't it interesting that all of the gurus have taught their students to relax the body. "Let's do some deep breathing here and a little yoga to get the physical plane out of the way." They did not say "Let's get excited and go do it!" They said "Relax - peace - be still. Let thine eye be single fixed on God." Now hold in mind what you desire your earth to be. Visualize what you do want, not what you are against. Cosmic law is unbiased and it does not care what you visualize. It will never say "Well that was a bad thought so I don't think I'll manifest it."

When we can get several million people to participate in a world healing meditation on December thirty-first, that is when the Berlin Wall crumbles. No one has found another reason as to why it came down. Peter Jennings has never told us on the six o'clock news why it happened and it was certainly not our government that brought it down, nor was it any army or economic sanction. It came down purely because of a shift in consciousness.

Did the millions of meditators know what they were doing? Did they comprehend the power of the mind to create? Hardly at all. They had no idea of the synergistic effects of their combined thoughts. But it felt good. They gathered and they prayed. They have ensured that peace will reign on this earth and that harmony is here to stay. For the rest of the year they may go about trying to fix things that are wrong, but it will not matter, because for one day, they all pulled in the same direction and it shifted the energy of the earth. It has inched its way towards peace.

How many individuals does it take to create transition on the earth? How much of your day do you have to spend visualizing to create world peace and clean air? The master teachers said that if we have faith as a grain of mustard seed - - one percent of the time will do it. The random thoughts of the world's population do little harm to us or our planet. If we have five billion individuals engaged in random thought - - one half thinking

this and the other half thinking that - - half saying do it my way and everyone will be saved - - the other half saying no, do it my way - - which way are they pulling? We have everyone going in different directions and nothing moves. But if you add to the five billion people all pulling in different directions a handful of entities who are willing to work in harmony and hold a directed thought in mind to pull in the same direction, before they know it the whole crowd has been drawn across the river. That is cosmic law.

We always must seek for the cause of all change within the realm of consciousness. We would prefer for the cause of change to be something tangible and dramatic that could be put on national television so we could tell everyone what to do to save the planet. It will not work that way because *our belief systems create our reality*.

## Behavior Is Not Creative

One of the things that we are going to come to understand is that behavior is irrelevant. Our greatest programming from the moment that we are born on this planet revolves around behavior. Our guilt exists because authority figures told us our behavior had harmed other people. We had our hands slapped when we did something wrong. When we were old enough to understand language, the first word we learned was "no." "Don't do this, don't do that - - don't, don't, don't!" and yet no master teacher has ever said that our behavior made a bit of difference. They comprehended that doing is not the creative force on this planet.

Even after we know about using consciousness to create our realities, we occasionally get desperate because we cannot see how our thoughts are outpicturing, how they are bringing about the changes we desire. So out of frustration we fall back into doing. That way of creating has always failed to create permanent happiness and it will always fail.

We have been trained that the five senses give us the only true picture of reality so it is easy for us to see a building under construction and believe that "creation" is under way. If that were true, Jesus would have had to "construct" the water as solid before he walked on it.

Consciousness is the reality on this plane. Doing is the natural result that follows.

There has never been a building built that was not first a thought in some architect's mind. Jesus never built a bridge and Sai Baba never stopped a war, but they are creating transition on the planet. We always want to come back to creating in the way the great spiritual teachers have taught.

Now don't hear me say that doing is bad or irrelevant. Doing is required on this planet. Doing is our nature. Doing is a part of our exploring, our

playfulness, our dance of life. But doing is not cause. We need the wisdom to be able to distinguish cause from effect. We need to know how to create our universe through consciousness so we can dance through our doing.

## **"Trust" - The Most Feared Word In The Metaphysical Movement**

Those of us who have studied the process of affirmations and denials that Unity, Science of Mind, Christian Science and some motivational groups offer, understand that because our belief system creates reality the only thing that ever needs altering is that belief system. If we see an error in the world, it is our beliefs that need fixing and not the error. I love to read Emmet Fox because he speaks very clearly about that process. He even stated in one of his works that our belief system is so powerful that if we believe a ten dollar bill is truly ours, we could put it down at Forty-second Street and Broadway in New York City and return in two weeks to find it there.

I decided that I would learn this lesson for myself. One thing that had always troubled me was the energy required to protect property and the concept of locks and keys. I decided to try Emmet Fox's theory. I declared that I would stop locking my car because it was mine and therefore no one else could take it. Well, in a very short time my car was stolen. The universe was going to help me learn this lesson. Since I had already made the decision to live consciously, I did not become angry or upset when I discovered that my car was missing. Instead I sat down quietly and tried to figure out what had gone wrong by asking myself what I had been thinking and creating. I soon realized that I had become a bit egotistical in my declaration of not needing to lock my property. I must have told six different people that my property was protected by God, all of whom I now had to face. I needed to borrow the telephone of one of them to call the police. Within a few hours of figuring out where I had gone wrong, the police telephoned to say that my car had been found and it was returned to me.

A few evenings later, I came home from work close to midnight. Just as I was pulling into my driveway I had a flat tire. I was so tired that I decided to wait until morning to change the tire but as I got up the next day I discovered that the car was again missing. When I had returned home the evening before, the gas gauge was on empty. So the car thieves had run out of gas a few blocks from my home where the police found the car. But in order for them to steal it, they had to change the tire for me! The car was stolen three times in all before I had uncovered the



errors in my belief system, but each time it was returned to me in as good or better condition than before it was taken.

## Spiritual Honesty

As we increase our awareness we develop a sort of spiritual honesty. We become willing to acknowledge that we have been creating some blocks in our awareness that have prevented us from attaining all that we desire.

There is a significant difference between spiritual honesty, which says I have inadvertently created some things I don't want, and the world's form of honesty. The authority figures believe in mistakes. Their version of honesty is, "get real, you blew it." They try to impose guilt as punishment for mistakes. The true spiritual seeker is willing to see the big picture. He is willing to believe that he has never made a mistake, that all past beliefs and experiences are the foundation on which he builds cosmic consciousness.

We have to go through a learning process to discover how to create joy for ourselves, instead of having some guru hand it to us. Spiritual honesty is simply acknowledging that it *is* a process. It is growth. Growth entails removing what no longer works and replacing it with what does work. No guilt, we're just cleaning house.

Ann Landers credited her readers (the Rubinows) with this gem, "Good judgment comes from experience. Experience comes from bad judgment." Obviously nothing in life is an error. It is all there to teach us wisdom.

## Prayer

Prayer is an essential part of any path to awakening. To return to our natural state of godness we must function as if we are already back in our natural state. Telepathic communication and an unbreakable connection with the infinite are characteristics of the natural state of being. Therefore every master teacher has taught their students to take advantage of these characteristics. If one talks telepathically to spirit, he has acknowledged he does believe in oneness.

"Ask and you shall receive", Jesus said. It's true, but it isn't possible for the universe to hand out favors because *we* create our realities and all they contain. Prayer is always answered but it is answered in a way that won't violate our present belief system, even if that is a belief in personal limitation or lack. It is answered in a way that will show us how to *change* our belief in limitation or lack.

When we say "Oh God, I'm broke! Please send money!", bills and more debt are likely to show up. The universe is saying, "We are not



responsible for you not having any money. We cannot give you anything because we have never withheld anything from you. But because you have asked and because thoughts held in mind outpicture, we are going to show you exactly which thoughts you have been holding that have created your poverty."

## **Releasing Thoughts That Create What We Don't Want**

Each person is an infinitely powerful creator. That person is the only one who has created his apparent lack, so here is a stack of unexpected bills. Why did they show up when we asked the universe for prosperity and abundance? It is our mental and emotional reaction to having the bills come that created the poverty in the first place. The universe is simply saying, "Look at this! These bills are not an accident - - they are the answer to your prayers!" When we go to the mailbox and find bills, we need to watch our reaction very carefully. We used to blame other people or the economy for our plight, but now we want to take one hundred percent responsibility for our lives. We understand that we create our own reality. Instead of affirming "Oh God, there is never enough money", it would be very wise to affirm "Thank you God for my prosperity. I am in the flow and everything is love." When we recognize bills as opportunities to release negative energy and we give thanks for the understanding they bring, then we will have broken an old pattern. *A Course in Miracles* says "everything is for your own best interests".

For most people it takes some time to break these old patterns. It may take months of bills to get to the place where we can walk to the mailbox and honestly say "Oh thank you! This is great!" We will probably even have to begin by faking it, but in a very brief period of time it will become real. Emerson said "To become, act as if." As we refuse to hold negative energy about the lack of money, changes will start showing up. Slowly we become aware of the cause-effect relationship between thoughts and manifestation. Then one day quite "by chance", prosperity will come flowing into our life. We get a raise or win the sweepstakes or Aunt Matilda dies and leaves us a small fortune. Our reaction may be "Well God didn't answer my prayers -- that was Aunt Matilda. You know this stuff doesn't really work anyway." We should notice who we believe our benefactor is. Sometimes we forget that it is God.

## **Beliefs Create Good/Bad Relationships**

If we have an emotional attachment to something, we will draw it into our life. It is true for our bills and it is true for our relationships. When we say "I have never had a relationship that worked - - God please bring

me a good one", do you know who is going to show up? The stereotype of the error that we always select will show up. Now we can look at this person and decide to choose again. Here comes unfaithful number fifty-one who is exactly like untrustworthy number fifty and number forty-nine and number forty-eight. The universe is asking us to look at who we are selecting every time. We can change our priorities and say, "I'm sorry, but I don't care to choose you again. I chose to have a relationship with someone like you last Thursday, last month, last year and last lifetime and I will not choose someone like you again. I deserve someone who can hear me, someone who works with me and someone who fits in my life." Therapy, or honest self observation, may reveal to us, perhaps, that we have a pattern of selecting partners who are just like our mother or our father. The value in knowing something like that is not in seeing that we are victims of our upbringing, rather it is in seeing that we have a choice to choose differently. When we pray for help, the universe is going to show us where we have been making errors in our choices. Then when we begin to make conscious choices, the right person will miraculously appear.

Nothing that we have ever asked for has manifested in our life. What does show up is something that gives us the opportunity for understanding how we personally have been creating the thing that we did *not* want. We can change our priorities in order to create what we desire. Every instant in every life is truly a divine moment because it gives us the opportunity to erase a pattern that has produced things which we have not enjoyed. Begin to look for the relationship between cause and effect in everything.

Keeping a written chart will point out what we have prayed for and what happened. We should watch vigilantly for twenty-four hours after we send a request to the universe. We can no longer afford to look at life as random or accidental. Immediately following every conversation that we have with God a series of signs will appear in our life. Most of these signs will resemble ordinary events, so it is easy to dismiss them as unimportant. However, it is our ordinary habit thought patterns which have been creating our day to day reality. Therefore it is these very patterns that the universe must make us aware of if we are to create the answer to our own prayer. We must choose to see that every coincidence in life is a message directly from the universe.

## **Talk To God As An Equal**

If we feel timid or undeserving when we communicate with the universe that will cause the universe's response to be one which could be accepted by an undeserving person. A little assertiveness is appropriate when talking to God. Remember that God is not an ego which can be offended. God is principle. God is unwavering cosmic law. When you decide to pray

for something, tell God how long she has to answer your prayer. Tell her that you want to know within three days time why you do not have this or that in your life. Then watch very carefully for those three days.

If your friend is in a coma in the hospital and you are feeling very uncomfortable with the uncertainty of his predicament, ask for a sign. "Is my uncle going to get well or is he going to move on? You have twenty-four hours to let me know." If you then miss the sign, do not blame the universe. Cosmic law states that if you ask, the sign will be there.

*Demand* feedback from the universe and do not walk around in the dark for one more instant. It is every child of the universe's birthright to have a talking relationship with God all day every day. Be willing to say that you want synchronicity and coincidence and strange things happening in your life. Declare unto the universe, "I don't want to go through a single day without something totally weird happening to me that tells me there are no accidents."

In my own prayers I add that I want to learn without pain or struggle. Some people think that is cheating, but I don't. Learning without struggle works because we make the rules for our life.

## Observing Our Creative Process

What have our thoughts been for the last twenty-four hours? Is it any wonder that our life is the way that it is? We must make a choice to focus our attention away from our problems, dilemmas, dramas, what so and so did to us and how bad it all is, and refocus on what we desire to experience instead. Thoughts held in mind outpicture. It cannot get any easier than that.

We hesitate to believe that we can create our life exactly as we would like it to be because we fear that we might create the wrong thing. That is logical. We have created discomfort and struggle thousands of times and we are gun-shy. In the past, however, when we tried to fix our lives we didn't possess a knowledge of how "earth school" worked or of the cosmic laws which govern creation. We were usually trying to change people or situations "out there". Now we know that kind of approach is destined to create discomfort sooner or later. As we learn that the only way to change the "out there" is by becoming cognizant of what has been going on in our minds and hearts, we begin to experiment with the power of creation. We know that absolutely no situation is unchangeable. Nothing in this universe is carved in stone. "Change your mind and you change the world" is cosmic law. This system is perfect. It is governed by love, and we are allowed an infinite number of revisions to our lives. The source of miracles is a changed mind. Bernie Siegel points out that there is no disease, whether it be AIDS or the most vicious form of cancer, from which people haven't recovered.

## Techniques For Creation

How do we discover what we want our lives to contain? It is not necessarily an easy thing to do. Most of us have been fairly sure that we knew what we wanted only to find out that we were merely repeating a pattern that didn't work the last time either. How many people have *had* to have a certain person in their life only to almost immediately begin the long and arduous process of getting rid of them?

I recommend that everyone engage in the "yellow pad exercise." Get a legal size yellow pad and a bold black pen. Make sure it is a *bold* pen. We don't want any timidness to creep into our creation. Write down everything that you love, enjoy, like, desire, admire or otherwise have warm and positive feelings about. Leave nothing off of your list. If you haven't filled at least twenty five pages you haven't been really trying. It is not easy to create a truthful list which has integrity. We have all been programmed by society that we shouldn't want too much. There is a tendency to weed out the less "valid" items somewhere between the thought and the paper. Remember - no weeding allowed!

Another difficulty in creating an honest list is the tendency to include the things that "ought" to be there. Ought to's and should's are your mother's or father's contribution to your mind's data bank, not yours. Remember - no ought to's!

Evaluate every item as it goes on your pad. Is this *my* desire? If I could have *anything* I want, would this be on my list? Is this something that all persons of my gender were taught that they should want or is it really my own desire?

What kinds of things are appropriate for this kind of list? You make the rules. Your decide. Things pertaining to your personal environment, where you want to live, what you like to do, how you like to spend your time, how you like to be treated, etc., etc., etc., etc. Do you remember the popular song a few years ago that was sung by Tom T. Hall, I Love?

Here is just a tiny portion of my own list. I love windows to look out of, grass between my toes, beer in a frosty mug, and butterflies. I love to talk to people about far out things, *Field of Dreams*, driving in the desert by myself, and angle food cake. I love to listen to talks about the "new physics", living the simple life, girls, and Mexican food. I love the freedom that money represents, meditation, silence, and my wife. I love to fly airplanes, flowers, the respect of others, unlimited vision, and life. I love harmony, laughter, elegant dinners, and watching my planet heal. I love looking in the eyes of another human being when they "get it". I love hugs, doing life slowly, rivers, and mountains. I love peace of mind, the feel of velvet, making love, computers, and you.

Your list has two functions. The first is to help you make choices in your life. Look your list over carefully and you will learn a great deal about your self. Does your present job contain many or few of the things on

your list? Does your present relationship reinforce and encompass the items and personal characteristics on your list? What kind of job or relationship could you imagine yourself getting into that would contain a majority of the items on your list?

The second function of your yellow pad is to help you invoke cosmic law on your own behalf. That which you hold in mind outpictures. Put your list on the bathroom mirror or the refrigerator door (or Xerox it and put it in several places). The more often you remind yourself of what you love, the faster that will become the only experience in your life!

Sometimes when people discover that the positive use of thought really works, they think that they have to create *everything* good in their lives. "Well gosh, I have to create a good liver today", so they sit down and send light to the liver. It will work of course, but tomorrow there will be the stomach and after that it will be pancreas day. It is mentally exhausting to keep the body in shape one organ at a time. And then there is the area of prosperity. "Oh dear, I have to make enough money for the house and the car and the food and I can't forget to do my treasure mapping and visualize the money flowing in..." It would be utterly exhausting!

Why not realize that the universe is on your side! The Father knows what things you have need of before you even ask. It is His good pleasure to *give* you the kingdom. It is not up to you to earn it or create it alone. Just do it the way that Jesus suggested. "Let thine eye be single fixed on God" and the universe will do the rest. In this statement, the word "God" means Good, your "I love" list.

At some point you may desire to go through the process of creating a specific thing, situation or healing to prove to yourself that consciousness does create reality. For most people this is an essential step. At some point or another you may want to manifest the new car by visualizing it and feeling it as yours. Then when it comes about you will have absolute proof that the law of creation works. But do you want to do that with every teaspoon and Hershey bar and piece of furniture that you desire? That would be so much stuff to create and it would get very boring. Its more fun just to get on a roll, get in the flow of life.

## Removing Personal Blocks

Self improvement is big business these days. Large numbers of people in our world are aware that they have some control over their self image and their standard of living. This is great. A few hundred years ago, before the Aquarian energy was having an effect, these subjects were almost non-existent. The evolvment of group consciousness seems to have speeded up as we move into the Aquarian Age.

Those persons who are the "pattern makers" for the advances in awareness that the human race is making, must stay ahead of the planetary group. The group is trying to grasp the idea that they could

have some - any - control over their lives. They have been trained that control of their lives belongs to the economy, politicians, jobs, family members and their environment. In helping the group to become aware that their blocks are internal, the popular psychology teaches them to locate blocks and to work through the blocks. This is very effective for tenth and eleventh graders, the most evolved of the group. Twelfth graders and drop-ins, on the other hand, want nothing to do with working their way through blocks. Working our way through blocks bears great resemblance to paying karmic debts, an effective but painfully slow way to approach enlightenment. Working our way through our blocks was not a technique advocated by any master teacher.

*A Course in Miracles* says that all analysis is of the ego. That means it is an attempt at correction made by the part of us which believes itself to be separate from God. Separate thinking can't find oneness.

Once we have acknowledged that a block exists, we can apply all of the wonderful Eastern teachings of detachment and surrender. This tells the universe that we accept their help in clearing it.

Let's not try to "fix" ourselves. That is the old way and it will create considerable pain and take a lot of time. Our only responsibility is to identify our problems as specifically as possible. "I fear this bill collector. I'm not sure why or where it came from but I fear it." Then turn to the universe for help. Pray for an answer and be observant. Watch for the universe's reply. Feeling responsible for finding our own answers creates delay and discomfort. The universe is friendly. We are not alone or separate from spirit. It is not our job to solve our problems. *A Course in Miracles* says that all correction belongs to Holy Spirit. This doesn't just mean that the responsibility for fixing Uncle Harry's drinking problem belongs to Holy Spirit. It means that the correction of our blocks and phobias is Holy Spirit's job. Our job is to be vigilant, to watch for signs, to listen for God's voice.

Now I know that those of you who have counseling backgrounds are saying to yourself that this is naive and simplistic. And in a sense it is. After an individual has acknowledged a fear or a block, it is not necessarily all peaches and cream from there on out. The block still has to be "processed". However, there is an easy way and a hard way for the processing to take place.

When we believe that we can work our way through a block by relying on our intellects and our earthly training, we are surely on an ego trip. The most effective counselors work very intuitively, not just by the book. We have no idea where a block comes from or what creates fear (except in an absolute sense we know that all fear comes from a belief that we are separate from God). We can look in this life for authority figures who were "wrong" or for abuse that was "unjust" but the representatives of the wrong or unjust are merely symbols of past life dramas, all of which are inaccessible to us in our normal state of awareness (not to mention that the dramas were illusions.)



Obviously we don't tell someone who is hurting that it is all an illusion. But our approach as a psychologically oriented generation has been to allow ourselves to be persuaded that we possessed "real knowledge." And therefore we were authorized or even credentialed to heal (repair) each other. The truth in an absolute sense is that nothing is broken so nothing is in need of repair. It is in need of acceptance. We are in need of accepting each other and ourselves as children of God, as the Christ. As an example, there are many books, and even a couple of stories on TV which deal with persons having mysterious pain or illness. When these persons were hypnotically regressed to a past life situation where the source of the pain was discovered, the problem went away. The hypnotist did not judge the patient nor did he offer suggestions as to how to deal with the problem medically or otherwise. He just listened. A healing occurred. When we find a way to get fear out in the open, no matter how many lifetimes it has been within us, it vanishes. Fear is not a tangible reality in God's universe. Fear is a false belief. We don't deny that it seems real to the person involved, but remember that our own fear seemed real when we thought Arnold Swartzenegger was going to die in the movie.

The truth is that we don't know anything. There is no objective reality. These statements are hard to swallow for those who have acquired their self worth from recognizing their intellects. But the intellect supplies us with smarts, not wisdom.

Wisdom is awakened in us when we recognize the truth in the teaching of the masters. To enter the kingdom we must become as little children. Resist not evil. "In my Father's kingdom are many mansions that you know not of." Let us continually ask to be shown the truth instead of justifying our positions or defending our "knowledge."

When an individual honestly acknowledges a block or a fear and then turns it over to the universe, the same process takes over as took over when that person prayed for prosperity. The universe *does* possess the knowledge of where the block came from. The universe *does* know the most expedient way to dispel the error in the belief system which created the block in the first place. If we will keep our intellects and rationalizations out of the way, the universe will use the many tools at its disposal to enlighten us, to return us to a state of inner peace. Merely "by accident" someone, even a stranger, may say something that triggers great understanding in us. By some weird "coincidence" we may happen to acquire a copy of a book which causes a great light to dawn on us. "Accident" and "coincidence" are powerful tools that the universe uses. They are much more expedient than human methods. "Accident" and "coincidence" are just other names for Holy Spirit.

## **What Should I Create?**

The time delay between forming a thought and the manifestation of what the thought represents is dramatically reduced right now, as we approach the Aquarian energy. It is still long enough, however, that we have to look carefully for the connection between cause and effect. Some people walk around half of the day thinking yellow, yellow, yellow and the other half of the day thinking blue, blue, I want blue. When life brings them green they say, "I didn't ask for this! I didn't ask for green in my life!" But if they go back to do a quick review they will remember that they did ask for yellow and blue. We need to understand how things fit together on this plane of reality.

Maybe we would be quite wise to give power of attorney to that energy that can see the future and our own contract with the earth. It is a smart thing to ask that energy to create for us. But it cannot step into our lives unless we ask because "Ask and you shall receive" is a statement of cosmic law. It is written down in the Bible almost as a parenthetical statement. In actuality, it is the way that the universe functions. We are each omnipotent and therefore we cannot receive a single thing for which we do not ask.

Sometimes we find ourselves in a bind because we do not know what to ask for. How could we know what to ask for since we are unaware of what condition the world is going to be in tomorrow. We cannot do any better than to walk into walls when we are blind to that which we will need tomorrow. At one point in our development mankind is taught to turn it over to spirit by saying "Thy will be done." The purpose of that statement is to get us out of ego.

Functioning from the ego is never what we want when we are trying to release blocks. Ego is that aspect of our awareness that believes itself to be separate from God. It will always lead us astray. It is not a matter of being right or wrong or good or bad, but simply that the ego functions from incomplete information. The ego can only take in information through the five senses and it tries to make a decision based upon the knowledge at hand. It draws upon what is published in the newspapers and books and our past experiences, which is always less than one tenth of one percent of the information that exists. It is a really silly way to try to make a decision - - believing that we are separate and therefore have to gather information and act upon it. So a teaching tool to get people to move up one level from making decisions based upon sensory input was to say "Thy will be done." That acknowledged that there is a universal energy or intelligence that has access to a larger databank than our egos. Every master teacher that has come to the earth has told us to give power of attorney to something with a greater vision than our own until we have reached the state where *we* have that vision also and can take conscious control of our lives. We are not acting alone. We are part of a team that works with all of the unseen kingdoms and realms that exist in this universe. That team is sometimes called Holy Spirit, or the whole of spirit.



How many times have we demonstrated that we did not have to know the answer to our questions? We merely had to say "Spirit I want this. I am ready for that change." When it appeared in our life we knew that we were working with cosmic law instead of ego manipulation. We will often not know what we desire in a specific sense, but we do know that we want peace, happiness, prosperity and excitement. Ask for these things in a general sense and leave the details up to God!

## Communicating With "Spirit"

Communicating by means of "channeling" or the psychic senses is possible and even normal. If a loved one has died and you desire to speak with them, by all means sit down, relax, and use your inner senses to have a meaningful communication. A personal, one on one, confirmation of life after death is a very valuable experience. But let me say a word of caution here. There is a difference between communicating with Holy Spirit and "talking to the spirits." Sometimes when folks discover techniques that allow them to communicate with the unseen realms in verbal or written forms, they like to believe that they are in contact with "God", the big "G". Please remember that not everyone who is dead is wise. If they were a klutz in body, it is guaranteed that they are a klutz after they die. We do not change our level of understanding or spirituality or wisdom by crossing over to the other side.

Unseen people who hang around this planet are exactly who they were when they were incarnate with the exception that they function from fourth dimensional reality and can therefore see some of the past and future. Hopefully if we seek verbal communication with spirit, and verbal communication is certainly not required, we will tune into someone who functions from a fifth, sixth or seventh dimensional reality where the ego is less concrete and the natural state of being is to perceive the past, present and future in the same instant. These folks on the higher dimensions are not "divine" -- time simply is not linear there, it goes with the territory.

Often times we are tricked because words can come into our heads or through our pens or ouija boards and tell us about tomorrow and we think "Oh, this must be God!" It is not God, it is someone who doesn't live in a body any more. When you "die" you will be able to do it too. The wise person will sense and communicate telepathically with any unseen energy to see if it is someone that they would like to listen to or not. If someone in human form is trying to give us advice, we can size them up very quickly. We can talk to somebody for five minutes and know whether we want to say "Get out of here!" or "What? Tell me more!" It is exactly the same process when we are communicating with entities on the other side of the veil. If they seem rather wise and they talk the way that we think, then we may want to pay attention and get a few hints.

Giving power of attorney does not mean relinquishing our free will to voices or words. Holy Spirit speaks through feelings, signs, and coincidence. Holy Spirit always feels peaceful, like the pressure was just taken off. Any communication that we receive which has any complexity to it whatsoever is of an ego. Perhaps a very good ego, but an ego still. Any message we get from spirit which contains a list of things to be done, is a message from an ego, maybe from an old playmate, but it is not a message from "God." God has no lists. God is being, not doing. Any message we get from spirit which says to hurry or "time is running out" is of an ego. God functions outside the realm of time and space. God reorganizes time and space at his will. It is never too late for a good miracle. Hurry is not peaceful. God's voice is always calm.

After we develop trust in our helpers on the other side we hear ourselves saying things like "I have no idea how that happened, but the right person, the right car, the right job and the right event showed up at precisely the right time." We are entitled to walk around in pure bliss without the foggiest notion of why life is working. Our job is to stay out of the way and leave the details up to that energy that has a higher vision. Every time we take control of the details we will create one hell of a mess. There are an infinite number of solutions to every dilemma. We can continue to call upon the best solution without regard to how it is going to manifest, where it is going to come from or even if it is possible. It always amazes me how people think that they have to ask for help in a certain way. Some believe that they must be in a particular place with candles and a cross or other paraphernalia. They forget that the universe is one hundred percent nonverbal communication and can only read our intent. It cannot hear our words or see our actions - - it simply reads our mind.

If you are now ready to ask for help in guiding your life from the unseen realms, I will share with you the most powerful prayer in the universe. I have checked with Matthew, Mark, Luke and John and have their permission to not only share this prayer, but to state that its power exceeds that of the Lord's Prayer. This is the most effective prayer that has ever been heard in the universe and it is the one which cannot be denied by any energy in the cosmos. It is the one that rallies all of the kingdoms to your aid invariably, without exception. Are you ready for this prayer? "HELP!!!"

When you understand the simple rules that control this plane of reality, you will become infinitely powerful. Then you can create reality according to your own terms. We must all learn to do that because we have made a contract with the earth as a group. Our contract states that there will be ten million self-realized entities on this earth within the next fifty years so that the combined telepathic energy of those ten million would so penetrate this plane of existence and every mind in it, that everyone who chooses to stay for the Aquarian Age will graduate before the next age rolls around. We do not want any stragglers!

If you choose to become self-empowered and see the Christ within yourself in this lifetime, you will have ensured that hundreds of millions of individuals who stay on the earth to do their schooling can graduate as well. That means that we have a lot of work to do. Fortunately we possess the power of all of the universes to create what we will as we will. Also, we have tremendous help at our disposal in the unseen worlds. Always picture the garden of Eden blooming and coming forth, never again to resist evil. Remember, we create that which we are against. Love, love, love and everything will be just fine.

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## CHAPTER 3

### THE PRIME DIRECTIVE

#### and other Cosmic Concepts

The transformation and the awakening of the planet that we observe taking place when we see dictatorships falling, earth days gaining in popularity and people openly discussing relationships is not a random thing. It does not happen solely because the calendar says that it is time for the Aquarian Age. It is happening because entities like yourself have taken on bodies and immersed themselves in the telepathic pool of energy that surrounds this planet. Let me explain.

#### Cosmic Isolationism

This is a closed school system. As far as group consciousness is concerned, it is isolated from the rest of our galaxy. Just as any private school will have its own educational objectives and its own board of directors and will aim at recruiting a certain type of student, so does our earth school. In the schools that we are familiar with, the general public is allowed to elect the school board but they are not allowed to usurp the functions of the teachers, the principal, or the school board members. If a person desires to teach the students himself, he must apply for the position of teacher and submit a resume. It is the same with earth school.

To assist planet earth a person must respect the prime directive. Perhaps you remember the prime directive from the Star Trek series. It states that according to cosmic law, no civilization or group of entities is allowed to come from outside of a system and impose change upon that system, regardless of how enlightened they may be. It is simply not possible to alter consciousness in a closed system without joining and participating in the system.

The prime directive prevents outsiders from interfering in a process they aren't familiar with. It forces participation if one wants to help. Why else would a master choose to incarnate on this plane of reality? If a Buddha or a Sai Baba could sit on some cosmic throne and dictate happiness and good will among men, they certainly would do so. The reason that they are not allowed to is because it would violate the free will of the

individuals whose collective consciousness has created the system in the first place. So they put on bodies and drop in to planet earth for an occasional visit. As participants in earth energy they can help alter reality on behalf of their family.

The masters understand that all minds are one mind and all hearts are one heart and that we all dwell in the same "telepathic pool" of energy. Any incarnate person, master or not, who possesses mental and emotional peace impregnates group consciousness with peace. Therefore when we, as incarnate beings, learn to be peaceful, loving and joyful, we make that available to every other incarnated soul on the planet. That is all that any master teacher has ever been able to do - make their consciousness available. And on the side they do a little magic. They walk on water and raise the dead. It is just a good show to attract attention so that people will say "I want to learn how to do that too."

If change on earth cannot come from outside of the system then who is going to heal this planet? Change must be initiated by human beings who are presently living on earth. But it cannot come from people who follow old patterns every day. People who live within the framework of society's accepted limitations can't bring peace and joy and unlimitedness into the third dimension. They don't know that those things even exist! They don't know that there are unseen beings and parallel universes. Becoming a master means to be willing to give up the programming of the world in favor of a greater understanding. The only individuals who can shift reality towards inner and outer peace are those with awareness. That is why enlightened persons put on bodies. That is why Mozart, Michelangelo, and Einstein came here. And it is why you are here.

## Earth School Drop-Ins

Not everyone uses the earth school as their primary path of growth. Some people only come to this planet when it is at a critical stage in history and needs help. These folks don't really qualify as twelfth graders. They are more like "drop-ins." When things get really sticky, this group says, "Uh oh, they're stuck again. Let's descend on the planet. We'll incarnate one more time to infuse that telepathic pool with our energy." A sizable number of souls have responded to that call in recent years. And many of us don't even relate to past lives on the earth because we have not been here enough times to have learned to walk across the street and chew gum at the same time. Some have absolutely no concept of how to be "successful" or how to be a part of the "in group". We forget that the highly successful individuals in the world are the ones who do earth all of the time. The ones whose karma keeps them

returning to earth over and over and over are the ones who have figured out how to get along in this place. They know all of the worldly rules. This is the "in group", the most envied individuals on the planet. Although they are very adept at being earth, they are not yet ready for being heaven. Those who incarnated to be spiritual teachers (twelfth-graders and drop-ins) on the other hand, are ready to step forth and walk hand in hand with every ascended master who has ever touched this earth.

## Heaviness Does Not Negate Our Value

Being incarnate can feel very heavy and confusing. It doesn't mean that we are not the light. We often have a tendency to belittle ourselves by asking "Who me? I can't even make my life work! How could I be a way-shower on this planet?" That tendency to engage in self put down is part of the oppression and confusion that has reigned over group consciousness for ages and ages. We are ready to stop belittling ourselves.

We came here with a mission. Before incarnation there was a radiance about each of us. Our chakras were balanced and open. We thought that the purpose of an open heart center was to pour out love. We said "We'll go in there and inundate them with love, compassion, peace and good will. The planet will be transformed when we leave." Then, immediately upon entering the physical body, we were bombarded by the anger, fear, guilt, doubt and anxiety that has turned this planet's telepathic pool into a conglomerate of goopy, grayish green, yucky garbage. It is a cesspool down here and when we come in with our chakras wide open, all of the garbage just flows right in. Not yet understanding how the system worked, most of us claimed all or part of that yucky stuff as our own. We say, "I'm not spiritual enough to stay balanced. I still have guilt so I must be a bad person."

The garbage does not belong to us, we did not create it - we simply forgot to close the door (our chakras) when we got here. When you enter a swimming pool you get wet. When you enter a telepathic pool you get connected with average consciousness.

When highly evolved beings come into the earth they nearly always crash and burn. They find out by the time that they are three or four or five years old that this place hurts too much, so they begin to withdraw and shut down. They ask, "Why the hell didn't you give me an operating manual with the body when you sent me in here? Why didn't you tell me that it was going to be like this? I don't know what to do with this stuff."

Well, we did also opt to do a little learning while we were here. Earth is the most expedient school in the universe. Even a Jesus took an extra class or two before he switched into his teaching mode. In order to take those extra credit courses, it is not fair to have the operating manual in advance. If we did we would know that it is all an illusion because page one of the manual says "always remember that nothing you see is real." Everyone who has come into the earth has forgotten page one when they crashed and burned. But that period in our lives is over now. It is time for us to recall how to control our own realities.

## Average Consciousness

The twelfth graders and drop-ins are now ready to clean up this cesspool of consciousness. If you worry that you are not doing enough good simply by being here, I would suggest that you review average group consciousness. You need only turn on your television set. Ratings dictate that the programming be attuned to the most average thought. Television is a perfect barometer of the average consciousness. It is soap opera, drama, murder and the evening news. Let me assure you that just by existing at the level of understanding that you have right now, you are a savior to this earth. You do enough sunset gazing and inspirational work to ensure your usefulness. Your brain is the transmitter which offers energy and thought patterns at a frequency that the masses of humanity can pick up. Every lofty thought that we have contributes to the uplifting of the planet. With our usefulness ensured, we can focus on attaining a decent comfort level in which to do our work.

Our comfort level has nothing to do with the size of our house. Our comfort level in this incarnation is directly proportional to our ability to recognize our level of awareness as compared to average group consciousness. That may seem like a separative way of thinking, but we must accept that we are teachers to the younger students in this school. If we were to survey the various classes we would see that there is a desperate mass of humanity begging us to be true to ourselves and to share our intuitive wisdom.

There are also those who are threatened by spiritual concepts. They may try to belittle our view of reality by saying that we are naive. When those criticisms come, we always have the choice to believe them or not. The critics speak out of their own fear and uncertainty. We know that their words come from their insecurity because if they were awake and thought someone were mistaken they would merely flood them with light. Enlightened beings do not attack, nor do they defend. The fact that people react to any situation by expressing fear clearly indicates that



they are here to be students. They can't yet remember experiencing unconditional love.

There is also the majority of humanity who are not our students directly. Although the master teachers did come for everybody, and each of us also came to help everyone, including those who still believe in loss, tragedy and struggle, we did not necessarily come to speak to them face to face. There is a trickle down effect associated with any form of teaching. When you teach folks, they in turn will teach and they will teach. The message will eventually be felt by every individual who is incarnated on the planet. We cannot speak to them directly because, at their present level of understanding, they cannot comprehend the simplicity of spiritual truth. We sometimes think of Jesus as being discompassionate because when the woman came to him and said "Master give to me of your teachings" he replied "Hold it lady, I didn't come here for you. You are only a seventh grader. I came for the children of Israel, the most enlightened of seekers who have reverence for cosmic law." Okay, its a paraphrase, but it makes an important point. No master teacher came to earth to start a religion or a mass movement or to evangelize. We too must choose who we can communicate with and who does not have the reference points to hear words which are devoid of fear.

## The Importance of Support Groups

There are many people on the planet now who are crying out for teachers. Teachers today have plenty of opportunity to share knowledge and understanding with those who are seekers, just as Jesus did. But we have a much easier time than he did because there are more awakened people on the planet now. We can surround ourselves with a large support group. Every master teacher who has ever come to the earth has gathered a support group. They were aware of what the density of this telepathic pool can do to you when you come in here wide open. Alone, nobody could enter the earth and walk on water and raise the dead. It simply cannot be done without a great deal of support.

Before Jesus would incarnate, he had a little discussion with the hierarchy. They said to him "Hey, Jesus, you have to go in there. It's the Piscean Age and every time that age arrives a graduate of earth school volunteers to incarnate and restate the spiritual teachings. That way all of the students in the tenth, eleventh and twelfth grade can learn what it takes to graduate by the time the Aquarian Age rolls around." Jesus finally agreed to be born in Bethlehem for two reasons. First, he needed to enter the earth so *he* could continue his mastership training (do a



little post graduate work) and, second, humanity needed him to be here to hold in mind a picture of what the planet could become.

Finding a support group for him was not easy. They had to dig hard to come up with twelve who could form a sacred space for him to do his work. They finally struck a deal and he said, "Okay, I'll go in if you will create for me a micro-environment of pink fuzzy light that I can crawl inside of when the density begins to wear me down." Twelve disciples and two or three hundred members of the Essene community volunteered to be his support group and create a sacred space for him.

We need to stay as close to the light as possible because when we are immersed in group consciousness, it is entirely possible for any one of us to be as mistaken and tyrannical as any entity on the earth in any given moment. We are vulnerable when we come in here open. Even Jesus who was overshadowed by the Christ energy -- which is about as protected as you can get -- could only spend a few days at a time in the crowd. Over and over again in the Bible it says that he withdrew and went to the mountain top to recharge his batteries. If someone of his evolution was not able to remain immersed in this telepathic pool of energy without retreating, then we will certainly have to do the same.

"Where two or more are gathered in my name, there you will find good vibes." I believe that is also a paraphrase, but the point is that all light workers must gather in groups and play together, support one another and live in each other's auric fields.

## To Fix Or Not To Fix, That Is The Question

Some of us get confused about our roles as way-showers on the earth. We sometimes get bogged down in a sense of responsibility that we have to save everybody on the planet, meaning that we have to be with them and fix them and listen to their dramas. If we truly love our family and friends, especially our children and parents, we won't try to fix them, even if it is "for their own good". Needing to fix people who are close to us is an ego trip of the most painful kind. Believing that we *can* fix anybody is an error in judgment. If it were possible for one entity to fix another entity then God, or one of God's representatives, would have surely fixed you and me by now. It can't happen in that way.

We feel a need to control other people's behavior because their behavior makes *us* uncomfortable, not because it hurts them. We feel a need to control other people's behavior because we don't understand the purpose of earth school. We don't understand or believe that altering other peoples consciousness is a job that belongs to the universe, not us. We

don't believe that God could be so powerful and so loving that everything, including our family, could be okay just the way it is.

Attempting to modify the behavior of individuals or groups has never worked on this planet for one simple reason - the law of the cosmos states that *consciousness* creates reality in three dimension time-space. One cannot create peace in a family unless he has a consciousness of peace. That is not the consciousness most of us are experiencing at the moment we are trying to correct our family's unpeaceful ways.

Pointing out faults has never fixed a fault. There are no faults, only perceptions. No master teacher ever told any disciple to correct another person's behavior. Master teachers told us to pray for each other and prayer is a non contact sport. *A Course in Miracles* says that all correction belongs to Holy Spirit. It also says that when we perceive an error, it is our perception that needs fixing, not the situation we are perceiving. So when we believe someone is in error we send them light. Hopefully we have learned to never again correct them *or* commiserate with them.

## Parables

It can be a miserable job to be a messiah. When masters or master trainees go out into the world to do teaching and healing, they usually find that the people with problems are not interested in altering their belief systems which created the problems in the first place. They want a miracle in their life or they want someone else fixed.

There has never been more than a handful of people on the earth who were ready to learn cosmic law from the master teachers. The masters knew that there was no way to share with people what they understood about the universe. They could not possibly tell the truth so they made up stories. In religion we call them parables. The fact that it is a parable means that it is not literally true.

Isn't it interesting how hung up we are on honesty in our lives? Jesus never worried about telling the truth. How many times did he say "...and the kingdom of heaven is like..." He knew that it was not like that at all, but he was trying to say something useful. He could not come to the earth and say "Now look folks, seven dimensions above this plane in alternate reality Z of universe 927J, we have a phenomenological event occurring..." It is not possible to explain spiritual concepts in any language that has ever existed on the planet. We do not have the reference points to comprehend the infinite number of realities that

house three dimension time space. We can, however, say something that is useful.

How can we even conceive of multiple levels of existence? Let's begin by imagining a two dimensional reality, which does exist by the way. Imagine that folks are going to school there. They comprehend length and width, but they have no concept of depth. Their entire existence takes place on a plane that is thinner than an onion skin. Now imagine that you beam into their plane of reality from our dimension (which they will probably refer to as heaven.) You as their "savior" are going to explain to them that there is a third dimensional reality of which they are but a small subset. How are you going to do that? You can draw lines that form boxes and rectangles and triangles and circles, but these people have no reference points to conceive of a cube with depth and volume. They cannot possibly envision this third dimensional concept. Perhaps they could get a notion of the cube if you were to draw a square and then move their plane of reality just a little bit upward and draw another square and then another and another, etc. If these beings could then imagine that all time were simultaneous and that all of the squares you just drew existed in the same instant, you would have succeeded in giving them a concept of the cube.

Now imagine that a fourth dimensional being has come to the earth to explain to us about his plane of reality. He would ask us to recall when we were at home this morning and a little later when we were in our car and then when we were at the office and then after that when we were having lunch and then when we went to the movies after which we were home again making love and then we went to sleep. As you said to the two dimensional being, the fourth dimensional being would say to us, "envision that all time is simultaneous and that you did all of those things in the same instant, and you will have a glimpse into the fourth dimension." It is almost incomprehensible for human beings to have an extra dimension in their reality. Therefore we tend to call fourth dimensional beings godlike because they can see that which we have no reference points for. That makes about as much sense as the two dimensional being calling you God because you can see the cube -- it simply goes with the territory.

In the third dimension we perceive time as being a straight line. It is linear to us and it seems like page thirty-three comes after page thirty-two and that tomorrow comes after today. Well, in the fourth dimension time appears to be a circle and fourth dimensional folks have the option to go either way around that circle. They are free to get on and off at any point that they choose and are therefore not limited to incarnating next week or next year. They could incarnate into the year 1812 right now or they could go back to the beginning of time in this instant because their

concept of time is simply not linear. If we could inquire of a fifth dimensional being, we would be told that time looks like a point instead of a circle, and that it is all simultaneous. But in truth, from the perspective of God, there is no time or space. These are concepts that were created for earth school. All of the master teachers have played with these concepts to help us push back the limits of the mind. The masters have always told good stories about time and no-time and other dimensions. The esoteric books that we enjoy (even revere) are stories that somebody made up to get us one step further up the ladder. While these books may be very useful, they are only vaguely related to truth.

One of the most absurd stories that has ever been told in the New Age community is the tale of reincarnation. It is a total fabrication. We think that we have really understood something when we comprehend the concept of reincarnation. "Oh yeah, I've got it! You're born and you die and you're born again." It all presupposes sequential time but the instant we die we are outside the realm of linear time. What does that do to our concept of reincarnation? At what point do we enter the circle again to do another life. What if we slip up and enter at the same point we did the last time around so there are two forms of the same soul existing on the earth at the same time? There seems to be a lot of that going on right now. What if someone lives all of her future lives before she lives her past lives? Anything is fair when you are outside the realm of linear time.

We have no possible way to even closely conceive of what is meant by reincarnation, but the concept of the continuity of life is essential, so we have made up a story about life without beginning and without end. It is useful, it works. We have a means of relating to eternity within a reference system that is rooted in linear time. That is very helpful. We do not know anything, but if we go from one useful story to another useful story and hang on to concepts only until we get something that is better, then we are making enormous progress.

## The Bible as Metaphor

The way I perceive it, Jesus went through three phases in his life to prove the continuity of life. The first was a teaching phase where he said to himself, "I'm going to tell them the way that it really is." We all wish that we could do it that way but it didn't work for Jesus any more than it works for us. Evangelizing has never won over a single person because awakening is an inner experience, it is not something that we can be convinced of. So he gave up on preaching. His second phase was, "Hey, if they aren't going to believe what I say I'll show them. I'll raise the dead and every time I do some magic I'll say "what I can do you can do and greater things than this." That ought to get them. It's bound to. If I go

around living my life in an exemplary manner then everyone that I demonstrate the power of love for will become saint like as well." That didn't work either. Then Jesus got down to the last phase and said "Well if they still don't believe that life is forever then I'll give them a physical demonstration. Bring me a cross please. Anybody got some nails?" If there is no cross and nails, there can't be any resurrection. Or as Jean Houston says, "no crucifixion, no upsy-daisy." If there is no resurrection, there is no proof of the continuity of life. In truth that way met with only limited success too, because the only people who accepted the eternality of life were the ones who believed anyway.

The Bible is an intriguing story because it contains so many levels. This is true of most books of spiritual instruction. One chapter talks to seventh graders and the next addresses eleventh graders. The words mean entirely different things to different people. When we read them, we want to be sure that we know who was being spoken to. Nearly all of the Old Testament is comprised of stories told around the campfire. These stories were handed down from generation to generation until someone finally wrote them down. If we start looking for the technical truth in parables, we will be on a wild goose chase. If on the other hand we are willing to look for the intent of telling the stories in the first place, the meaning is still there. For people who have difficulty correlating religious instruction in Christianity with what they now consider to be spirituality, let me assure you that there is more than one way to interpret the words that are in the Bible. I highly recommend that you read Emmet Fox's books, *The Sermon on the Mount* and *The Ten Commandments*.

We must keep in mind that the main function of the master teachers was to impregnate the telepathic pool with their consciousness. They understood the prime directive, so they came to earth in physical bodies to share a bit of their wisdom. If anyone wanted to hear what they had to say, they were glad to tell stories over and over with infinite patience until they got something out of it, but there was not an evangelist among them. They did not start religions and they did not start churches - they simply told stories to people who wanted to get free. There has never been a church on the planet that didn't evolve into something that was dogmatic and guilt motivated. While some of the New Age churches like Unity, Science of Mind, Divine Science, and Christian Science offer their participants more freedom to follow their inner guidance, and shift from believing that God is going to get them to finding their inner teacher, they are still subject to the distortions that human nature introduces.

My advice is always to go back to the original stories of those who brought in the spirituality, for they are the only ones which aren't distorted. That is where the power lies. The original teachings did have some useful content. They were not vindictive. They were not even

authoritative! The Fillmores who founded the Unity Church wrote a metaphysical bible dictionary to help us understand a book that was almost totally beyond comprehension. They suggested alternative interpretations. When we call upon the Lord, they said, we are actually calling for law - for cosmic law to be revealed in our life.

Furthermore the original meaning of sin had nothing to do with God being angry. It was an archery term that meant "to miss the mark". "Oh well, I'll have to try again." Sinning meant that we were headed where we did not want to go. Likewise repentance implied that a person should turn around and go in the other direction, meaning what he was doing in the present moment was probably not going to make him very happy so he might want to pick another route. These words had no more significance than that. They certainly had nothing to do with heaven or hell or offended gods. God does not care what we do. Perhaps it was our parents who cared so we have probably been repenting for their sake. The universe can only see us as perfect. It has never imposed punishment upon us because it is totally unbiased. Is not even capable of judgment. The universe knows that we have never made a mistake.

One of the first messages that I received when I began doing psychic work was that until I felt perfectly comfortable taking my *Course in Miracles* or my *Bible* and throwing them into the fireplace, I would never comprehend what is in them. If we have made anything sacred or put anything on a pedestal then we have declared that we are not equal with it. There is not one ascended master or avatar or archangel who wants to be on our pedestal. They would much rather drink beer and eat pizza with us, welcoming the opportunity for true communication. We have to look at our own sense of self worth and determine whether or not we are willing to declare ourselves equal to a Sai Baba or a Krishnamurti. Remember that they have never seen themselves as being different from us. They may be playing a game in one arena while we are playing in another, but that has nothing to do with a hierarchical order.

## The Ten Commandments

When students believe themselves to be separate entities disconnected from the infinite, when all of their gods are on pedestals and they have no understanding that all minds, hearts and souls are one, then it is appropriate to give them a set of rules to follow. Christians and Jews often consider the ten commandments to be the ultimate set of rules, but that is only because they have not yet grasped cosmic law. Who was this guy Moses who brought down the ten commandments anyway? Was he some ignorant ninth or tenth grader trying to manipulate the system or was he an entity who had an internal connection with the absolute? I do

not believe that he was the kind of man who needed to be told not to go around sleeping with other people's wives and killing people. He may have been known to wipe out a few individuals in some of his incarnations but he was no longer going to do that as a routine thing in life. So what were these rules that he received?

Moses received truth as it related to his level of understanding. The universe *always* reveals the truth to us in a context that is appropriate for our present level of understanding. This makes it difficult for one person to apply in a literal way the insights received by a second person.

Moses went to the mountain top, which in the Bible always means that he went into meditation. Then he heard "Moses, Moses my friend, Moses my equal, I am going to tell you the way that it really is. You cannot kill. It is an impossibility in this universe to kill because life is eternal and nobody ever dies. You cannot steal. You have created everything and you are everything. Stealing is an illusion of the earth plane that says you and your riches are not one. How can you steal that which you are? It is not possible to steal. You cannot commit adultery. Adultery is the attempt to receive love from that which is separate from yourself. Nothing is separate from you and love doesn't exist outside of yourself." What Moses heard is that there is no right or wrong and therefore there can be no inappropriate behavior. God is love, and love doesn't judge. The ten commandments were ten statements of cosmic law that were intended to set men free and release us from guilt, not enslave us to guilt. God says that we have never made a mistake and that we are not capable of making a mistake.

When Moses went back to his students and said, "Listen up guys, I just got this great stuff from God about the way it really is", they could not hear the truth in his words. He was talking to people who could not comprehend that the universe is friendly and that God is love and everyone is guilt free. They were the ones who passed the words on to the next generation as a set of rules. When we speak to second, third and fourth graders who don't yet understand karmic law, we may want to tell them, "If you want to have the most pleasant and enjoyable life span while you are here, don't go around shooting people. In the long run you will probably be a little happier." Of course we won't tell them that it is a sin to shoot anyone or that God will be upset if they kill someone because we don't try to impose guilt and God does not judge their behavior. We are the ones who judge ourselves and each other.

Over a period of time true spiritual teachings become misinterpreted by the church that wants to maintain control of its congregation and keep its coffers full. Organizations invariably progress to the point where they no longer offer spiritual understanding. The teachings, now humanized,

tell us that the power and wisdom of the universe lies outside of us, not within us. The masters, now deified, become essentially useless. Then we have to scrap the dogma and start all over again.

## An Expanded Perspective

The beginning of the Aquarian Age does not have the incarnation of a Buddha or a Krishna or a Christ to interpret cosmic law for us. In the astrological ages in which there were few entities on the earth who could comprehend the teachings of a master, one or two ascended beings were sufficient to teach all of the seekers on the planet. There has never been a time when the earth was abandoned. We have had at least a single avatar on the planet at all times. As unlikely as it might be for an individual in grades one through twelve to go directly to the light, still they have always had someone to tune into and, if they chose, follow home. In the Aquarian Age every entity embodied on the planet must have available to them, not in India, but in the next room, an avatarish type entity who can lead them to the light.

It is time for a few individuals to step forth and shift from following the programming of the world to functioning in purity. Do remove all religious connotations from that word please. Purity is understanding the simplicity and the perfection of the system. You came to the earth partly for personal growth, but also because the prime directive prohibited you from assisting your loved ones, your class mates, unless you took physical form. Now you must live as if you were exempt from limitation.

I love a story told of Yogananda, a guru who came to the West to be a spiritual ambassador by creating an acceptance for the Eastern teachings. In doing so he accepted a number of invitations to speak at various places. One evening he attended a diplomatic cocktail party with a few of his students so that he would have an opportunity to mingle with certain members of our government. Yogananda had been teaching his students a lot about purity, which on their level of understanding meant abstinence and refraining from eating or drinking anything that might traditionally be considered impure. So here he is at the cocktail party drinking a martini, feasting on the appetizers and having a marvelous time. His outraged students finally confronted him and said "You hypocrite! You tell us that we must function in purity. We can't have alcohol or junk food or sex and we can't do anything fun, while you are here ..." Yogananda simply walked over to the fireplace, held his hand in the flames and said, "When you can do what I can do, then you can do what I do."



The object of the spiritual life is always to get free. We continue to remove limitations by focusing on the highest that we can comprehend. Anything that dominates our thought processes, whether it is our job, baseball, our spouse, or psychic phenomenon, is delaying our joy if we are not constantly relating our thoughts and experiences to our spiritual growth. Any human being can learn to supersede the laws of the physical dimension by functioning from a higher level of reality.

There are certain ways that we can see our world that will help us see the unlimitedness of the universe and therefore the potential unlimitedness of the self. We want to reach for the really big picture and recognize that we are a part of something that is far larger than three dimension time space reality or anything else that we have ever seen with our eyes or heard with our ears. We want to use everything that we encounter as a tool for our growth.

Any time that we think we know something, we are straying from our path. We can look at the stars and ask ourselves about those civilizations and the universe's function for having them there in the first place. That will bring us back to a humble place of true learning and understanding.

Imagine, if you will, the principal of the earth school journeying from classroom to classroom to ensure that all is well. He may stop for a moment to listen to the lecture in each class, check out which textbooks are being used and go out to see that the children are playing in an orderly and constructive manner. The principal never gets involved in teaching the individual lessons because that would be much more work than he has time to do, so he hires a lot of teachers. He employs a school nurse, a gym teacher and a psychologist. You who are the light bearers on the earth are very similar to that principal. You will see many things occurring in the economic, political, military and humanitarian arenas, but it would be overwhelming to try to get involved in each one. Your function is only to see the big picture, see the earth as a benevolent school, and to work with your family in the unseen worlds by directing energy. Truly, this is the only effective way to speed the evolution of the planet. Consciousness is the only thing that creates reality. We don't have the time or energy to try to promote change in ineffective ways. The master teachers' ways are the most expedient. Believe it or not.

## The Path of Service

There are many, many dimensions of reality above ours. There is a fourth, fifth, sixth, seventh, twenty-fifth and one hundredth dimensional reality. They continue to go on for as long as we know. We have not yet found god, god, very god most high. But there really is a cherubim,

seraphim, solar logos, father, son and a holy ghost that are spoken of in the mystery school teachings. They are all just folks doing the best that they can to get through the school. And there is a community of space brothers -- a federation of fifty or sixty civilizations that run around our galaxy having a lot of fun. Most of these are here now because they desire to be helpful in assisting other groups in our universe. However, the prime directive still restricts their contact with us.

There are billions of entities who are hanging around this earth in the unseen realms waiting to be of service. The path to enlightenment on every plane of reality is service. In a very real sense there is no God out there who can fix things. There is certainly no old man sitting on a throne with a long beard saying, "Zap that one and now help this one over here..." There has never been a God like that. There are just layers and layers of folks doing their service. Part of the angelic and spirit kingdoms decide of their own volition to be of service to humanity as their path home. One way they can help is to become guardian angels. If they are not allowed to help because we are unwilling to ask for it, then they are forced to go somewhere else. There is this prime directive, you know, so they cannot bail us out unless we ask them to. Every time we call upon them to assist us, their growth is expedited. They are begging to be recognized. They are sitting up there saying "Please give me something to do! If you don't I'll be stuck up here for another million years! I want to grow too because I want to get out of here! This is my chosen path of service, for God's sake! Please ask me to bail you out every single day so that I have permission to come into your life and create synchronicity and magic!"

Take this opportunity to think of how many ways you can invoke other kingdoms on your behalf. "I want the angel of the food kingdom to tell me how much salt to put in my meals." The more we give them to do, the faster they will grow. We have been so afraid to ask for help from them. We say "Uh, God, I uh don't want to bother you, but if you have just a minute could I ..." and meanwhile all of these angels are saying "What are we doing wasting our time up here when nobody down there will ask for help!"

## Its All No Big Deal

When we begin to perceive all the events of life as metaphors, parables that resemble truth, it tends to take the drama out of everything. As we get closer to the truth there are fewer big deals. The hierarchy becomes ordinary. Some of us were members of the hierarchy before we were born. Then when we came to earth and learned about the existence of a hierarchy we built a huge pedestal and put them all on it. If "as above so

below" is true, do you know what hierarchy means? Committees! Spirit does not like them any more than you do. When it comes time to be part of the hierarchy and the department head comes looking for volunteers they squirm and say "It's his turn! It's his turn to be the archangel so and so this time because I did it last time!"

The hierarchy is commonplace. When we understand that, we can begin to create equality between ourselves and the rest of the universe. Believing that anything is a big deal is a separative way of thinking. The hierarchy and the space brothers are all just folks doing the best that they know how to make it through the school just like everybody else. If we could comprehend the true nature of the universe even UFO's would have no more intrigue than a city bus.

Where do we dwell between lifetimes? If we are not in body, then we must have been extra-terrestrials! Every human being is an extra-terrestrial. We are *all* star children. Every one of us has been through multiple layers of reality. If we can remember just a little of our pre-birth, extra-terrestrial condition, we can be very useful. We have enormous resources and the power of our invisible friends and family at our disposal to help us do our cosmic work. As the worldly folks would say "we have old friends in high places".

We now know that the laws of the universe prohibit the violation of the free will of any evolving entity in any evolutionary system. Only those who are submerged in group consciousness have the authority to alter the reality in which they exist. The entities in other dimensions who are hanging around by the billions are completely powerless unless we choose to direct their energy. We do have the power to direct spaceships and entire battalions of light workers in the unseen worlds and give them permission to bring their light to bear upon this earth.

There is a ton of stuff going on which is exciting. But we must remember that the fact that there are entities here from other galaxies and other universes is irrelevant if we have not healed ourselves. If our lives don't work we can forget about getting a ride. We can stand out in the fields and wave to the space brothers for as long as we like but they are going to wait for us to acquire inner peace. First things first.

This is the lesson - the essential material: physician heal thyself! To thine own self be true. Only then can we work efficiently with our invisible friends and pass on their information and do all sorts of marvelous things. The master teachers always said to "seek first the kingdom of heaven and all else shall be added unto you." But we have this human idiosyncrasy that demands to know what the all else is first. Any true spiritual teacher has said to ignore the all else until we have

manifested the kingdom of heaven in our own life. If we are hooked on discovering the all else we will miss the kingdom and then we aren't very useful.

The earth needs those individuals who are here to do their teaching work to focus on awakening themselves fully in this very moment before another minute of another day is gone. As we really understand what the master teachers were saying, we comprehend that we will probably not have instant enlightenment. They do promise however, that every day in every way an aspect of our lives will get better. We can see the light at the end of the tunnel. We are moving directly towards it. And as we progress, we also have group consciousness in tow. We are simply recognizing that there is a plan of salvation and each and every one of us is on our way to becoming infinitely powerful and eternally free.

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## CHAPTER 4

### THE PLAN OF SALVATION

Enlightenment is very intriguing to folks who are on the path. Sometimes we think of enlightenment as being something that a Buddha or a Krishna can hand down to us on a silver platter. We want to believe that if Christ came down and kissed us on the forehead that we would become awakened. Actually enlightenment has nothing to do with any master teacher or even god, god, very god most high. It is simply a matter of changing our perspective.

To get a feel for what true enlightenment is, we have to get a feel for what we are, truly. Who we really are and what we happen to see while we are in this three dimensional reality are two entirely different things. Who we are is who we have always been, aspects of God. As an individualization of God, each of us possesses all of the immutable characteristics that we attribute to God. Our true nature can be stated by recalling all of the words we would use to describe the unlimited, omnipotent, omniscient, loving creator of the universe.

But we don't see ourselves this way. As we look through the dimness of our limited belief systems we assign to ourselves the characteristics of what we think we see as the true nature of the world around us. And what we perceive to be the nature of the world, we perceive in error. For we have been looking on our world with the eyes of the authority figures who raised us, not with cosmic vision.

There seem to be two realities. One, which is theoretical to most of us, is the lofty reality of God consciousness, the state of awareness where enlightened beings surely dwell. The other, which is the nitty gritty "real" world that we live in, is the one where our attention is focused ninety nine percent of the time. Many spiritual seekers, both orthodox and unorthodox, believe that it is within the power of enlightened beings to transport us from one state of consciousness into the other. 'tain't so.

### **Graduates of Earth School Return**

The plan of salvation is simply a scheme whereby individuals who have figured out a little bit of the puzzle will share their information with

anyone who is interested. So graduates of this school occasionally return for "back to school day." They tell us some good stories about who we are and what our true nature is. What we do with that information is entirely up to us.

These returning graduates tell us that the natural state of being in all of the universes is joy, bliss, no stress, no pressure, abundance, adventure, excitement, peace and love. If this was not the natural condition then no entity could ever attain these characteristics permanently. If these states were abnormal then one would have to continually be paddling upstream to be at peace - a contradiction in terms.

On the other hand, they tell us that pain, struggle, pressure, stress, tragedy, and conflict are the abnormalities in the universe. And one truly must paddle up stream to maintain a state of discomfort. They tell us that we paddle upstream by defending our beliefs even though our beliefs haven't made us happy. They say that if we will stop paddling up stream it will be the stream's good pleasure to include us in the natural flow of the universe.

One of the errors in belief that we usually defend is that we are separate individuals. They tell us this is one belief that we must give up if we don't want it to continue to be "me against the universe". Each of us is a part of the universe. No - each of us is the universe. No entity can attain enlightenment alone because "alone" is an impossible absurdity so far as the true reality is concerned.

## **Instantaneous vs. Evolutionary Enlightenment**

Although anything in this universe is possible, the instantaneous enlightenments that happen when someone is walking down the road to Damascus and the light comes and truth is revealed, usually only occur after we have been working on ourselves for fifteen million years or so. Awakening is not instantaneous at all because this is an evolutionary system.

If you were to visit a guru in the East, he would tell you to sit down and shut up and watch your breath for twenty years and then you might be ready to learn something. In the West we are far too impatient for gurus. We would rather spend five hundred dollars for an intensive weekend seminar that promises us instant enlightenment. We like to believe that we have completed our prerequisites for instant awakening.

Well, the trip back home is nothing more than looking in the mirror and seeing that I am that I am. Each of us is god, god, very god most high

and that is what we have always been since the beginning of creation, but we must go through an evolutionary process to come back to the place where we can remember that truth.

If we are honest we must admit that our spiritual pursuit is not motivated by the fact that we love God or want to go to the light. In truth we do not care about any of that - we just want the pressure off! We want the pain and struggle to end and that is the only reason that we seek. No one need feel guilty about his or her motivation. We don't have to say "Gosh, I'm not being very spiritual about this..." It is the way that the system was created to work.

The universe has always understood what motivates humans. Instead of judging us, it simply takes advantage of our human nature to lead us back to God. The universe knew that we were not going to do anything too altruistic. The plan of salvation is not only perfect, it is downright practical. If someone is trying to learn truth for the purpose of ending her poverty or curing her disease, she will end up with God. The universe does not expect any more of us than that we end our own suffering. Then we will wake up one day to find that we have remembered our unlimited natural state of being.

## **The Fall of Man**

Attaining enlightenment is the very same process as attaining unenlightenment was. We all started out as perfect individualized pieces of God. Then, as explorers, we began experimenting with states of being other than "perfect". We tried on limitation for size. Limitation is fun and intriguing. Many people enjoy finding their way out of mazes. The point we must remember is that, somewhere along the way, we voluntarily allowed our belief systems, our perceptions, to become limited. It wasn't done to us. It was done by us. Our free will has never been violated. We were not carried kicking and screaming from a state of infinite awareness into a state of limitation. Because our free will can never be violated, we must use the very same ability to make choices about what we will believe and with which eyes we will see, to regain our enlightenment. There is no vicarious atonement.

This earth was created by entities who journeyed forth into the universe as explorers. We are all adventurers. Mankind's entire history is an exploration of new lands, new continents, the moon in the heavens and the depths of the sea. It is the same for those who dwell in the rest of the universe too. The founders of this school chose to explore all of the realms of reality that they could think to create, and they created them in the moment that they envisioned them. When you start from the



allness there is only one way to go. That was the beginning of our descent process loosely referred to as "the fall" in the Bible.

Unlimited beings who were used to living in an infinite number of dimensions declared, "This is boring. Let's try living in one hundred millionth dimensional reality. Oh, this is fun and exciting, but I'm getting tired of it. Let's go back to the light. Now let's go down and try one thousandth dimensional reality - that will really be confined. We'll have to work our way out of that one. What a challenge! It's so dense down here that there is even color. This is magical but I am ready to go back to the light. Okay let's try third dimensional reality on our next trip. 3-D is so limited it is almost not being! Wow this is barely existing! Oh God, it is so confined that things are solid. We've never had solidity before. Let's play! I want to be a goat. I want to be a tree. I want to be an archangel. This is great down here but let's go back to the ... what? The where? I forgot. Where is that window? Where is that door? Uh oh - I think I'm trapped."

There comes a point at which we have pulled down so many shades that there is not enough light to find our way home. Then we say, "I know there is a door here somewhere so let's start looking. That's it - we'll become seekers!" We used to be knowers but now we are seekers. And our friends who were still living in the light said, "Hey you guys down there, it's okay. We'll create a plan of salvation to get you home" to which we replied, "Don't you tell us what to do. We have free will!" Exasperated, they said "Okay, we won't violate your free will. We'll let you suffer for as long as you like but when you are ready we'll have someone down there for you to follow home. He won't drag you. You'll have to follow him."

Every time that someone has come down here to show us the door we made a savior out of him or her. We called them messiahs. Actually it was only Harry or Sue who came down to help us find the door. The plan of salvation is not "divine" at all - - it is common sense. It is nothing more than people helping people who have pulled down too many shades to see the light.

## **The Priests and The Prophets**

In compliance with the plan, at the beginning of every astrological age a master has always appeared on the earth to take the simple truth -- and truth is always simple -- and restate it in the language of the day rather than the language of the old. They laid out the guidelines for that new age. When the teachings were first spoken they were just good spiritual common sense. Whether it was a Buddha or Abraham or Mohammed, they all said something that would clarify and simplify the current



dogma. Through time, the teachers became deified and their students could no longer relate to them. Along with the deification of the teachers, the teachings were altered. As time passes, spiritual teachings begin to include the interpretations and opinions of the "priests". Dogma takes over.

There have always been two types of teachers on the planet - the priests and the prophets. The prophets bring great insight to the people through their intuitive attunement to spirit. The priests take the prophet's words and make them sacred and then tell everybody else how to do life. They tell us to have great reverence for the master and to idolize all teachers. They make a divinity out of a Jesus and a God out of a Buddha which makes them seem like something that we can never be. The true masters never wanted to be on anybody's pedestal. Jesus himself spent much of his time saying "I'm not your king, I'm your brother!" and then the priests turned around and made a God out of him. As spiritual students we have all heard that we should have great reverence for the hierarchy, the logos and the angelic kingdoms. We put them out in the sanctuary or on our alters to worship them. But our guidance doesn't come from the shrines, it comes from within us.

For the dedicated spiritual student the time of the priest has ended. Soon, the time of the prophetic voice that is separate from our inner voice, will also end. Those outer voices were appropriate in the ages where individuals did not have concrete connections with their own guidance. When folks did not have clear inner vision they needed the teacher to say, "if you don't want to take another ten thousand trips around the cycle, here is a path to follow."

## **Paths, Gurus and Service**

Paths are extremely useful to students whose intuitive selves have not been fully developed. However, since a path is someone else's idea of what we require in order to get home, there comes a time at which we must wean ourselves from the path. Ultimately the only path that will be expedient for us is the one communicated to us by our inner voice.

Discretion is called for here. Avoid making judgments (errors in perception) about whether someone else is on the right path or not. We are talking about expediting our own personal trip to joy, not what other people need. Each one chooses for himself.

We, as masters in training, go through an experimental phase, trial and error if you will, of gaining confidence in our inner guidance. We test our inner voice. Sometimes what we think is the inner voice of God is the

inner voice of ego - and we blow it. That's OK. We can try again, and if need be we can return to the guru outside of ourselves for advice.

As we wean ourselves from dependence on gurus, master teachers, and even parents, we can stay connected with them if we like. But we change how we see them. We remove them from the pedestals, no longer to follow in blind faith, and we place them in a chair at our mental conference table as advisors.

Much of what we are discussing here is just a matter of semantics. We have believed that there were teachers outside of ourselves and knowledge outside of ourselves. So we have been used to seeking for wisdom in that which is outside of ourselves. This is okay to the universe. It teaches within the frame work of our belief system. But we also know that the only thing we can see outside of ourselves is that which is a part of us. What we see as reality is a mirror. We are just trying some tricks here to help us remember that I am the wisdom I seek. Enlightenment is remembering.

There are many forms of gurus. The guru can be a person (living or dead), a book, a philosophy or a tradition. What ever it is, it has two sides to it. It contains some elements of truth and some elements of human distortion. So whether your guru has been Jesus, the Bible, *A Course in Miracles*, the *Bhagavad Gita*, the Native American tradition, nature, the mystery school teachings, or one of the modern "channellers" of the ancient wisdom, don't take it too seriously. If you place more value on the literal words, or rituals, of the guru than you do on your own inner hunches and insights, you are in for a long, slow, and maybe stressful, trip. Nothing out there is "sacred". It is just what it is.

If at this point in human development, paths and gurus and teachings had never been invented, it wouldn't matter. The universe would immediately come up with a new trick to get us to discover our true nature. And it would do it without violating our free wills.

Whether we see ourselves as path walkers, former path walkers or as observers of path walkers, it is useful in our training as spiritual teachers to explore the paths that have evolved out of the human condition. One of the first things that seekers learn on their paths is that we are related to all of humankind. That alters one's picture of reality dramatically. Out of this understanding spiritual students sooner or later develop a sense of purpose. Our mission, our path, as it becomes slowly apparent, seems to be to serve other people.

The head guru of nearly every path sometimes suggests, or implies, what method of service is appropriate. But, as we continue to unfold and

experiment with our inner connection with the cosmic, we reveal to ourselves our own unique form of service to humankind. The more that we evolve, the more we recognize that we all have the same goals generally. Our uniqueness is in how we help implement peace and understanding on earth. One person does it as a computer programmer and another as a mail clerk. Literally there are no two paths of service that are the same even though the objective of all of them is to outpicture oneness with God.

Somewhere near the end of our journey through time and space, awakening mankind discovers that we are not related to other people at all - - we are the other people. Each person, regardless of awareness, is an aspect of God. Each person has all of the attributes and characteristics of God. The goal of the awakening student shifts from fixing people and situations which seem to be in error into becoming a living example of the healing, loving power of the divine principle. When individuals function from a sense of being separate from other people, they equate doing anything for the self as conceit. But when they function with awareness they understand that there is but one mind, one heart and one soul in all of the universes. So to serve the self is to serve all that is. Not only do we all deserve lots of wonderful things in our lives, we must learn that prosperity and perfect health and inner peace are the natural state of being. You cannot give a gift that you do not possess.

All paths end at the beginning. All paths end when the disciple has the audacity to say "I talk with God - - I Am God!"

## **The Bible as a Path**

The Bible can be looked at as a path - a path that each of us has been following for ages. It starts with the purely karmic way of an eye for an eye. Then Moses (representing one who understands cosmic law) tries to lead the children of Israel (the seekers) out of the wilderness (the stressed life). After many generations of wars (led by the intellectuals) a great master teacher shows up. The teacher states the truth in parables (each must interpret in the context of their own subjective reality). Then comes many years of interpretation of the teacher's words in the letters to the various churches (representing our internal process of trying to reconcile our newly remembered "truth" with our old internal staid institutions - our habits and beliefs). The Bible is not, nor is any other spiritual guide book, about external events and philosophies. It is a metaphor for our personal internal process. Nothing exists external to ourselves.

The last book in the Bible is Revelations. Here is where things are revealed to the seeker directly. There can't be any more books after

Revelation. After we reach this point in our development we know that there are no more answers "out there." The answers must now be revealed internally. The evolution of the soul doesn't end here, just the book.

Initiation into mastership means that a person releases all the spiritual crutches and does their demonstration relying strictly on their inner guidance. It can be a fearful step. It has been referred to as "the dark night of the soul." Jesus revealed his personal struggle with this step when he cried out, "my God, my God, why have you abandoned me?"

When a person reaches that critical level of trust where they shift from making decisions based on the input of authority figures or other gurus to relying on inner guidance, hazy though it may be, then they are on the way to becoming self empowered. It is another paradox because when you discover that you are not separate from anyone or anything you become self empowered as an individual.

It is time to acknowledge and pay respect to our own path of individual experience. Actually there are as many plans of salvation as there are human beings because reality is subjective and unique. No one has ever experienced what another person has experienced. No one can do what you can do and no one can be who you can be. You cannot follow a path that is not in harmony with who you are. Whatever you chose to do is okay with the universe. Whatever your goal is, it will take you home. If you want to save the planet, you will end up healing yourself. If you want to heal yourself, you will end up saving the planet. The system is perfect.

## **The Western Path**

When we begin to see life as a series of paradoxes, we are on our way to seeing the big picture. We do not need avatars in the western world because no one would believe them. If Sai Baba himself walked into our work place and started talking, it just would not, in all likelihood, have a positive effect on our coworkers. If we want to teach in the western world we have to comprehend the western mind which demands that a teacher sound intelligent. Therefore it is very appropriate for us to read a lot of books and learn all of the vocabulary so that we will sound like we really have our act together. But we do not actually learn anything from the books. They merely trigger remembrances of that which has always been inside of us. If it had truly been new information it would have taken ten thousand lifetimes to understand.

There is no possible way to learn spiritual truth in one month of reading, if it is new to us. The ease with which we absorb "new" ideas is absolute

proof that all we do is reconnect to information that we temporarily lost access to. Any understanding that a person gets is always intuitive. If words made people comprehend truth then everybody would gain the same understanding from a spiritual talk. But no two people ever hear the same meaning. Awakening is the process of remembering what we knew a million years ago, or before time began. So another paradox is that while the only understanding that we will ever have comes from our inner being, we would never make it without the books, tapes, sunsets and music that we all need as continual reminders while we are immersed in this telepathic pool.

## **The Path Called *A Course in Miracles***

One of the statements that exists among millions of statements of truth is *A Course in Miracles*. For people in the western world with the western programming of intellect and technology as king, I believe that the *Course* is the best modern guide that exists in written form to get us home. The *Course in Miracles* tells us that where we want to go is to inner peace and that anything else we have been seeking creates a delay in attaining healing or happiness. The way the human mind has been programmed is to say that it wants peace, happiness and joy but then it goes out to buy houses and cars which will only bring payments, debt and stress. We all have a tendency to go after things that we do not want, thinking that they will bring us what we do want. Our programming has always said to seek happiness but don't find it.

The *Course* tells us that the intermediate steps that we go after will never satisfy us. The message of all three of the *Course* books can be summarized in one statement: In every moment of every day, use the power of your will to choose peace. If you can do that you will be home free. The master teachers have also told us to go directly to God. They said do not pass go and do not collect two hundred dollars - just go directly. But we like to hedge our bets. We don't want to abandon the wisest earth teachers yet. We think that it is too big of a step to go directly to God so we try to embrace just a little bit of cosmic consciousness instead.

*A Course in Miracles* is not a theological book. Theologians argue semantics and the meaning of God. They create universities to take a left brain approach to spirituality. They do not understand that people can argue forever without finding an answer. Any argument or debate is insisting that one person must be right and either convince his opponent that his point of view is correct or find out what is right so he can support that perspective. Theologians try to be right. Let's seek, instead, a state of cosmic consciousness, and stop trying to use words to prove to

others that we have value. We cannot be right and happy. Every time we choose to play the game according to the rules of love, growth and understanding will emerge.

The *Course* attempts to prepare us for a way of thinking which is contrary to the world's way of thinking. As Einstein said, "a problem cannot be solved from the same consciousness that created it." We have to be willing to have our thoughts and beliefs scrapped in favor of ones that work. The *Course* is blunt. It goes right to the heart of the matter in the most expedient manner. It is rejected by those people who have not become sufficiently frustrated with an analytical approach to life to be willing to risk a new approach.

Some folks can't get through the table of contents with out their analytical minds being offended because if what is being said is true then their education and their personal code of life has all been for naught. The table of contents of the workbook starts out with:

- Nothing I see...means anything.
- I have given everything I see...all the meaning that it has for me
- I do not understand anything I see..
- These thoughts do not mean anything...
- I am never upset for the reason I think.

Other lesson headings are:

- I do not perceive my own best interests.
- I do not know what anything is for.
- I am not the victim of the world I see.
- I have invented the world I see.
- There is nothing to fear.
- I am entitled to miracles.
- God's will for me is perfect happiness.
- In my defenselessness my safety lies.

We in the western world have been well educated to believe that we are responsible for being vigilant and discerning in regards to the world, which is basically to be regarded as hostile. We have been taught to analyze every situation to find the correct course of action. We are cautious. We are cautious in relationships. We are cautious in politics. We are cautious in regards to other nations. We are cautious of power hungry people. Our training has been appropriate if the one basic premise of western education is true - we are all separate.

Think for a moment about what your professor of history or economics would say about some of the above statements. They would say that obviously any rational mind would know that in the case of foreign military powers the statement about "in my defenselessness my safety lies" is just not true.

What kind of education would we receive if "Nothing I see means anything" were true. Not even the stock prices? Not even the gruesome pictures on the evening news?

A reversal of our thinking process is required to get off of the wheel of karma. The world's thinking is karmic thinking. It recreates old patterns over and over again, forever, if need be. The only way to get something out of the *Course* is to set aside judgment of what we are reading (I think the authority figures told us that would be akin to being brain washed). The world's way doesn't work so why not risk trusting that the universe is on our side and won't lead us astray?

I can't resist. I have to throw a couple of more *Course-isms* in.

- Would you rather be right or happy. You can't be both.
- Analysis is of the ego.
- Everything is for your own best interests.
- Trust would settle every problem now.

## **Happiness as A Path**

All paths, all spiritual disciplines of all cultures and all ages, of all time, lead to one simple place and that is being happy. Happiness cures all disease, it stops all wars. It fixes everything. The *Course* points out that happiness is a choice we make. There are no victims to those who understand the big picture. Authority figures teach us, however, that the only things that are real are things that can be perceived with the five senses, that victimization is very real and must be conquered before happiness can be attained. Here is the rub: we must choose whether to believe the best minds on the planet or whether to believe the master teachers. It is an either/or situation. One can't be partially enlightened any more than one can be slightly pregnant. How many thousands of pages are humans going to read before they realize that enlightenment can't be learned or attained through rational behavior.

What if we all said "I will not wait until I learn one more thing or read one more book before I decide to be happy?" We really have only one choice to make. Believe the authority figures and stay on the wheel of karma or quit. Try this for me - go somewhere where you are alone, take a deep



breath, and scream "I quit". You will experience a great sense of relief, at least until you start analyzing what your friends will think about you now that you don't do struggle any more. Happiness is a choice that we make within ourselves.

Why doesn't everybody have everything that they desire? Why do we spend our whole lives thinking that after we make it we will have what we want? Nobody ever makes it that way. The majority of the people on the planet today are not yet ready to do the whole awakening process because their limitations have been lifelong friends. They are unwilling to let go of their old patterns and beliefs. So when it becomes obvious to the loving universe that they are absolutely refusing to change, it will check them out and check them back in again to start all over. People who do not understand how the system works call that tragedy but it is not really tragic at all. It is love and true compassion to back a person out of a bad thing and give him another shot.

## **The True Teaching is Always Simple and Calming**

Often we are afraid of missing out on some great teaching by some great guru. But now that we have ceased looking for intellectual meaning in their words and have decided to only hear the simple message of their hearts, we realize they have all said the same thing. You can go sit at the feet of Sai Baba for the next six months and he will tell you one thing - "be love." People go all the way to India and sit with thousands of others waiting for this avatar to come out on a balcony and tell them something that they don't know, and all he says is "be love." Up the road somewhere is Mer Baba, another avatar, and folks flood to see him as well. In all of the time that he has been incarnate on the planet he has only told people to do one thing - "be happy". That is all the man has ever said. How simple spirituality is. Any teaching which feels complex is of the ego. Spirit is the epitome of simplicity.

People often ask "how can I tell if my inner voice is ego or spirit?" Ego loves complexity and intricacies. Spirit functions outside the realm of three dimensional time space. Spirit's voice is always soft, unhurried, no pressure. To spirit there is no time so you can't be late. To spirit there are no irreversible situations so nothing is a big deal. Spirit says "Peace, be still, and know that I am God."

## **Congratulations! You Qualify for Enlightenment**

If you could see what you have been doing for the last ten million years, you would understand that you have already done everything that is required in this school to attain enlightenment. You have done your life



in Egypt and in Greece and you have done the witch craft and the magic. This is not the life to do it all again. Take all that you have learned and apply it to empower your own being this time around, instead of learning it all again. This is the life where Nike has got it right when they say, "Just do it!"

Do not wait until you read one more book or listen to another speaker or sit at the feet of one more guru before you become happy. At this stage in your evolution that would just delay your joy. Go ahead and read esoteric books and travel to India if you want. But don't believe that it will give you inner peace. It won't. Choose peace first and then do your exploring as a part of your dance of life. Peace isn't to be found outside of ourselves.

Remember that the universe is on your side and in every instant it is conspiring to awaken you, to lead you to happiness. That means that in this very moment you are in the most ideal situation possible for you to learn to awaken. There could not be a more perfect place for you at this moment than where you are. That is cosmic law. Don't hear that statement as saying that you should stay in the place you are now. Where your perfect place is two moments down the road from now is up to you and your inner guides.

Sai Baba doesn't need for you to come and sit at his feet. He is over booked as it is. He needs you to be true to yourself and live based on your heart so you can be an equal teacher with him.

The only thing left now is to simply wake up! Declare in this instant that you can walk out the door and be happy forever more. No person, no church and no book can change you now. The universe loves you so much that every time you go looking for an answer outside of yourself you are going to find frustration. You are in no man's land. You cannot go back because there is not a single guru on the planet who will have you as a student. They will all have you as a friend.

The whole plan of salvation is one of teaching and being taught by those who are just a hair's width apart from us in understanding. We can only hear people who are that close to where we are on the ladder and they are the only ones who can hear us. That holds true for folks who are in body or out of body. Each person will only attract to himself that which he can comprehend. It would not be helpful for an enlightened being to drop into the average person's living room and start making a speech. Joe Normal would have no idea what was being said!

Most of us need a teacher who is street wise, that we can relate to, like an entity who has had bills to pay and problems at the office and people

to argue with. In the practical world of helping each other with our challenges we have finally discovered that the best drug counselors are former addicts. The leaders in the Alcoholics Anonymous movement are former alcoholics. That's the way it works here. The training that each person received by going through their own garbage has qualified them as very effective listeners and healers (if healing has been requested). Spiritual counseling works the same way. Spiritual students tend to give credence to teachers who came to this planet with a load of garbage and somehow managed to let go and do their personal transformation.

It is now up to each individual whether the rest of the planet will be transformed. Some of you may be asking "What do I have to do? What is the schedule? Give me my agenda!" The truth of the matter is so simple that it will offend your intellect. All that you have to do is heal yourself, to choose peace in every moment. We are on this earth to be examples of enlightened entities and there is no mystery to what it means to be enlightened anymore. It used to be this huge enigma. We would read books about people who had light radiating out from the crown of their heads and could do marvelous tricks. But all of the magic in the world is irrelevant if you have not healed yourself.

What happens to the earth if each of us learns to be impeccably happy in this lifetime? Do you know that your joy will radiate through group consciousness in the telepathic pool and touch every molecule on this planet? It will penetrate every brain cell of every human being incarnate because you are a part of the telepathic pool on this planet. When you learn how to have fun, the game is over. When you can laugh and play in every moment, you will graduate and look back to wonder what all of that esoteric nonsense that everyone was talking about really meant. You will find the rest of eternity enormously joyful.

Your whole divinity and having the light dwell within you simply has to do with learning to be happy. Acknowledge within yourself that you accept joy because you can't learn it and you can't earn it. You must claim it.

Happiness is a decision that is made within the individual. When you decide to be joyful you will come into your own power and begin to do transformation of group consciousness in a very big way. Salvation has always been the ultimate in simplicity. When you laugh, play, get tipsy, talk to the trees, be silly, make love, watch sunsets, take bubble baths and have a ball, then, like the Pied Piper, a million other souls will want to follow you home.

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## CHAPTER 5

### FOLLOW YOUR BLISS

#### Who are the "Light Workers"

What separates the modern day "light worker" from the billions of souls who are incarnate on the earth today? The members of the planetary transition team have a certain understanding of cosmic principles which is above and beyond the norm of group consciousness. When we move our view point from the tediousness of day to day life to a more universal perspective, we uncover some aspects of ourselves which help us clarify our function and our self worth.

Because we don't normally peek into the minds and hearts of the dozens or hundreds of people that we chance to meet each day, we have no idea of what the average level of awareness is in society. We tend to judge people's level of spiritual evolution by their behavior. More specifically, we judge them on whether their behavior makes us comfortable or uncomfortable. At the same time we are sure that no one's opinion of us which is based on how our behavior makes them feel could come close to doing justice to what we are sure is our own elevated level of awareness. Who a person is, in terms of their usefulness to the awakening earth, cannot be determined by using worldly eyes.

For many years I worked with hundreds of folks who were both "spiritually aware" and struggling. As an intuitive counselor I would look into their minds and hearts. I would review their incarnational contract with the earth. I invariably discovered a being inside of each person that was far and away more noble, more empowered and more Christ like than they gave themselves credit for being. I discovered that a lofty purpose resided inside of each and every person. Yet when I spoke verbally with these people I heard a myriad of reasons why they could not outpicture the internal vision. The reasons were always worldly reasons, worldly limitations, ideas of limitation received from their background of interaction with authority figures.

The more I probed the inner levels of people and the workings of our earth school, the more apparent it became to me what was required to be

a light worker on this planet. Light workers remember that they function within the cosmic laws that govern our reality:

- First, all minds are connected and all true communication is telepathic.
- Second, every individual creates the whole of reality by what they choose to hold as their beliefs.
- And thirdly, God is love and God is all powerful so everything must be okay just the way it is. If we don't perceive it as okay then it is our perception that needs elevating.

This understanding leads us to be able to specifically define our function and our value to the human race.

Having peeked into the minds of hundreds of individuals such as yourself (if you're typical of the kind of person who would be reading this book), I can absolutely guarantee that you have a higher level of compassion and a far greater understanding of the nature of God than the average person on this earth. You have a desire to be harmless. You have a love of things beautiful and peaceful. Therefore, since your mind is telepathically connected to every being in every kingdom on this planet, each moment that you hold lofty thoughts, or healing thoughts, or happy thoughts, you are raising the consciousness on earth. You are healing this planet.

You are not being an escapist when you don't feel like dealing with the drama of the day and choose instead to go out in nature where you can be surrounded by peace and beauty. You are following the directions of the master teachers who understood and taught the stilling of the mind and the calming of the soul. They knew that no one's behavior or words could fix a budget deficit or a family feud. They knew that a single person's mind focused on peace could create an opening in the earthly veil, through which the unseen workers would pour accident, chance and random events to change any situation for the better.

This is the time in which we must choose to walk in peace in every moment, be prosperous in every moment and heal in every moment because that is the only consciousness that we wish to share with the earth.

Light workers do not come to the earth en masse, except when the Aquarian Age is dawning. The function of these light workers is to alter group consciousness by working in harmony with cosmic law, the only truly effective way to create change. So the light worker's job is revealed as a simple one of choosing to be happy and following their bliss.

Few of us can truly comprehend what life would be like without drama and dilemma. "What do you mean be at peace all of the time? What are you talking about being happy all of the time? Are you telling me that I have a right, that I deserve and can possibly justify spending every moment of every day in total bliss?" You not only have permission, you have an obligation to do whatever you want to do now. If you want to

heal the planet, you must do exactly what pleases you and nothing else. You must be exactly who you are and nothing else. Only by following your bliss can you unleash the creativity that you came to earth to share. We must all be the creators and the examples of pure bliss. It is the only way for the planet to become blissful.

### **Consider the Lilies of the Field . .**

If we are to trust the master teachers, we could spend every day listening to music and talking with the flowers and as a result we would prosper, be healed and experience perfect harmony with every other human being. There really is not any more to it than that, but the ego maintains a belief that the only thing that stands between us and total annihilation is our ability to manipulate, control and otherwise engage in defensive activity. The ego can't allow itself to believe that God is in charge. It has a totally separative belief regarding who is responsible for the survival of the self and the earth. People who try to be "practical" by maintaining either a defensive or aggressive posture in the work place, and also try to be "spiritual" are trying to serve two masters. It produces a great deal of frustration.

In New Mexico, where we live, there are many natural hot mineral springs. Folks come from all over the world to use these waters for healing or simply for relaxation. I was immersed in these most marvelous waters when another fellow joined me. As I came out of my meditation I ask where he was from and he responded "New York". Then he ask if I came there often. I replied that I did, that I lived only a few miles up the road. He commented on how lucky I was to be able to come as often as I wanted. I explained that it wasn't luck, that I had made a decision a few years ago that life was too short not to be doing what I really wanted to do and be living where I really wanted to Live. His whole body convulsed, his hands covered his ears and he said "I don't want to hear that".

When masters-in-training stop giving excuses to the universe as to why they cannot be true to their hearts and follow their bliss, they soon become realized masters. But when one is submerged in the telepathic pool of energy that surrounds this planet, he cannot become a master without paying attention. We have a lot of programming and old beliefs that we must first choose to let go of.

It would be nice if we could just choose to change our life's activity and begin to lead the spiritual life. But our beliefs and our guilt don't go away just because we move into an ashram. Learning to follow our bliss doesn't begin with changing jobs. We create our realities from the inside out. Our bliss is as much not doing argument any more as it is creating great works of art or healing the sick. Making our relationships work and bringing the flow into our life is the hard part of following our bliss. It is neat to read the intriguing, dramatic tales of how the planet is going to be saved by divine entities outside of ourselves, but the truth is that there is nothing out there.

That is the answer that we don't want to hear because it transfers all responsibility back to us. It is our responsibility to be happy in this moment, to think big and to believe that we are valuable to this earth. Your mother and your father and the authority figures in your life probably did not tell you that. I bet that there was not a single one of them who said, "I think you are going to be the Christ when you grow up." Rather, they will immediately come to mind as saying, "What do you mean, be a savior to the earth? You aren't so hot. Why don't you just go sit in the corner." It doesn't matter how old you are or how long your parents have been dead, you will still hear their criticisms when you embark on your path to freedom. Your only reply can be "Sorry Mom. I am divine. I don't have time to go sit in the corner because I have agreed to heal this earth and all of her inhabitants." As long as humans are encased in physical bodies they will have the voices of those authority figures in their heads. It goes with being immersed in group consciousness. It isn't easy but we don't have to be a victim of old voices.

### **Parents Don't Authorize Blissful Offspring**

Our parents, peers, and the authority figures in our lives were simply doing the best they knew how. They were students of planet earth. They were not ascended masters. We can decide in this moment that we are going to follow the teachings of the masters only and that we will pay no attention to any authority figure on the whole planet, alive today or ever having lived, that did not demonstrate peace and happiness in their own lives. The people that our society makes gods out of are the ones who get cover stories in *Time*, *Newsweek* and *Sports Illustrated*. We choose to emulate people whose lives are wrecks. Most of the role models that we have picked are individuals who keep the hospitals filled and whose relationships don't work. They are stressed over money and their loved ones. They have ulcers and die of cancer, heart attacks or some other stress related phenomenon. We rarely stop to look at the fact that we have chosen the wrong authority figures. We have rarely considered that we are free to choose new role models.

Parents are a tough issue for everyone. In counseling work we discover that all parents were a problem to the child. The family was either dysfunctional or one or both parents were too rigid. The child was raised in a disadvantaged environment or life was too easy. Dad wasn't there or he smothered the kid. What does this prove? Only that earth is a school, not utopia. We chose our parents, our classes, and our lessons before we paid the entry fee. Since our lessons were our choice, when we quit buying into them is our choice also.

If we try to live the life that our parents chose for us then we will end up exactly like them. Their ideas about the world and the way it functions have nothing to do with objectivity, absoluteness or God. The fact that they controlled us with guilt manipulation is not to be held against them. If it is our intent to become unlimited, expansive and expressive, then we

must accept the fact that our authority figures were doing it the only way that existed for their generation. It was the way that they were trained. That was the way things were done in the Piscean Age. It does not mean that we do not love our parents or that we disrespect them. It is just that we are a part of the transitional generation that demands more loving rules so we can become self empowered.

We must stop and look closely at the programming we receive from former generations. We were literally programmed to do what they told us above and beyond what God (either in the form of inner guidance or as the voice of master teachers) says. From the perspective of our parents' generation, we were selfish if we did not please them and if we did not become what they said we should become. Some of us were expected to spend our whole life trying to make them look good and feel good, or we were considered selfish. Now we know the ego calls people selfish as an attempt to control them. However, from a spiritual perspective, selfishness means nurturing, blessing and taking care of the self.

We must understand that we and our parents are one because all minds are connected. There is only one god consciousness that permeates everybody and everything. Therefore when we follow our bliss and become creative, self empowered, and happy, our parents and the rest of the world benefit.

Every individual who has ever achieved true greatness and really contributed something to the planet drove their parents nuts because they refused to be programmed and manipulated. They were like Jesus when his mother said, "How dare you run off and sit with the rabbis! Didn't you know that dinner was ready?" He could only reply "Mom, chill out! I have things to do." That might be another paraphrase, but the truth is that if someone like Van Gogh had spent his life doing what his Mother had said, then we would never have seen his art. Every human being who has contributed something creatively to the planet has declared "Sorry Mom, Dad, but I just don't follow the rules. I live life on my own terms and in my own way and I love you so much that I am going to be an example for you as to how you too can get free."

John Randolph Price calls those who are not motivated by fear *Superbeings*. They are the ones who do not buy insurance, they don't wear seat belts and they don't stop at red lights at four o'clock in the morning when they are the only car in town. Furthermore, when they drive through the light they don't look over their shoulder to see if they are going to get caught. They break patterns all of the time and they never allow any other human being to hold power over them. We are simply delaying our own well being when we give our power away. We cannot be free until we take our power back and declare that we are not victims.

Our parents and our authority figures on the other hand believe themselves to be victims. They attempt to teach us what they believe to



be the true conditions of life. Their happiness is subject to the economy, the marketplace, their jobs and their families. We really do not wish to be like them.

## **Light Workers Choose Joy In Spite of It All**

Most folks on this planet have laid out a class schedule for themselves which allows a great deal of time to learn each lesson. This chapter would not be even slightly comprehensible to them. Many people, for instance, take a whole age, two thousand years, to become a little more tolerant of others. Learning to not be victimized takes most folks at least one full cycle of the ages, twenty six thousand years.

Present day masters-in-training didn't include that kind of leisurely pace in their contracts with the earth. For us it boils down to making a choice. I will stop exploring all of the possible ways that I might have been victimized. By my own volition I will abdicate the rewards I get from friends and acquaintances for being a victim, and will instead "let my eye be single, fixed on God."

There is no room in our reality for being a victim of anything. Can you imagine God being a victim? Can you imagine Jesus saying, "Mom, I'd love to turn your water into wine but ... You see I'm a carpenter, you know, and I'm building this house. I owe this guy so much money because I bought my tools on time payment so I've got to get out there and build this home instead of messing with your water. I just don't have time to do it, Mom."

Jesus was immersed in the same telepathic pool that you and I are, so thoughts often came into his head urging him to give up the grandiose quest and just be a limited human like everyone else. But his support group wouldn't let him get away with it. It is a whole lot easier to be a carpenter than it is to be a messiah. We did not come to planet earth to meet our mother's expectations or our father's or our spouse's. We came to fulfill our potential.

Imagine for a moment that your life on earth has been over for a thousand years and you are recounting the story of your last incarnation with a dear friend over a drink. "Who were you when you were there?" your friend asks. "Well, since all entities are God", you reply, "we are all the same essence. In the beginning there was only God, so we were all equal aspects of God even though we were in body." "Wow, with that kind of understanding you must have transformed the earth! You must have done miracles and shifted the planet off of its axis!" To which you responded, "No, my husband wouldn't have liked that."

There are many ways that we attempt to do our work with less than total commitment. We compromise our time and we compromise truth because we fear reprisal from our authority figures or from the economy. Each and every one of us are exceptional beings. There is absolutely no difference between you or me and a Sanat Kumara. None. Zero. Zip -- except that he chose to follow his bliss and we chose to have excuses as

to why we could not. To play the game according to our own rules and create our own reality requires that we sift very carefully through everything that the authority figures raised us to believe.

Most of us have been waiting a long time for someone to tell us that we are all right. If they do, don't believe them. If we feel good because somebody told us that we were okay, then we have given them the power to pull the rug out from under us. If they take their statement back we will be devastated. We will never follow our bliss because someone gives us permission to do so. Would that god, god, very god most high could descend into our living room and pass out a diploma and shake our hand and say "Well done!" It will not happen, you know, because that is separative thinking. God is not out there and God cannot come to us because God is in us. God is the essence of our being and we are the godstuff that is doing the transformation on the earth.

Our commitment to self empowerment is what the earth has needed for many eons. It is a great gift to planetary consciousness. Be willing to tell the universe that you are okay just the way you are. No one can do that for you.

## **The Fear of the Separate Ego**

Why were there soldiers in the Middle East with guns perched on their shoulders looking down the barrel of death? Because some opinionated, intelligent, educated being told them they must do it. How many soldiers would the world have if people followed their own bliss? How many bombs would fall if everyone followed their hearts desire? What if we were all making mud pies? "We can't all follow our bliss" some will say. "That would be anarchy! Wouldn't we all starve?" Do those words sound like they came from a master teacher or a fearful person?

People who believe themselves to be separate from you and me and God fear that separation. In their fear they request of society that a set of rules be established to control the use of "power." Power, to them, means power over other people. They believe that uncontrolled people are at best anarchistic if not outright dangerous. Even when their desired controls are in place, life is still a game of jostling for position, trying to be top dog. The more advanced of the separate egos don't advocate war to settle the issue of who gets the power, they advocate elections. With elections, hopefully only 49% of the people will be subject to the will of the majority. Elections are only a slightly more civilized form of war. Either way one group makes decisions "on behalf" of the other.

How do entities who do not believe themselves to be separate from others act? Beings who are not separate do not need to protect themselves from others. They do not need to be told about the advantages of cooperation as opposed to conflict. Beings who are aware of their oneness with all creation are not merely harmless, they are the essence of harmlessness, they are love/compassion/wisdom.

A being who understands his oneness would not vote anymore than he would pull the trigger. He has no desire to impress his political will on another person and he knows that there is no need for centralized protection because no one's will or state of well being can be compromised. One isn't self empowered until one realizes his connection with all souls. What helps me helps everyone. What harms others harms me. When there is understanding, no one would attempt harm so protection isn't required. Self empowerment is a total state of being. There are no victims.

Those who believe in the separate ego believe that the natural state of being for humans is unproductive, lazy, and parasitic. They believe that if people weren't forced to work by economic need they would only take, never giving. They believe that the nature of man is evil (evil is live spelled backwards). In a sense they are right. If mankind did awaken enough to become healthy, prosperous, and happy, they would quit their jobs. They would quit doing everything that was not fun. But the nature of man is derived from the nature of God, his source. The nature of God/man is to create. The nature of God/man is to explore. The nature of God/man is omnipotent and omniscient. Awakened man has always refused to make work out of life. He creates. He loves. He dances. And he is fully aware of cosmic law - - no child of God can be forced to endure lack because of what another child of God does not choose to do. Prosperity is created by consciousness, not the work force. Have we forgotten about the natural state of being in this universe?

## **It Takes More Energy to Create Limitation Than Any Other Condition**

We have been programmed to believe that if we are not being maimed or murdered at the moment, then our life is pretty good. We have been told that life consists of working hard and doing the best that we can. We were told that if we have food on the table and clothing and shelter along with a few friends, then we have no right to expect more. Yet that is not what any master teacher spoke of. They were discussing strange states of being like nirvana! We were not programmed by society for perfection, but the truth is that we are a little piece of light that flew from the star that is God. We will exist in the universe's natural state of being eternally. It has taken great effort - many ulcers and heart attacks and a little cancer - to keep bliss repressed.

Why aren't the inhabitants of school house earth experiencing the natural state of being? Because one of the attributes of God is infinite power and, believe it or not, each person possesses the power to create limitation. It is not easy to be god, god, very god most high, gather all of your resources and all of your energies, and create the illusion that you are merely human - a powerless, limited, subservient being. It is almost too fantastic to believe. Most of the entities that exist outside of this earth school cannot begin to comprehend the stories they hear about life

on this planet. They cannot figure out how a society can continue to exist while outpicturing characteristics that are in opposition to the natural states of being in the rest of the universe. If you were to ask an inhabitant of Zeta Reticuli about getting permission to be who they are, they would not even comprehend the question.

The only block to our awareness and our enlightenment is the decision not to become self empowered and our determination not to be who we are. Until we change that decision we will continue to believe that this earth and it's government and it's economy and our family hold power over us - and it shall be so, for we are God and our words are truth.

We came to this earth to do our self empowerment in the here and the now. That is why Jesus Christ is not born on this Christmas day - they needed him two thousand years ago, but they need us today. This is the beginning of the age of true enlightenment where there is nothing left to do but follow our bliss, our heart's desire.

### **Self Empowerment is Normal**

Self empowerment is normal. All of the quadrillion other entities that exist in the several universes take it for granted that there is no other way to be. But down here in the lower left hand corner of this sort of archaic universe is a little school that we call earth whose inhabitants feel the need to ask permission.

Do you know why we still seek permission? It is because we believe in right and wrong and the possibility of making errors. But didn't the master teachers say that "ye are Gods?" Buddha said it and so did Mohammed and Lao Tzu and Confucius and Abraham. What kind of an error could God make?

Each of us have experienced moments of pure bliss in our lives but we surrounded those times with fear because we expected our happiness to go away. When we were having a marvelous time playing with our toys and everything was wonderful and it was past our bedtime, we got busted in the midst of our personal ecstasy. The voice said "Go to bed - you are having too much fun!" In every instant that life started to get really good, we started to look over our shoulder. We developed a connection between that which we desire and that which we fear. Every experience that we have ever had on this earth that brought us into a space of timeless time was followed by, "Quit having so much fun! Who do you think you are? Where do you get off thinking that you deserve to be so happy?" That is the reason that we all have the fear that if it is too enjoyable it will surely end. This belief alone will keep us from living in ecstasy eternally. Remember that we are not victims of those who busted us. We chose them as teachers so we could learn to take our power back from them. Then we would be free.

How many individuals on this earth are willing to live every moment in pure bliss and ask no one for permission to be who they are? Einstein did it - there is one. Rembrandt did it - there is two. There are a few - a

dozen, a hundred, maybe even a thousand. If we take away from the five billion or so who live on this earth the handful of beings who are self empowered and have given themselves permission to live in the natural state of being, how many would you say are left? Five billion or so. A few thousand is not even a drop in the bucket.

As the Aquarian Age began to dawn, we watched some exciting things happen. We began to see the creative consciousness express itself in new forms of art, new philosophies and new sciences. It started with just a few scattered light workers who were radicals and heretics in their day. From an astrological perspective, we can say that the Aquarian Age energy began to leak into the planet with the Renaissance. There was not a single aspect of the human condition that escaped transition.

Expanded modes of expression appeared in the arts, science, philosophy, and religion. A few modern prophets appeared to tell us about a better way. That is why Leonardo da Vinci, Ralph Waldo Emerson, Thomas Edison, Kant and Quimby showed up on this planet. They understood the prime directive and that life on this earth is an evolutionary and transitional process. None of these individuals had any use for dogma or stagnation. What set them apart from the rest of society was their desire to live consciously, and the willingness to trust their inner being above and beyond anything that they had been taught.

The trick is to go through every moment of every day remembering the big picture. Becoming wise and aware, we learn to be conscious all of the time instead of living life through old patterns and habits. Part of living consciously is knowing what we do comprehend and what we have not yet grasped. It's knowing when we are centered and balanced and when we need reinforcement. We must be willing to say, "I don't really have a grip on this, so I'd better listen to that tape or read this book or watch that sunset." Living consciously is the only way to ensure that we are moving in the most expedient manner toward where we want to go.

This is a marvelous planet for people who accept responsibility for their lives and refuse to be victims. Planet earth will be a literal garden of Eden for those who are ready to define for themselves what their bliss is and follow it. What separates the masters-in-training from the masses? The masses are saying, "I can't quit my job because I owe too much money" while the m-i-t's are declaring, "If it doesn't feel good, I'm not going to do it." If you continue to do anything that doesn't feel good, know that it is your choice. If you choose to remain in incompatible situations, that is also your choice.

What excuses do we use for remaining a victim? We are totally free to do anything we wish. We may choose to be a victim but we should at least do it consciously. Say "Today I choose to be a victim. Isn't that wonderful! I'm going back to that job I hate." Or "I'm going to be a victim this afternoon. I don't want to go to so and so's house. I don't enjoy them, but I don't want to hurt their feelings so I'd rather be a victim."

If we will truly live consciously, we will not have to alter our behavior in any way that would be too frightening or uncomfortable. Let's just be aware of what we are creating for ourselves and the patterns that we are setting for the planet when we allow ourselves to be victimized. The instant we choose to be conscious in every moment and aware of the choices that we are making, our lives begin to change. Within a few days time we will have discovered a number of ways to shift out of victim roles and into stress free roles.

We are only uncomfortable when we try to fool ourselves by saying that we do not have any choice. When we put up with things that are less than blissful for us, next year we will still be facing the same choices until the day comes that we say "I quit!" Then we will recall what that guru said about detachment and surrender. It is the only way to freedom.

We must decide whether we are following peer pressure and the traditional ways of doing things or if we are following our guidance. When we weigh it out, we will quite often opt to follow society's ways for a little while longer because it may be more comfortable than just leaping off the cliff into a new way of life. That is okay. It is a slight delay in time, but it is okay as long as we do it consciously. Simply say "Yes, I have opted to follow an old pattern because in my present state of awareness I believe that it will give me a higher comfort level." Eventually we look back and say, "Oh God, why did I wait so long?", and we move on.

Every day that we live consciously we discover more things that do not feel good. That is wonderful! Our pain is our key to freedom. We find out perfectly through our pain what we are no longer willing to put up with. We cannot let go of something if we do not recognize that it exists. As soon as we recognize it and drop all of our excuses for keeping it, we will have moved one step closer to becoming totally free. When we look at the Piscean Age of regimentation and the days of the blind leading the blind, we can see clearly that the earth desperately needs individuals who can go directly to God through their own inner guidance.

We can use the power of our will to choose peace in every moment instead of reacting to things around us. That means that if the car has a flat tire, we have the choice to say "I deserve nothing but the best, so this must be the best flat tire in the whole world." That will reclaim all of our power and erase our sense of victimization. The function of every flat tire has always been to make entities aware that a tire does not hold the power to make them unhappy. As we learn to not hold energy about a tire, the ego protests, giving us a list of the consequences. "First of all, you are going to be late and so and so will be very upset with you." We are free to declare that we no longer buy into those lists. How could anything in God's universe be late anyway? How could anything be out of order? It simply means that we are going to arrive at our destination at a different time and therefore some magic is going to occur. Great!



Whatever we hold in mind we create, so anticipate that everything that occurs in life is creating magic.

While we are looking at fear as an excuse to hold on to old patterns, let me say that no entity has ever experienced fear in the present moment and no entity has ever experienced guilt in the present moment. All fear is directed towards the future, while guilt is a reflection from the past. Therefore when we focus on the now, we will never experience those emotions. Fear and guilt are the only two states of being that have prevented mankind from seeing its true nature.

## **Psychic Memory and Vision**

I have an acquaintance who was declared mentally retarded as a child and put in special schools for the mentally impaired simply because he did not shut off his connection with other levels of reality soon enough. He had many invisible playmates as a small child and, as he grew older, he kept right on playing with them. They would occasionally even bring him small gifts. It was a particularly strange experience for his family. His doctors said, "Well, Alex is not all here so he must be retarded." Today he has earned three PhD's and he still does his psychic work. He does out of body exploration for the police department and finds missing children. He is the one who is normal while the rest of us try to please our parents.

Every one of us has memories of our existence before we were born. Sometimes these memories leak from the subconscious into our conscious minds. What happens if we came from star system thirty seven Z in the fourth left hand domain of universe Magicaleven? What if we try to live life the way we remember it from our previous experience? Nobody wears a mask over their feelings where we used to live. Every being is totally telepathic and open and honest. If we function like that on this planet, we get severely battered about the head and shoulders by our peer groups, family and teachers because we are so different.

On earth, we must learn to conform. So for our own survival we begin to shut down. We say, "Wait a minute - I'm not going to tell anyone what I know or what I see. I am going to back out very gently here because I don't want to spend the day being punished and sitting in my room. I'm going to act like a normal human being." How many of us have done that for our own survival? Then twenty or thirty or forty years later somebody comes along and says, "Tell me what you know." We will have been conditioned to say "Oh no - you aren't going to beat me up. I don't remember any of that cosmic stuff."

I can recall my own experience as a child. I was visiting my cousin's house and playing tag with the tree deva. I was having a ball with this little invisible gnome. He was much faster than I was. Then my cousin walked out of the house and caught me. I was so humiliated and embarrassed for playing with something that was invisible. I vowed right then and there that no one would ever catch me doing that again. I did

not see another tree deva until I moved to Santa Fe a few years ago. One day I was having a great deal of trouble getting answers, so I headed off for my favorite meditation spot. I pulled my car up to a spot where I could look out over a peaceful valley. Just as I was reclining the seat to relax, I saw hundreds of these little people. There was one coming from every tree. They were shouting, "He needs cheering up! Let's get him!" In a few minutes I was crying out, "Quit! Quit!" I couldn't stand their tickling any more, but I was delighted that they had returned to play with me after forty years. We all have the option to recall those moments in time with our special friends from other dimensions.

Can you remember those moments in your life when you were really doing your own thing? You entered that state of timeless time playing with the dolls or painting or making mud pies. It was as if the rest of the world disappeared. Those moments were a preview of what you are to attain in this life. You have the option to live in that state forever because you create your own reality any way that you choose to do it. You may create adventure, exploration or gut busting laughter. You may have anything that you desire in your version of bliss.

## **Drama is Familiar (Safe)** **Bliss Is the Unknown (Fearful)**

One of the things that is important to remember is that perfection will not be boring. We sometimes fall into the trap of inviting drama because of the false belief that nirvana would not be exciting. When we live consciously we will become aware of what a draw drama is. If we see a dramatic situation at work, do we walk off as if it did not exist or do we move directly towards it so we can get all of the details? How can we stay in touch with the light when we are involved in the drama?

The *Course in Miracles* tells us to simply choose peace. If someone is about to punch you in the nose, are you going to choose peace? If the bank is about to repossess your home, will you make a drama out of it or say, "Oh well -- it's just a house." It sounds amusing, but in truth it is a choice. Most of us would get very tense and uptight if they came to take the house. We forget that we control our own bodies and their responses. We are choosing our emotional state in every instant of our life. Because there are no victims, we do have the option of choosing peace.

Most of us are not really sure that we want to give up all drama just yet. "Does that mean that I have to give up the rest of the basketball season?" It doesn't mean that we have to give up anything. But we will have to change our perspective if it is our desire to become free. There will no longer be any winners or losers on the court - there will just be individuals exceeding their previous limits. Basketball is a wonderful teaching tool. From the athlete's perspective, if she can jump higher or move faster than she has ever done before then she has made progress toward being unlimited. From our perspective, we want to see God playing with God and nothing more. The sole purpose of the athletes on



the court is personal growth. Until we can see it that way we will remain trapped in our own web.

When a person begins to follow his bliss and believe that he no longer has to conform to the authority figures in his life, there is a period of time in which it appears that he has screwed up royally. Our family and friends are the first to tell us so. They will tell us that we are impractical and that we cannot quit our job or leave our spouse just like that. It is a transitional period that will scare the hell out of us but after a brief period of adjustment an amazing thing happens. When we stop playing the game according to old rules, we discover that we are not going to be destroyed. Here we get a taste of the truth: it is possible to end struggle for all time.

### **"Trust", There's That Word Again**

Awakening souls decide at some point to trust the universe totally. Trying to attain cosmic consciousness in tiny steps is too frustrating. Hopefully all of us will decide that this is the lifetime to jump into the abyss. That step has to be taken sometime. Fortunately the universe is very benevolent and very much on our side. If we will allow our transitions to be fun, then they will be. The universe is so loving that it will succeed in breaking us of our limitations one way or another. But cosmic law states that we always have an opportunity to choose the easy way. That is what is happening when we get the urge to quit our job or make other changes in our life. We know when a different use of our time would be more fulfilling.

Thoughts held in mind outpicture. When we become objective observers of our repetitive thoughts we see what experiences lie ahead. If we have been complaining about the job and saying, "I don't want to go to work", the universe will set it up so that we don't have to go to work. So why not resign before we end up in surgery, get fired or the office burns down? A smart thing to do would be change the "I don't want to go to work" thought into a "something much better is coming my way" thought. The universe doesn't judge the quality of our thoughts. It merely manifests them.

A typical response that people have to the universe's nudge is "Oh, but I can't just quit! I'll go broke! I won't have anything to eat! I won't have anything to do. I just can't do that because if I don't work at this job that I hate for the next twenty years, they'll take my house away!" If the house seems threatened, resist not. Just say "Good-bye, house. It was a good home, but I am on the path to freedom." Resistance creates deeply painful experiences. It is all just a lesson and if your house or your property is in danger, be willing to say, "God, it's yours. I don't need it and I don't care what happens to it." If you really mean it, by tomorrow everything will be fine. If you choose to worry about it, by tomorrow things will be worse.

"Thou shalt have no other Gods before me" was a warning that cosmic law will produce for us in the physical plane those things that we give our attention to, for they are our gods. If we believe that our peace of mind and our happiness comes from our house, it has become our God. A house makes a lousy God that can only bring misery. If we are aware that we create for ourselves, why would we want to hold on to our misery? It is simply because we do not believe that the universe is friendly, and we haven't yet learned to trust that something better is going to take its place. Society will always say that if you do not do that which you hate, including all of the paperwork that goes with it, you will go bankrupt. Did any of you see Willie Nelson standing in front of his house while the Internal Revenue Service padlocked the door? He said, "Now I remember what felt so good about being so free years ago." There is an aspect to the teaching of detachment that is quite important to keep in mind - that which you release voluntarily will not be experienced as pain. It is only clinging to what we "need" which causes the pain. When we jump into the abyss we release everything. If there is no fear of loss there is no pain. We trust God will take care of us and lead us where we want to go.

It helps to know in advance that we may experience a few stumbling blocks along the way. Sometimes we think we have released something when we have only done part of it. Your car might get stolen a few times like mine did or whatever is your equivalent of that. We so fear the pain that blocks may bring, that we want assurances and guarantees up front. We want to say, "Okay spirit, if you bring the money I'll jump" but invariably the answer will come back "Wrong! You make the commitment first and then you will have the money." If you got the money first you would not learn anything. Any individual could do it that way, but only a master would go ahead and leap when there is no evidence that it could be done. Mastership is believing yourself to be so in tune with the universe that all of your needs will be met. As a word of encouragement, I would add that miracles are the natural state of being. "When miracles do not occur, something has gone wrong", as *A Course in Miracles* states it.

## **Letting the Universe Fix Our Limitations**

Many years ago I worked at American Airlines. I spent most of my days there enjoying the airplanes and being happy. I learned not to share metaphysical talk with people too much, but one day an engineer friend of mine approached me. He was a high stress individual who was all business. Out of the blue he said to me "You are the happiest human being that I have ever known. Could you teach me how to be that way?" Three weeks later this man had a heart attack and underwent a triple bypass. The universe answers all requests perfectly, regardless of the appearances. It was teaching this man how to become happy! The hospital that he went to had a new program for heart attack patients that

focused on changing their lifestyles. It taught him that he was engaging in "type A" behavior and that if he did not wish to experience another heart attack, he would just have to learn to enjoy his family, take more time off and sit by the lake. When I talked to him weeks later he said, "I haven't felt this happy in years."

I didn't make him happy even though he ask me to. It is the universe that answers all requests, no matter to whom the request was directed. Whenever we know someone who is working on a difficult issue, the best thing that we can do is to send them unconditional love and unconditional support. We can't fix anyone, but the universe can.

The reason that we do not buy into anyone's drama is because we understand how consciousness creates reality. Never again should we commiserate with someone who has a problem. Up until now when we were approached by problem oriented people we probably responded as society taught us, saying, "Oh, you poor thing. That is so horrible that your husband had a triple bypass. I am so sorry!" If consciousness creates reality, then acknowledging tragedy helps create tragedy. To be useful to them tune them out even though you've been told that is rude. Do you know that people will only talk for so long when we refuse to commiserate with them? In a very short time they will go away. We can say, "Thank you for leaving - now I might be able to help you with your problem and offer you true support." Some of you may be telling yourself "Yeah, but if I do that, I will lose my friends! All that we have ever talked about was how bad it is!" That is correct. If you want to follow your bliss and save the planet you will have to release those friends.

In truth no one is ever lost so it is silly to worry about losing negative people in our lives. When those people call us on the telephone to commiserate, we are tempted to say "Oh, but I don't want to hurt their feelings." Please hurt their feelings! If we love them we will say "I have no time for you now." Are we willing to do a whole other lifetime simply because we don't want to hurt their feelings? It isn't worth it! The next time around they will still be calling us until we say, "I am sorry but I have no time for misery. I don't believe in drama anymore. It is not something that I can accommodate in my life. I am too busy following my bliss."

## **We Can Accept the End of Drama**

We have all experienced stressful lives and traumatic events. If we are growing spiritually we have to accept the fact that hard times must end. Some people actually find themselves floundering when things are too good. "You mean I can really do anything that I want forever? Well, what will I do with myself now?" Take a few minutes and review what it is that you have been studying and training for throughout the last five hundred life times. There is some creative, healing, fulfilling function that you are better suited to do than anybody on earth. But we're talking about karmic training here. It has occurred over a span of thousands of

lifetimes. Now it manifests as intuitive knowing. It is not concrete so far as the world is concerned.

Because whatever it is that you are really good at is intuitive, it is not learned. You are like Beethoven. You practice, but you didn't get your gift from going to music school. Invariably, it seems, our karmic expertise lies in a field that our parents claim is not worth doing. "What you really ought to be is a doctor." "But Dad, I want to play the guitar!" "That is not responsible, son, you must become a doctor." If you turn out to be Segovia reincarnated and they will not let you play the guitar you are going to be very unhappy. You must do whatever is yours to do. But take heart, the consciousness of the planet is changing so rapidly now that it will be quite easy to find your bliss.

One way to discover your own particular life path is to practice for many consecutive days feeling your bliss. Ask yourself each morning, "What do I most desire to do today that will make me really happy?" Your bliss is not something that will be carved on a slate and handed to you on the day that God designates as your turn. Nor will the universe hand you a manual of your bliss directing you to make a one hundred and eighty degree turn from the way that you have been doing life. It will not rip you out of your home and move you to another city and then all of a sudden call you a servant of God. It will not happen that way at all. Your bliss is something that you work your way into by your willingness to give up the ought to's and should's in your life. What's left is your bliss.

Following your heart is a very risky step for most human beings, but it is the only way that individuals have been able to tap into and express their personal creative genius. Those who are recorded in our textbooks as the artists, inventors and musicians were all misfit rebels. They were people who chose to follow their bliss instead of doing what their fathers wanted them to do for a living.

The only way to liberate the planet is to liberate yourself first by following your own desire. Listen to the desires of your heart and dismiss what your authority figures and the rest of society taught you. Remember also that society has said that you cannot be a doctor unless you get a medical degree. If that were true, it would have left Jesus out in the cold. He was technically never qualified to heal anybody, he just followed his bliss.

Remember your yellow pad? Take your time in listing everything that you have ever desired to do on the first pad of paper. Write down anything you can think of that would make you happy. Include every whim before your rational mind jumps in and tells you why you cannot do that particular thing. "Well I would love to be an artist" and your ego will say "You can't paint! You don't have any training and you don't even know a watercolor from an acrylic!" Save those comments for a second pad of paper.

On the second pad you will list all of the reasons that you cannot follow your bliss. All of the ought to's and should's from your parents and your

teachers will come to mind. Write down every reason that they give you. Write until you feel satisfied that you have exhausted the two lists. As you read the second pad you will recall the miserable state of being that all of your authority figures exist in. Then burn the second pad. You will be left with only your bliss.

When we are new at following our bliss we often question whether or not we have truly found it or whether we are letting fear motivation creep in. There is a very simple way to tell the difference. When we follow our ego, any situation will begin to feel enormously complex. That is a reminder to back out, slow down, take a deep breath and look for the light. When we find our bliss, we will be in a state of timeless time. The pressure is off. It might be sewing, climbing a tree, washing the dishes or writing computer programs.

There is not a person on the planet who cannot remember what timeless time feels like. Complexity will always contradict our bliss. It will tell us that what we have been doing is too important for us to abandon it and sit by the lake. That is when we know that we desperately need to take the time off and sit by the lake. It is a total reversal of the old way of doing things that requires complete trust and faith in the universe. Review your situation in your own mind now. Say "Well, you know what I have always wanted to do was ...but ...my excuse was..." Make the commitment to allow the universe to show you how to move in that direction now. Let your creativity flow. Your inspiration alone will contribute more than you will ever know to the evolvement of mankind when you begin to live life on your own terms.

### **Pattern Makers - Do Your Thing!**

I had a wonderful experience hearing Peter Nero play the piano with the Tulsa Philharmonic Orchestra. (A friend had given me orchestra seats.) Soon after they began their piece, Peter started wandering from the script. He was improvising like crazy. The conductor was standing there grinning and waiting for him to return to the score, but he kept on playing this magnificent music. He had never played it before. He had never even seen it before. All the while the audience was cheering him on. When I looked at him I saw a horn of plenty radiating out from the back of his heart chakra. It extended off into the heavens and all of this music was pouring into the horn and running through his body. He had no idea where it came from and if he had stopped to figure it out the program would have ended in that instant. I was sitting in that audience transfixed and in that same moment I got that at home this man's toilet is leaking! Did he care? Absolutely not. He did not have time to stay at home and fix the toilet because he had to play. He was in the flow, he was living consciously and he was following his heart's desire. When your bliss comes, just do it.

What pattern would you set for the rest of the planet? What would you have them doing right now? You know that most people do not believe

that they are free to do anything they want, but you do understand the system. Always keep in mind who you are and recognize that you are normal, so far as the universe is concerned. The universe is full of god people for whom unlimitedness is a simple way of life. Only on school house earth do people believe that normalcy is struggle. You are here to help them overcome that belief system. When struggle has ended there is nothing but fun. It is so simple. No one was more simple than the Buddha. He laughed all of the time. He made it possible for other entities to attain enlightenment, simply because he enjoyed his.

Having fun is your work now. It is what every master teacher has tried to get people to do so they too could become free. The purpose of all the activity in your life is enjoyment. That, incidentally, goes along with saving the planet. If you are ecstatically happy, who is going to pick that up? Everybody! And no one has to be in your physical presence for it to rub off because we are all attuned to your telepathic presence. If you do only that which is the most fun for you to do, you will bring forth inventions, awakening, inspiration and healing. You will have the planet so charged that there will be no stopping her until she goes up in lights! But it will only happen when you make the decision to follow your bliss. Blessed are those who no longer ask permission to be who they are, for they are the saviors of the planet. And that is the way that it really is.

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## CHAPTER 6

### KARMA

#### Groundhog Day

Did you happen to catch the movie Groundhog Day? In this movie Phil Connors, played by Bill Murray, is a weather man sent by his TV station to cover groundhog day in Punxsutawney, PA. Though it is obviously beneath his dignity to report on a rodent observing its shadow, he has no choice if he wants to keep his job. Grumbling, griping, and moaning, he plays the victim role quite well. After all it's only one day and then he's outa there.

But the next morning he awakens in the same bed, to the same alarm clock, on the same day, to face his victimization all over again. And again, and again, and again. Thousands of days all lived on the same stage with exactly the same limitations and opportunities. In each day Phil's belief that "this is the pits" manifests itself as a day in the pits. Many attempts at suicide are all to no avail. The next morning he awakens in the same bed, to the same alarm clock. apparently it is impossible to die no matter how desperate he is to escape. Same day, same people, same play, no matter what, no escape.

This fictional story is a nearly perfect representation of how karma (another fictional story) works. To those who have not begun to open to the bigger picture of a reality in which there are no victims, lives tend to repeat themselves very much like groundhog day did for Phil. As Yogi Bera said, "It's deja vu all over again."

Eventually Phil begins to explore the possibility of developing his talents. After all, he is apparently going to have an unlimited number of lives in which to learn to play the piano, sculpt, and memorize French poetry and Jeopardy answers. So he becomes a very talented genius, improving his skills one day (life) at a time.

Finally, though, it is his love for his show's producer, Rita (played by Andie MacDowell), that softens his approach to life. The pleasure of her company gives a different, less materialistic, meaning to life.

After perhaps tens of thousands of one day long lifetimes, each with its minuscule amount of increased ability to love, a new day dawns. When the new day finally dawns Phil isn't enlightened. He isn't the possessor of cosmic consciousness. But he certainly has a different outlook on life. And he most assuredly is ready to explore a whole new approach to living.



Those who are victims of circumstance aren't victims at all. They are experiencing the results of their belief system. When they come to see the futility of resisting their environment (their creation) then they can begin to focus on developing love as a personal experience.

No one is a victim of karma. No one is destined to receive retribution for his or her bad deeds. Those who haven't realized this tend to live groundhog day like lives however, because our thought creates our futures.

If I defend myself when I am attacked, when my buttons are pushed, I am playing a game called karma that has no end. It goes on forever. Defense demands a repeated attack. That is the law of karma. Attack and defend can literally be played until the end of time. It is not my opponent's choice as to when peace shall ensue. It is my choice as to when I walk away from the game. I forgive not because they deserve it or because it is the proper thing to do. I forgive because I deserve peace. I deserve to experience self love instead of defensiveness.

As we explore what the meaning of enlightenment and love are we begin to understand the concept of forgiveness. Forgiveness ends karmic repetitions almost immediately.

## **Karmic Debts**

Karma is quite similar to reincarnation in that it has been a very useful concept despite the fact that the popular understanding of karmic law only vaguely resembles truth. Esoteric teachings have spoken of karma for tens of thousands of years. These teachings have given us some insight into the school system and one means by which we can evolve. While the master teachers have spoken of life without beginning or end, they never told anyone that it was necessary to pay a karmic debt. Paying a karmic debt simply means making amends for something we did wrong. The wrong could have occurred in this life or another. The esoteric teachings give us a concept that we can reflect upon when we see a small child with leukemia. If we are the product of Western upbringing and teaching, there is no way that we could make peace with a "no-win" situation like leukemia. The only conclusion that we could possibly arrive at is that God is vindictive and punishing. Therefore we have been given useful stories like reincarnation and karma that allow us to believe in the continuity of life and the benevolent nature of the universe.

Living karmically is a choice we make before we realize there is a better way. We make this choice (usually before birth). because we believe that we are not yet evolved enough to wisely choose, on a conscious level, all the events and circumstances of our lives. So it appears to worldly eyes that the universe is victimizing us.

Karmic living is the lowest form of evolvment, the basest form of education of the soul. In the biblical analogy of the human path, karma is found in the opening books where we see individuals who lived under



the rule of an eye for an eye. These individuals believed their surroundings to be real. They believed in pain and hard times. Their idea of God, if they had one, was a jealous, controlling dictator who could be displeased with their behavior. This God demanded that the sacrificial alters be used regularly. They had no concepts of reality other than ones that supported the images produced by the physical senses. Karmic law is the only option available as a path of growth for such individuals whose inner senses are completely shut down.

When we get to the last books of the bible, evolved beings have traded karmic learning for grace and inner revelations. They are trying to understand that we all volunteered for experiences that will expediently wake us up. The object now is to shift from a path of victimization into understanding.

With every unpleasant lesson that comes our way, we have two options - we may choose to go through the experience (which is called paying a karmic debt) or we can gain the understanding without the necessity of going through the experience. Saint Paul called this grace.

Karma is for people who are asleep, people who have no concept of the big picture. But mostly karma is for people who believe they are not connected to other people. The only way these folks can learn that they harm only themselves when they kill another person, is to return to the scene of the crime on another day, or another lifetime, to be killed. All masters taught the golden rule. If folks can learn to "do unto others...", their karma contains no tragedies.

The purpose of every karmic lesson, be it drug addiction, poverty, illness or abusive relationships, is to ultimately teach us to be impeccably happy. The system is so perfect that it arranges these lessons for us to help us gain understanding.

Soul growth is required to evolve from this school in 3-D to the more beautiful realms of 6-D, 10-D or 100-D. So we don't desire to seek the end of growth just yet, but we definitely don't want any more painful surprises. We want to shift from external motivation (pain, karma) to internal motivation (vision, cosmic awareness).

What do you think happens if we gain the understanding through enlightenment rather than pain? Does the universe say "No, I'm sorry but you have signed up for another four hundred years of drama, so you are not allowed to do it the easy way?" No! The universe says "You are done. You have now graduated." When you are willing to see the purpose of the lesson and what it is teaching you, then you are through with pain and struggle.

Karmic learning is only possible for those who react according to old programming. Karma only works for people whose buttons can be pushed. If we will simply choose peace in the face of every confrontation, we will avoid the pain that used to come with every karmic lesson.

Most people in our society spend a lot of time in denial about the problems in their lives. This comes from our upbringing. Societal belief is

that people with big problems, such as alcoholism, bankruptcy, kleptomania, or poor self image, are less than respectable. But spiritual students are aware that everybody has problems. Or as Patricia Sun says, "your garbage is your ticket in."

Spiritual students look forward to challenges. The challenges (lessons) are also our ticket to freedom from pain. They are our only ticket to freedom from pain. We don't want to avoid lessons and we don't want to avoid growth. But we do want to avoid pain. That is the issue. Pain is not required, growth is. None of the master teachers were talking about avoiding lessons or growth. And they can't do it for us. There is no vicarious enlightenment. They were talking about learning to enjoy the trip. Enlightenment is a very personal, very pleasant, adventure through time and space.

### **Karma Equals Fear Equals Guilt Equals Karma**

Most people on the planet are unaware that life is a series of lessons, or that they have a choice not to accept the belief systems of the world. If we come in here totally asleep, it is very appropriate for the leaders of our tribe or village or country to tell us that our body has value and that we should not allow it to be destroyed. "Don't go play with the lions because they will kill you! Don't jump off the cliff because you will die!"

At that point in our evolution, fear was a necessary ingredient or we would not have stayed in school long enough to learn anything. Second, third and fourth graders, cannot exist without fear. We have all spent thousands of lifetimes in which fear was good and its presence kept us alive. Then one day someone came along and said, "You are a twelfth grader now so would you please forget everything that we ever taught you?" "What do you mean? My fear is so programmed in this deep unconscious mind that I have no idea how I could possibly release it!" The Aquarian Age teaches release of fear. It is the time when we see the true nature of karma as being fear and guilt motivation. Now we learn that karma is a valid teaching tool in eleven ages, but not in the Aquarian Age. Those who would be the pattern makers for the new way of living must release karma before they can teach karmic release. We must walk our talk.

### **My Cause Is My Karmic Path**

What has the main compassion issue in your life been? Why are some people anti-cancer while others are anti-destruction-of-the-rain-forest? Why isn't everybody against the same thing? Is it really any worse to have holes in the ozone layer than it is to have acid rain? Have we ever considered why some individuals are driven by a need to end war or feed the hungry or house the homeless? We rarely stop to consider that what we were doing a thousand or ten thousand years ago could be the cause of our present need to fix things. If we have any burning need in our life to fix some tragedy, that is a clue that we were the perpetrators of the tragedy in a previous incarnation. On a subconscious level, we are

placating our own guilt for the atrocities that we committed last time around. Karma is one hundred percent guilt motivation. It always brings the issue back home. We are immersed in the reality that we previously created on the earth and in our own minds.

If we have a need to protect mother earth, it may be because a thousand years ago we were the ones who violated her. Karma really is that simple. If we were once the industrialist who poured tons of soot out of a smokestack, then we are here now as the environmentalist whose major concern is global warming. If someone is an active feminist, she was once the chauvinistic male who abused or restricted women. Our present cause will always be directly related to our past abuse.

This system and its teachings are so perfect that there is never anyone to work on but ourselves. No one else ever needs fixing! Yet if we refuse to look inside, it will appear as if the atrocity exists out there, so we will be compelled to heal it, thereby healing ourselves. That is one of the magical tricks that is built into the earth school. We have never perceived anything, good, bad, right, wrong or indifferent that was other than looking into a mirror at the self.

Everything that we perceive while we are in body falls in the category of a paradox. While it is true that we have an inviolable free will, most folks used that will to write an iron clad contract with earth school. That is why our experiences may appear to be predestined and in fact they often are, but they were set up by us on a soul level and not imposed upon us by a karmic lord. If we have had heavy karmic issues in this life, it is because we set ourselves up for some drama in the hope that we could forgive ourselves for the "wrongs" that we committed in our last incarnation. When we forgive our present enemies, we forgive our past selves.

Most folks aren't ready to accept responsibility for all the tragedy they see on earth because they believe that tragedy is real and harm is possible. 'taint so. God is love. God doesn't allow tragedy. But we need help with our perception to get that idea.

### **Shifting Our Past From "I'm Guilty" to "I'm a Healer"**

In one of my workshops, when I began to speak about the way this earth functions, a woman started crying as I got to the part about the illusion of tragedy. She was unable to accept that idea. When I tuned in to her, I saw that she had been killed in a Nazi concentration camp at Auschwitz. She had experienced unspeakable horrors and was left with the belief that God allowed mistakes to occur and that some things simply could not be forgiven. Then I received a great story about the people who had incarnated to be blown away by atomic bombs in Japan or mutilated in the death camps of Hitler's Germany.

Being true to the karmic path these were the beings who, last time around, murdered and maimed their fellow man. We know that God is incapable of judging, but these entities in judgment of themselves

declared, "If we come back to be victimized, then maybe we will feel sufficiently punished that we can reach a place in consciousness where we can forgive ourselves." Well, these beings incarnated in droves. They were gassed and nuked and wiped off the planet. Did it really kill them? No, of course not.

When that many people die at the same time, there is a great gathering on the other side. They rented a huge hall on the astral plane and gathered to plot their revenge. These victims of World War II, having forgotten that they had volunteered for what happened to them, got together and bitched, complained and belly ached. Hundreds of thousands of them were arguing in that meeting hall when one of them stood up and said, "I know what we'll do. We'll do it like we've always done it for millions of years! Since we were the victims, we must go back and be the victimizers. Let's incarnate in the United States of America because they are going to have the most powerful army that the world has ever seen. We'll get into their militia and take over so we can wipe out everybody that we don't like. Let's get even!"

That made sense to most of them because it's the normal karmic way. The way we have always done things. Finally another person stood up, approached the microphone and said, "Wait just a minute. What if we incarnate as a group, but instead of being militarists we go in as pacifists? We can be flower children and paint smiley faces and rainbows on everything and put flowers in gun barrels! Maybe that will break the pattern that has gone on for millennium after millennium and we could have an opportunity to experience a little peace." The debate between militarists and pacifists raged on for a year. In the end quite a few of them agreed to give peace a try. "Okay, we'll go in and refuse to fight. They'll try to intimidate us and manipulate us because that is the way that the planet functions. They'll put us in jail if we won't fight, so we'll go to jail or we'll go to Canada."

When that many entities incarnated at the same time and held in mind smiley faces, rainbows and flowers, they irreversibly impregnated the telepathic pool of consciousness with peace. They absolutely guaranteed that peace would win out and that there would be no nuclear war here for the next million years. More than any other single group in history, those entities guaranteed that we would cross the cusp from the Piscean to the Aquarian age without the sinking of Lemuria or the destruction of Atlantis that usually occurs at this time. When I recounted this story to the woman at my workshop, her tears flowed. She said that she had been thinking about killing herself for months. Now she had a great sense that everything was okay. By altering her perspective, she went from believing in tragedy to realizing that she incarnated to prevent World War III. She recognized that she was a savior. We are all saviors.

## **Guilt Is Limited Vision**

Let's look at where we got some of this guilt that we are now trying to release. Every personal trait or habit that we now hate ourselves for, saved our lives somewhere in our karmic history. You will see in retrospect that anything you now feel guilty about was one of the greatest growth experiences that you have ever had. It succeeded in altering your awareness. We want to continue to look for ways to realize that no behavior that we have ever had was inappropriate. God would not allow that to occur. A God whose main definition is love would not allow a system where guilt was justified. So in truth you have never made a mistake. Nothing exists outside of love, so how could we have done something that was right or wrong? We either chose love or we chose love, even if it didn't look that way when we viewed the situation with our five senses.

In theory we know this to be true, but we still come back to, "Yes, but I was not the only one involved! My behavior hurt that person and that has got to be inappropriate!" Well, it might have been if that person had not paid good tuition and written into their class schedule that they were to be battered by you in order to remember their lessons for this lifetime. If you had not experienced the conflicts, disagreements and arguments in exactly the manner that they occurred, you would have denied the other person and yourself the most expedient growth that you had available. Both of you would still graduate eventually, but you would have had to find someone else to fight with.

Do you know what happens after we have all maimed and killed each other? When we are all dead we have a cast party! "Hell of a good play, folks (literally.)" "I really killed you good, didn't I?" "Want another beer?" It would be very easy for us to go to an elementary school and find a child who is crying because the teacher was making him do his spelling lesson. While we would have compassion for that child, we would not take the lesson away because we understand what it is all about. It is the way that individuals choose to learn here. It is the same in the game of life. All of those people with whom you have exchanged angry words or been upset or had a conflict were spelling teachers.

If we had the power - which we do not - to take away another human being's karma, we would not do it. If we could arbitrarily remove (as opposed to heal) their pain and struggle do you know what they would say to us when this lifetime is over? "You son of a bitch! I was about to graduate. I paid all that money and did all those years of college and just when I was ready to take my final exams, you destroyed them!" The earth is about growth and education and learning and the system is perfect just the way it is.

The truth is that all karmic debts are nothing more than a divine opportunity for better understanding. We have such a clear perspective of the school system that when our own child comes home with an assignment and wants to go out and play, we become the big, bad, mean parent who says no! We say "sit down and do the work first", because we

can see what that knowledge will do for the child. When we can see that on a soul level a person has said, "I must have that experience to forgive myself for the things that I have done in the past" do we want to say, "No, I'd rather see you suffer in your own guilt for the next ten million years?" We must release our need to remove another person's karma, particularly if it is our spouse or our parents or our children. They knew what they were doing when they enrolled. We can't fix our family or friends by pointing out ways that they could change for the better.

### **Healing Instead of Fixing**

Of course there is a conflict within us when we see someone close to us experiencing the results of their karma. We know that we can't fix them. Fixing someone means we want them to quit hurting so that we will feel better. To be healers we do that which will let them gain the understanding that goes with the experience without having to actually go through the experience. Only the universe can impart understanding. We can assist the universe however by holding the individual in a sacred space of pure love and light, without judgment as to cause or outcome. We can help people out of their karma.

### **Bodies, Habits, Likes and Dislikes - All Karmic**

When I was the interim minister at a Unity Church in Tulsa, a woman in the congregation introduced me to her daughter and asked me to tell her that she should quit smoking. I tuned in and told the daughter that if she quit smoking at that point in her life that she would likely die. The daughter had just gone through a divorce, lost a child and endured several other traumatic events. I could see that the one and only stress release that she had was inhaling and exhaling on her cigarettes. It was a form of meditation for her. I told her that she had better continue to do that deep breathing if she wanted to survive. All judgments that the ego makes about other people's habits and behavior are in error.

About thirty percent of the bodies that I have tuned into do not have any problem with smoking. It does them no harm whatsoever. It is all a matter of how our belief system has conditioned our bodies. This conditioning is ninety percent karmic. We can never know how our subconscious views our habits until we look with our psychic vision. Smoking used to be a sacred ritual for the native American Indians. If you want smoking to be a holy act for you, take that pack of cigarettes between your hands, take a deep breath and say, "I bless and energize this sacred tobacco for the nourishment and healing of my body." You have the power to do that with anything, be it chocolate, wine or cigarettes. Do not smoke a single cigarette that has not first been blessed and dedicated to the health and well being of your total self. Cigarettes will then invigorate you and help you be alive and dynamic, or they will disappear from your life without any effort on your part.

We must see the magnitude of our own power. We are not victims of habit, addiction or karma. In the blink of an eye we have the power to



transform anything when we refuse to resist it and refuse to see evil in it. There has never been a cigarette that was not a miraculous creation. Can you turn a seed into a tobacco leaf? That sounds like a miracle to me. Everything can be seen in that light by changing our perspective. Coming into our own personal power requires that we take responsibility in this lifetime for ourselves and that which we have created. That is equally true for the negative things and positive things that have occurred in our life. If we believe that the universe created those experiences by chance or circumstance, then we are acting out the role of victimization and entrapment. We must perceive instead that everything that was painful, as well as beautiful, in our life was something that we inadvertently created. We are held guiltless. It is not enough to perceive only that we are responsible for every event in our life. In order to get free we must also release our guilt. We have heard lectures and read self improvement psychology books and been to therapists and they have all said that our guilt was not justified. But most of us will absolutely not believe it! We have forgotten the one thing that is essential to getting free of guilt - time is not linear. Our karma never happened.

## **Guilt Requires Errors In Perception Time Isn't Linear**

Guilt cannot exist without the concept of linear time. Guilt may seem like the big motivator and teacher of the earth, but in truth it is merely a misuse of time. Guilt says that what is done is done. If that were true, no master teacher would have ever taught forgiveness. It would be misleading to say that we could be forgiven unless all time is simultaneous. What we believe that we did wrong never even occurred. Most therapists won't take it that far. They can be very helpful in enabling someone to handle their guilt, but what they are doing is not always in alignment with truth. Many of them are teaching patients how to wrap up their guilt, keep it under control, and confine it to a particular area so that they can get back to leading a useful and productive life.

Most therapists believe that we really did the things we did. That will not eliminate the problem. If the past was really past, there is no way that Lazarus could have gotten out of that cave. If time was linear, we could not heal anything from the past. We would be condemned to guilt eternally and forgiveness would be meaningless.

There is only the present moment. If we project love to old situations in the here and the now, that will lead to the elimination of all of the guilt that we have ever had. It will literally recreate the past and the future in that instant.

If we look with our psychic vision at the many incarnations of Jesus, we find that this guy was perfect. He never did anything wrong, he never hurt anybody and he never made a mistake. Yet he told me that while he was doing those lives, he had anger, he molested people and he even

murdered people. How could that possibly be true? When he finally came to his senses, after many lifetimes, he recreated all of reality by seeing only love in the present moment. He healed all of his past "errors" and guilt to the extent that they no longer exist in any record book in the universe.

Our awareness supersedes the limitations of time and space and we can therefore alter those past life experiences in any way that we choose. That is why "perfect" beings like Buddha and Jesus can literally exist in our histories. You and I and all of our classmates will eventually end up "perfect" also. As our vision continues to see more and more of the big picture, we will come to see that we have never made a mistake.

### **Living Non-Karmically Takes Practice**

No individual that we have ever known or probably ever will know has the ability to grasp and apply truth in their own lives without first doing a bit of work. If you walk up to someone on the street and say "Look, this is the way that the system works" they will not be likely to respond by saying "Great! Now I am free and I am a master. I can walk on water, raise the dead, levitate and float through space." It doesn't work that way because of the depths of our subconscious programming.

There is no one who understands how to alter consciousness better than Madison Avenue. They go on results. If they don't get the desired reactions from you and me they will soon be out of business. They understand that it is not possible to run the beer commercial one single time, take it off the air, and have the expectation that people will continue to buy that particular beer. Madison Avenue has mastered the process of spaced repetition. It is a concept that succeeds quite nicely in altering the subconscious beliefs, including spiritual beliefs, of human beings.

If the average individual is reminded over and over and over again about truth, it will only take them about ten lifetimes before they finally say "I've got it! I don't need to slip back into that drama again!" When we see the big picture, we become self empowered and there is no way that we can become ensnared in any trap that the earth would put us in. In the meantime, let's be kind to ourselves and when we do slip into a trap, acknowledge it. Admit that our behavior was based on an old pattern and although we don't like the way that it feels, let's acknowledge that we saw our error much faster than we did the last time.

We are making progress toward our own enlightenment. Each time that we stumble, we recognize the old pattern more quickly. Eventually we will see it coming before it occurs and then we will have the choice to not fall in at all. Every time that we remember to live consciously we raise the group consciousness of planet earth one notch. That makes it infinitely easier for everyone to get it right the next time. It is, in effect, the hundredth monkey syndrome. When enough of us can see the choices



that we are making clearly, we will all experience spontaneous enlightenment.

## **Watch Out! Here Comes Instant Karma**

Karma is love because it fulfills an individual's request for rapid enlightenment. In ordinary times on planet earth it is difficult to convince anyone that karma exists. An eye for an eye and a tooth for a tooth is not something that folks could relate to when the first eye was in this lifetime and the second eye was in a different lifetime. They could murder people and walk around thinking that they had gotten away with it. They could not see that they would return to earth to get murdered themselves the next time around. The energy that surrounded this planet was so dense that it could be several lifetimes before things came back to us. We needed that grace period to survive.

If you let the average barbarian consciousness loose in a system where there was instant karma, mankind would have been wiped out in a very brief period of time. Now that the veil is lifting and we are coming into a more loving space, the time delay is less and the system teaches in a more concrete fashion. Karma is about thoughts, not deeds. Thoughts and feelings thrown out now return within minutes, hours or days instead of years and lifetimes so there is a far greater opportunity to see the relationship between cause and effect.

## **Karmic Lessons Are Good Teachers But There's An Easier Way**

There is only one way to get off the wheel of karma and that is to choose to be happy in every moment. That eradicates all karma. If we feel guilty about something that supposedly occurred in the past, then we are holding in mind an error. That will create another encounter with error, another trip around the cycle with one more karmic debt to pay. We tend to look for techniques to get us off the wheel based upon our old ways of doing things. We keep looking back and saying, "I have to pay all of my debts (learn all of my lessons) and then I will be free", but that is a never ending process. As Einstein said, "a problem can't be solved from the same consciousness that created it." Looking for ways to correct the past or to correct error can never correct the past or correct error. Jesus said to not look at the error, rather "let thine eye be single, fixed on God." We may have had a need to understand what we did in a past life that made us believe that we had to experience all of our current dramas in order to forgive ourselves. That is an interesting and sometimes useful game, but it is a karmic game. The way to break free from the karmic wheel is to declare that we are already free! If we continue to blame others for our predicament or try to fix people or play any other separative, karmic game, things will get very painful very quickly. It will get worse by the minute until we scream, "I quit! I quit!" When we refuse to play the game, the game ends.

Instant karma is approaching, it is normal in the Aquarian Age. Those who have not released their grievances will find it difficult to survive in the new age. Those who choose only loving thoughts will find earth to be heaven. What we put out telepathically comes back as the only reality that exists for us.

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## CHAPTER 7

### HEALING

**This is chapter 7 in the book *No Time For Karma, Alternative Healing*.**

In Western civilization there is a great stigma attached to admitting that we might have done something "wrong" or created a situation that is less than desirable. This makes it difficult to discuss a topic related to creating our own realities. It feels like guilt is being imposed.

However, while it is true that every experience in our lives has been created by us, the cosmic perspective shows that not only have we never made a mistake, we have in fact merely been on a exciting, rewarding journey of ever increasing understanding. It is because we now have greater understanding than we did a thousand or million years ago that we desire to alter our path somewhat.

When a person is in the midst of a health crisis or any other kind of crisis the cosmic perspective is usually the last thing on their mind. They don't want to know how the problem got here, they don't care in which life they erred, they just want the problem to go away. Actually that is a healthy point of view and it is the very point of view that will allow a correction of the situation to be made.

The master teachers didn't advocate analyzing one's problems. They preferred to go directly to the solution. The solution involves holding the truth of our being in mind as opposed to holding the problem or its cause in mind. Remember, to create and maintain a situation which is contrary to the natural state of being requires constant effort on our part. We must be constantly reaffirming our dislike of a situation in order to keep it around. When we release our attachment to the problem or to the cause of the problem (all causes are in our mind, not "out there") healing is the result. That is nature's way.

There is nothing on this planet that cannot be fixed by directing the power of the mind. Corporations, organizations, relationships and physical bodies are not outside the realm of cosmic law. They can be readily healed by applying cosmic principles as revealed by the masters. It is only when we try to do things by the rules of our society that we run

into walls. We will continue to come back to any problem until we choose to resolve it by invoking cosmic law.

If we have a health problem, we are not allowing ourselves to experience the natural state of being. Every part of our body is designed to work perfectly without the need to pay any attention to it. The only thing that can cause our bodies to function otherwise is if we focus on life in a constricting manner. That cuts off the natural flow. In our society there are many ways that we constrict ourselves. When we allow ourselves to feel tense and stressed, everything in our reality experiences restriction, from the blood flow in our veins, our relationships, to money and our personal freedom.

## **The Cause of Dis-ease**

Dis-ease can have several apparent causes. Whatever the cause, it can be viewed as an opportunity for soul growth. Let me over simplify once again by saying that there are only two reasons that we may have dis-ease in our bodies, minds or affairs; conscious and subconscious errors in our belief system. First we may have a karmic commitment. Karmic choices appear in this life as characteristics that we "have no choice" about. The bodies we chose, the color of our skin, physical and mental handicaps are karmic choices. That is, before we took physical form we and our guidance counselors might have decided that our most expedient soul growth would occur if we were forced to stay focused on overcoming a handicap throughout this lifetime. To ensure that we would continuously be searching for ways to overcome limitation, some of us chose deformed bodies or genetic defects that would act as constant reminders. This kind of problem is rarely "healed" during the lifetime, at least not from the perspective of our five senses. I have however, investigated some of these persons after they have left the physical dimension and I found that they have made much more progress, soul wise, than their non-handicapped friends. Very expedient. Handicaps are not a tragedy. They are, instead, usually a wise choice made by a soul who was impatient to complete his or her schooling.

Mental retardation and autism are also karmic. That is, they were consciously chosen as good teaching tools before birth. These handicaps may fit in one of two general categories. If the last life that the soul completed was experienced as overly traumatic, a person may be doing mega-denial, which can have the appearance of being autistic or "the lights are on but nobody is at home." I have heard of cases where the past life history of an autistic child was investigated psychically, revealing an unbearable trauma. When the child was forced to watch a play in which the trauma was recreated as accurately as possible, the

child began to have emotional responses and soon began to respond to love and therapy, eventually returning to a normal life.

Mental retardation can also be a wonderfully easy way to keep the distractions of the intellect out of the way. Karmically speaking, many retarded individuals have felt on a soul level that they were getting hooked on the intellect. Mental retardation can break a pattern of over emphasis on intelligence and quickly return the focus to nurturing and love. Again, very expedient.

Some of the most enlightened beings on the planet today are those that we call retarded. What a wonderful way to avoid the pitfalls of the intellect. It is a magnificent experience that allows an individual to focus solely on love and compassion. They are never distracted by the educational system or Wall street. Mental retardation allows entities to do rapid balancing. If you think that you overdid it on the intellectual side in the last few lifetimes, just pull down enough shades to be considered mentally impaired and come bouncing right in.

Schizophrenia, as well as mental retardation, is a very enlightened state of being despite the fact that we have analyzed these afflictions with our five senses and deemed them to be unfortunate.

The second general cause of dis-ease has to do with errors in our belief system that we have picked up in this lifetime. When we believe that we are separate and that we are victims of other people and outer conditions, we often direct so much energy in the direction of the problem that it takes form. We can really believe that someone is such a pain in the butt that we develop hemorrhoids. Cosmic law states that thoughts held in mind outpicture. When we start to grasp that concept, we realize that forgiveness has never had anything to do with giving another person our approval or admitting that someone else was right and we were wrong. Forgiveness is simply releasing our anger and resentment at what someone did to us (which is a cosmic impossibility anyway) and declaring that we would rather have our health than our anger. Books like Louise Hay's Heal Your Body can be very helpful in getting us to realize the connection between thoughts and the condition of the body.

Let's look for a minute at heredity and social conditioning. Heredity is not an objective reality. There are numerous cases of persons not acquiring the diseases of the parents. So from a scientific perspective, parental genes do not guarantee the states of health of the offspring. However, we do know how reinforced beliefs can effect our physical reality. Parental or family projection, expectation, or fear that the child will develop the disease of the parents can have a devastating effect on the mind and

body of a person who does not realize that they don't have to accept such a prognosis. Thoughts held in mind accompanied by emotion do create physical reality.

Disease can also provide a method of getting our emotional needs met, or of getting a reward. After my grandfather died, my grandmother would get sick when she was lonely. Just like clockwork, one of the grand children were assigned the task of spending the night at Grammy's when she was feeling poorly. Our society starts teaching the rewards of sickness very early. Sick children stay home from school - what a treat.

We can avoid making elderly people resort to this reward system to get love. It has been shown that retirement homes which encourage their residents to offer child care to infants of working mothers have far healthier residents than the homes where residents just watch TV or play checkers.

Also, the fear of an illness and what it can do to us can keep our attention focused on the problem instead of a solution. One way to handle the fear is to use our minds to create a fantasy which includes the worst that could happen. Death is the big boogie man. In our minds we can carry the drama of the dis-ease all the way out - - to death. In our meditation we can observe our own dying experience all the way to being reunited with those who went before us and our own delightful trip back to the light. Then we can say, "Oh, dying wouldn't be so bad." Any experience that we don't resist holds much less power to make us fearful.

If we are currently experiencing a chronic illness or dis-ease, we should ask ourselves what will happen if we do not overcome it. What would we do if we had to live with arthritis for the rest of our life? Instead of being a track star, we might have to pursue singing. We can always find alternatives. It is only fear that allows disease to remain in our life. When we can totally release the fear of our illness or our relationship or anything, then the apparent cause will disappear and we will have a miraculous healing. In truth it was not miraculous at all - - we simply changed our mind. When we alter our perspective our life will change.

If chronic illness or a life threatening condition is of concern to you, read some of the mind and body transforming books that are now readily available at your local bookstore. Authors like O. Carl Simonton, Larry Dossey, Bernie Siegel, Deepak Chopra, and Norman Sheally (all doctors) can change your life forever.

## **A Word About Death**

Death is inevitable. Everyone leaves this plane of reality sooner or later. There is no other area in which our society as a whole is in such denial. In every other area of living our society attempts to make education available to help us handle challenges. In the area of death it is not only socially acceptable to be in denial, it is expected. If one is not in denial about death they are usually considered gruesome or "not all there." As light workers on the planet, one of our tasks is to lift the veil of fear from the transition called death.

Modern scientists have been doing some magnificent work in the field of death and dying. Doctors like Elizabeth Kubler-Ross, Raymond Moody, Kenneth Ring and dozens of others have gathered information from thousands of people who had "near death experiences" (called NDE's.) The experiences of people who have been declared clinically dead before they were resuscitated, all have similarities in the sense that the experiences of incarnate beings are all the same. Each of us has our separate and unique experiences of life but we have many things in common. Bodies, not being able to fly, relationships, and so forth, are shared experiences to incarnate beings. In death, it would seem, an overwhelming sense of love, acceptance, light, peace and joy are as common as fingers and toes are to us. And the death experience seems to have very little to do with which religion, if any, a person belonged to. People who recall having experienced the light called death never fear dying again. They look forward to it. If every human being understood the message that these NDE'ers have to share, ninety percent of mankind's resistance to dis-ease would evaporate. That which we resist we retain.

When my mother was on her death bed I allowed myself to tune in to the larger reality. I gave her permission to leave without guilt - - always a very helpful thing to do when someone is approaching their death. I told her that Dad would be okay and he wouldn't be mad at her for leaving. I told her who was there waiting to receive her, her father and other friends. I was genuinely excited for her. She left without fear. The next afternoon as the family was ready to sit down to supper, it came to me to say "let's have a meditation first." This is not something that I would ever say to my Dad when I was in my right mind. Dad was, at best, a stubborn agnostic. But in his subdued state he said all right. As I started counting from ten to one in a simple relaxation exercise, he yelled out his favorite profanity, "holy pink toad prophet." When the guided meditation was over he fairly leaped to his feet shouting, "she spoke to me, she spoke to me! She said 'I am so happy here, darling!'" Never again did Dad fear his own death.

When his own time to die was rapidly drawing near, Dad had a series of dreams that he refused to share with me or my brother or sister. He would say only "It's too good to be true." Death is healing.

Here, I would like to share a portion of a newsletter that I wrote in 1986 while I was a teacher at Oklahoma State University:

Last November, I and a couple of Tulsa folks and a group of friends from Denton, TX went to a seminar in Greenwood Forest in Missouri. It was a re-energizing experience for me, at a time when I truly needed my perspective raised. Greenwood Forest is a project of Ken Carey. It is 1000 acres of cosmic peace, saved from becoming paper pulp by Ken's persistent efforts. Ken has written several books including Starseed Transmissions, Vision, and Terra Christa. He and Sherry also lead seminars such as the one we went to. The experience was marvelous for me because it showed me another step in the synthesizing of the new age energy. I see the outpicturing of cosmic consciousness more and more, the coming out of the closet of the awakened ones, and this was a magnificent example.

There are two reasons that I wanted to tell you about our time at Greenwood Forest. The first is that Earl and Marge were there. Earl and Marge are two very enlightened earthlings. Earl contracted cancer some 10 or 12 years ago. The interval of time since then has been some of the most amazing and wonderful time in many a lifetime for him.

It appears to be the case that, on planet Earth, up until we have mastered mastery, the only real progress we make is when there is pain, or least a sufficient amount of discomfort. That's the way the school works and we were aware of that before we came in to this plane. But, because our school works the way it does, it is the one school in the universe where soul growth can be done quickly. Granted, it seems slow as Hell while it is going on but that doesn't negate the Cosmic perspective of rapid growth.

Back to Earl - - Earl came to me a year or so ago, after I had done a workshop weekend in his hometown, and ask for some help in the form of channeled information about his plight. The information that came through for him was, to me at least, so exciting because it showed the purpose of life, not just Earl's life, and it showed what enormous progress one human soul can make if the commitment is there. Very



briefly summarizing what took over an hour to receive: Earl had decided that he would find out how the mind worked and see if there was any such thing as mind over matter or self healing. He explored mind control through books and teachers. His physician cooperated by carefully helping him use mind relaxants (MDMA). Earl sent his disease into remission. But in remission there is little progress. Each time that the pain returned he would enhance his knowledge of controlling his thoughts and his manifest body and send the villain right back into remission. Earl was told that through his determination, his seeking, his quest for understanding, he had done at least three more lifetimes of work in the last 10 years of this one. He was told that regardless of whether or not he was able to 'permanently' suppress his cancer in this particular experience, he would always retain his understanding that the mind is the master of the manifest realm, and he would never need to experience disease in any future life. Because he made a conscious choice to learn and grow in spite of (because of) his dilemma, Earl had stayed in this body several years longer than his original life plan had called for and had literally saved himself three or four lifetimes of work on his spiritual path. Earl died three weeks ago. Of cancer? No - - his heart quit after he had expressed the desire to leave. With his family on Sunday he made sure it was OK with all concerned and on Tuesday he left.

The following Friday and Saturday, Marge and their son and I and friends, conversed with Earl. That brings us to the second part of this beautiful story - dying consciously.

It is impossible to convey in words the magnificence of the death process for those who are awakened beings. Earl strongly urged us over and over to "tell them to die consciously." I am trying to do that here. Earl said that there is plenty of literature available on the transition process, and he said that it is accurate enough for each of us to know in advance what is coming. He urged that we be aware and awake in our minds while we enter the transition process. Earl said that the stories that we have heard (and they are true) of having to take time out when we reach the other side, of delay, of unconsciousness for some, need not be the case. By previewing the 'other side' in our own psychic awareness, we can be awake when the time comes and we don't have to lose even one moment of the precious

experience. As Earl put it, "I hit the ground running full speed ahead, figuratively speaking of course".

Of great importance to Earl's story is Marge. Together, long ago, they had gotten rid of the fear of dying. If we are to be conscious beings we must understand that absolutely no fear that we may have about anything is justified. They had even talked about how one person can help another to change levels so easily. When Tuesday came, Earl said he would like to go to the hospital, more for Marge's sake than his, I suspect. So, in his bed at the hospital, Marge talked him across. Allowing her mind to transcend the veil along with his, she could help be his eyes and help calm any anxiety that he might have. She spoke of his friends who were there, of colors she saw, of peacefulness. She held his hand. When the nurse, stethoscope to chest, said that it was over, Marge turned and cried out "We did it, we did it!" The hospital chaplain, who had just walked in the room, surely did not totally comprehend why this widow was acting more like a high school cheerleader whose team had just won the big game. But they had, they had.

So here's to Earl. I and the rest of the Human Race say "Thank you, Earl, for what you have contributed to Race consciousness". Thanks to you, living will be a little more beautiful from here on out.

The outlook for our Planet Earth is definitely magnificent, breathtaking, fun, thrilling and generally great. When we look on the mental level where the mold for future manifestation is kept, we see the wonder of the Aquarian Age, the age of love. But between the time when that mold becomes 'reality' and now, we have much work to do. As I see it, you who are the voluntary Transition Team, the custodians of the cusp, had two jobs to do. Your first job was to be here. By doing that you contributed your consciousness and your auric energy to the group consciousness of Planet Earth. By just being who you are you boosted the love/peace content of the planet to the level that you have ensured that there will be no annihilation of life here either by war or pollution or other outpicturings of fear and hate. But now that you have successfully done the first job, you must move on to the second. There is still much that will be interpreted as struggle to go through in the next twenty years. You are still the wise ones for the planet. You must be the stable, understanding one to whom

those who do not yet understand can turn for comfort and strength. And, above all, you must teach. The persons who have chosen to be here during transition and at the beginning of this wonderful new age would not have come if they hadn't been assured that there would be plenty of wise teachers available. The new students are here in droves now. You must make available to them the full spectrum of your understanding. You do not have to change your mode of expression, just be aware that more and more, the people you are contacting are new age students, even if they don't know it. Dare to share yourself with them. You are the Founders of the New Planet Earth.

To fear death is to fear God. It is to believe that the universe is not friendly, not on our side. If we are to be light workers in this school, we must share with our friends what we know intuitively to be the truth about the endless continuity of life. Mankind's greatest fear of all time must be revealed as mere shadow before peace on earth can be truly established.

### **Healing In a Dense Telepathic Pool**

Healing in any form has nothing to do with getting God to do us a favor. It is rather that we learn to open the doors. It has always been difficult, though not impossible, for any given individual on earth to defy the physical laws, to levitate, to manifest objects, or to instantly dissolve a malignant tumor. The difficulty arises because we are immersed in density. Density is another name for a telepathic pool of thought energy which is composed of fear, doubt, anger, etc. To be immersed in density and be sufficiently detached from it so as to be able to raise the dead is a trick roughly equivalent to swimming across the Atlantic without getting wet. Many thousands of souls have become sufficiently enlightened that they were able to graduate from earth school, and move on to more delightful surroundings, without having mastered density to the degree that they were "healers."

As the Aquarian Age gains a stronger foothold, the consciousness on earth raises. That is, there is a higher percentage of incarnate folks who desire to be harmless, than there has been in any other age. That means that the average level of thought making up the telepathic pool is less fearful, less defensive, i.e., the density is less. The less the density, the easier it is for any individual to make contact with the normal consciousness of the universe, which is love. As each day passes, each of us has a better and better chance of performing "miracles" than we did last month or last year. The "veil" is thin.

Because of the density, the healing you tried to accomplish ten or fifteen or twenty years ago might not have succeeded. It was not necessarily your fault. If you tried to manifest something or heal someone, you

probably blamed yourself when it did not work because you did not believe yourself to be spiritual enough to do it. It was actually just the density of the system in which you were working. Today if you will take the same level of consciousness that you had then and try again, it will surely succeed. And that is not even taking into consideration the fact that you personally have evolved and are more in touch.

It is time to be practicing our healing abilities. As a group we are so connected to the source now that it is possible to perform rather dramatic healings. We must let go of the belief that many of us have regarding an order of difficulty in miracles. The world has programmed us to believe that some things are harder to heal than others. That is nothing more than a remnant of old value judgments. There may be several things that your value system has deemed you incapable of doing. You may believe that you can remove people's headaches and bring harmony to the office by going home at night and meditating, but you may not believe that you are any good at healing cancer. That is merely because your value system considers terminal illness more difficult to cure than other forms of dis-ease. That is not at all related to truth. All healing is an equal shift in a belief system. If you will go back now and retry some of the things that you thought that you could not do, you will find that you are coming into your own power and finding your own particular form of healing.

## **Healing and the Ego**

Most of us know that the area of healing is fraught with ego distractions. It helps to review these. There is an enormous difference between fixing and healing. The ego says "I would be more comfortable if you were not in my presence with that dumb disease because it makes me feel so helpless to see you ill." Healing on the other hand says "You are the Christ! What are you doing with that silly idea? Don't you know that disease is not real and therefore not required?" That is the way that Jesus healed. He never said "Oh boy, this is going to be tough." He saw the Christ in every human being. That is all that is necessary for total transformation of any individual who is willing to accept it. Jesus never said "Well, let me first look at what you did when you were five or how well you treated your mother" because he knew that it was all irrelevant. All he ever asked was "Do you believe that I can do this" and if they answered "Yes, master, I believe" it was all over. Some accounts show that more than half of the healings that Jesus attempted didn't work. If the individual was unwilling to receive what he offered, even Jesus could not violate that person's will.

If a person's need for illness is greater than their need for freedom, they will get to keep the dis-ease. We must live consciously and be aware of the reward system that exists in our society. The truth is that there are no incurable dis-eases. The master teachers have all taught the most expedient path to achieving perfect health. They unanimously agreed

that nothing on this earth exists that cannot be altered by us through our telepathic connection to it.

## **Healing and Karma**

A question that is often asked during workshops is "if I heal someone aren't I interfering in their karma? If they chose the disease as a teaching tool, wouldn't it be a disservice to take it away?" The answer has several parts. First, not even god, god, very god most high can interfere in someone's karma. Karma is choice. Karma is one use of free will. Karma cannot be violated. There is no injustice and there are no victims. It is not even possible to be a victim of someone's loving intentions.

Second, no two people are separate. There is no healer and healee. All minds are one mind. All hearts are one heart. Oneness heals.

Separateness stresses. The appearance of separateness is dis-ease. Three dimension time space is a hologram. No one has ever seen anything on this plane of reality, be it tragedy or pastoral beauty, that was not simply a mirror. What is there to heal? Only our perception.

If you offer a healing that is in turn accepted, that is your clue that someone was ready to bypass their karma. Those who assist others in saving time are called saviors.

Every offering of healing, love, or forgiveness is useful. Love can do no harm. Every positive thought or feeling issued forth from any person's mind or heart raises the vibratory level of the telepathic pool. Healing the telepathic pool heals everything that it touches, earth, humans and the universe.

How do we know if it is our place to get involved with a particular situation? Since all that we ever see is a mirror, any thing in the world that gets our attention is an aspect of ourselves that has been trying to get our attention. Anything uncomfortable that catches our eye is trying to get us to release a false belief about it and see it from God's point of view instead. Therein lies healing. If we see the hungry in India, mistreated children or an accident in the street, it came into our perception for a reason. Our responsibility, then, is to function in truth. Believing in tragedy is definitely not in alignment with truth. We know that holding in mind an image of an abused child as being wrong can create another child getting exactly the same treatment. The masters taught us how to correct error when we perceive it. "Pray ye one for another", they said.

Every individual enrolled for their curriculum on planet earth voluntarily. Every entity signed up to take a certain amount of pain, struggle, anxiety, fear, doubt and guilt. There are absolutely no exceptions.

Everyone who comes into the earth is an abused child be it emotionally, psychologically or physically. I like Patricia Sun's statement, "No one on earth has been raised by a grownup yet." If you are looking for injustice, open your eyes. The first person that you see will be a perfect example of a mistreated individual. In their infinite wisdom when they were out of

body and connected to their high self, they knew precisely what to enroll for. Whether they die of a brutal beating at the age of two or of "natural" causes when they are ninety-five does not matter. It has nothing to do with truth. But if they come into your awareness at any point in their personal growth, that is a clue that they could use your help or insight.

## **Healing Saves Time**

A Course in Miracles tells us that there are no tragedies. But if there was any tragedy, it says, it would be "delay in time." Before we traveled to these dense reaches of the universe, we had the mind of God and we thought like God. We knew that pain did not exist and could not exist. After we exit this school system and return to our natural state of being we once again think like God. We absolutely know that pain has never existed and couldn't ever exist. And, likewise, no thought of pain or poverty or any thought unlike God exists. The only possible opportunity that souls have to believe in tragedy is during their trip through time. The only pain anyone has ever thought they were experiencing was while they were caught in a delay in time.

Helping someone through a crisis in their life is simply sharing some of our remembrance of God with them at a time when they can't see that far. Offering healing does not bypass the lesson, it shortens it. Insight or understanding which is transferred to another person telepathically, resulting in a healing, is the exact same insight or understanding that they would have gained had they gone all the way through the experience without our help. Healing saves time.

## **Pain Is Growth.**

### **Pain Is the Soul's Request For Healing**

We have no interest in taking away anyone's opportunity for growth, (which is not possible anyway) but we do have a desire to expedite their learning. Therefore our function shifts from trying to save them to being of assistance. Help always comes on the level of consciousness. That is not to say that when we see an individual with a broken arm that we will not be of physical assistance by setting the bone. If we know that we have attained sufficient awareness to heal the arm without employing a splint, go for it! Jesus probably never used a splint or a cast, but he understood the level from which he was capable of functioning.

If we do not have sufficient understanding of the healing process to get rid of our own headache, we can at least have sufficient awareness to take an aspirin. Both eliminate our discomfort and that is the object. So when we observe something going on in another person's life, our first reaction might be to take them to a doctor even though we know that the physician only works on the physical level and that he has no idea how to heal anything. Conventional medicine can buy a person more time in the present incarnation, and thereby possibly reduce the number of incarnations required to attain graduation. A great gift.

If the only thing that we can see to do in a given crisis situation is to intervene, then we go ahead, knowing that we cannot make a mistake. If our actions turn out to have been motivated by ego (fear, helplessness, etc.) then we may experience a little karma kickback, but no harm will have been done. If we believe that our actions will save some pain and suffering, we can proceed. But do not give in to the temptation of judging the pain as bad or wrong or unfair. Our usefulness is proportional to the positiveness of our thoughts. We cannot send light and love to the child or the abuser when we have judgment. We should ask for help from guidance. Love and peace are what is needed here, not judgment. We are not interested in punishing the abuser. We are interested in healing. If we remember to immerse ourselves in meditation or a similar ritual, we can once again be objective. We can visualize love energy surrounding the child, the parents and the social worker. When we do that, there is no way that a Berlin Wall will not come down. Something magical will occur. That child's path will be eased because we intervened in accordance with cosmic law. If we check back in a week, we may even find that the parent decided to go for treatment and that the warm and loving aunt came from Ohio to care for the child or some other "miracle" occurred.

If anyone we know has a challenge in their life, we can expedite a healing by going home and getting out our mental flashlight, that has a brilliant beam of white light, and bathing them in light. See the truth for them. We don't need to say to them "If you would just change your thoughts!", even if that is obvious. It would not be particularly helpful to go up to someone whose car has just been smashed and say "Well you created it!" It is far wiser to communicate the way that all of the master teachers have told us to do it, telepathically, bypassing the ego's defensiveness.

### **Remember the Big Picture**

Nothing manifests in this dimension unless it has been invited in two ways. On a soul level, the individual with the problem wanted the lesson that it had to teach, and on the level of conscious awareness, he must have had some thoughts and emotions that precipitated the event. But, it is not our responsibility to explain the process to him. We just love him and hug him and hold him like we do with a three year old child who falls down and scrapes her knee. Is it necessary to explain to the child why the sidewalk is harder than her knee or whether God is good or bad because she got hurt? The child would much rather have milk and cookies, and with a bit of rocking, the next thing we know she will be out playing again.

Our sole responsibility is to offer the healing by directing the power of our mind and then get ourselves out of the way. When we see a problem, we have the opportunity to make judgments about where it came from and what would solve it, but that information would all be wrong. We would have to know the individual's entire karmic history and karmic



future to make a correct assessment. We will not have that perspective while we are in a body. We can simply call the person to mind and state that it is our desire to be truly helpful. Then guidance will give us clues as to what to do. A word like harmony or strength might come to mind that we can send. When unclear, choose to send pure white light. Light is an energy that fosters the natural state of being.

We should not have any expectations about the healing we offer others. The timing is never up to us. We tend to offer our prayers and turn around to ask "Did it work? Did it work? I better call them again. Are you feeling better yet?" That is a great way to be disappointed because healing is dependent upon the receptivity of the other person. Our desire to be helpful is never wasted, however. It is not possible to offer a healing in this universe that is not eventually accepted. If we declare from our perspective that it did not work, that is a clue that we are relying on our own power and not the benevolent force of God. He foresees that every prayer is answered. Sometimes, getting positive feedback about a healing attempt is not helpful. Our minds might be blown if it actually worked. We may not believe that we deserve to be healers and if that is the case the universe will not violate our commitment to undeservedness. More often, though, positive feedback seems to strengthen our resolve to be healers. We can ask the universe for positive feedback so that we can continue to nurture our self confidence.

## **Healing and Psychic Ability**

Whether you came to earth as a drop-in, one who comes here only in times of need, or you are a highly evolved earth school student, a twelfth grader, you have a very developed psychic ability. We may call our psychic ability intuitive functioning, meditation or prayer, it doesn't matter. To not use our psychic tools to gather information and disseminate healing would be like deciding that all we need to get through life is one eye, one ear, and one leg. It would be a silly way for an unlimited being to function.

Each of us senses intuitive information in a different manner. There are no rules. Some people have visualizations while some experience a direct knowing. Others are empaths so they sense everything literally in their own bodies. No one is left on the planet without a means of accessing the infinite. We already have our own particular way of tuning in. The books that say that we must sit in the lotus position for seventy-two hours a week in order to find spirit are not written for twelfth graders. However we make our connection is okay with the universe. It does not matter. Many folks have flashes and insights while driving a car or hiking. Daydreaming, if it is not simply replaying tapes of old thought patterns, is great meditation. Most of us were told as children to "quit daydreaming." Daydreaming is not a waste of time. It is a way to receive great inspiration. So we can make a very useful game of it. We can ask to



receive new music, art, or inventions through daydreams. Or we can ask to be shown other planes of reality on the way to work.

We can activate our psychic eyes and ears anywhere and anytime. It is not required that we sit in our meditation chair. We may choose to tune in to someone while we are in line at the grocery store (a place where we are very apt to run into someone who needs help.) Anything that we sense, particularly of a spontaneous nature, is good information on some level and may be a call for help. We are never shown a need unless the universe has already ascertained that we have the ability to be of service. Intuitive functioners throughout history have been known as prophets. The priests and the prophets have been in conflict with one another in every civilization. The priests could only echo the words that were brought in by the prophets. The priests worked for and were supported by the king. The prophets on the other hand were always having visions and dreams of the future. They spoke of coming events that the king had no control over. Kings do not like to be rendered powerless so they have a habit of exiling or executing the prophets.

Now because we have all been the prophet in other incarnations, we have a hesitancy to get involved. We have subconscious fears that we will get burned at the stake. We are much safer in the 1990's than in our last few incarnations. We can choose when and where we are comfortable doing our psychic work. We may be ridiculed for having vision in this life but we won't be burned at the stake.

## **Sacred Places**

Some of us may believe that we would be much better at healing if we could do it in a sacred place. We can therefore be very busy seeking out all of the energy vortexes on the planet. Actually it might be easier, and just as beneficial, to create a map of sacred places for our living room. When a child has behaved "badly" and had to sit in a chair in the corner, that became a vortex of negative energy for him. When we are feeling very creative on the other hand, we may sit down at the piano, so that becomes a vortex of positive energy. The pyramids in Egypt are no more sacred than the living room couch or the bath tub. Human beings have the necessary attributes to alter energy anywhere. When we combine the power of the mind with our emotional bodies, we have the capability to create a certain mood. There are unique moods all over the earth. It only depends upon who, and what energy, was there last.

Anne and I live in New Mexico in a place that feels very sacred to us. It is an area of land that has been sacred to the Native American Indians as well. When I tune into the land, I get that it is a place where people have had fun for centuries. The land has not seen much killing. That is all that is required to make a place feel special. If there was a war in New Mexico now, it would not feel sacred anymore because that would be the last energy left there. Our home is also relatively close to the Four Corners Region which is said to be a vortex to the center of the earth that

attracts space craft. The area is a place where the ships have not been bothered. Our military hasn't discovered them there yet so they can hang around in peace. It is nothing more - - whether something feels sacred or not is entirely dependent upon the energy we hold about it.

Our limited concepts of time and space do not apply as far as energy is concerned. We can alter the energy of (heal) anything. If we have a particular piece of jewelry that does not feel comfortable to us, it may well have a history that we are unaware of. We can hold it in our hand while sitting in meditation and shine our mental light on it. That will literally rearrange its molecular structure and shift the energy of the object. When it has absorbed your vibes, it will feel great.

There is also no difference between altering the energy of a small piece of jewelry or the entire state of Missouri. The universe will not say "Wait a minute! We have a limit of two square miles up here!" The universe does not know the difference and it does not care. You can alter the energy of an office building, the grocery store, the mall or the post office. There is no limit to the power of our minds.

## **Psychic Counseling**

Healing requires discretion and a willingness to be humble. The five physical senses will never reveal to us what any soul's contract with the earth is. We have to use our psychic senses, bypassing judgment, to make sense of anyone's discomfort.

Psychic counselors increase their understanding of the loving nature of the universe each time they tune into someone at a soul level. People only seek counseling when their five senses have gained the upper hand and convinced them that mistakes are happening. As helpers to humanity, our job is to locate their contract with the earth, see what classes they enrolled for, and point out the easy way to get through the lesson. As we all practice psychic counseling, we convince ourselves that when the big picture is accessed, expedient solutions are abundant. Many of us have stuffed down our psychic awareness because it was unacceptable in our society or our family so we can literally get drunk on it when we let it surface. It can be very liberating and freeing. A little humility would be nice here, though. There is an occasional tendency for those who are awakening to their intuitive ability to realize that the judgments that they used to make about what people needed were ego based. And since they now have a "connection" they know for the first time what would really fix them. All correction belongs to Holy spirit, says *A Course in Miracles*.

## **Some Psychic Insights**

A woman approached me during one of my workshops. She had the look of someone who had been on drugs and institutionalized. She said "I am a schizophrenic and I have spent the last three years hospitalized, etc., etc." I always tune people out when they begin to tell me their problems because their false illusions of themselves aren't very useful. I look for

truth by tuning into their soul's contract. As I was doing this I could see that she was speaking with this attitude of "I know you can't do anything about this and you don't have any answers for me, but it took so much nerve for me to come up here and tell you what is going on."

Then I received an incredible image of her. Many of us are living two or three or ten incarnations simultaneously. I saw this woman living in eight bodies simultaneously on the earth, and because she happened to be considerably more psychic than the average person on the planet, she could tune into any one of the individuals that she was at any moment. I told her that we are all schizophrenic, but not everyone is psychic enough to know it. I told her that she was far too impatient to do one life at a time because she wanted maximal growth and that her situation would eventually produce an enormous amount of wisdom for her. She responded by saying that her lack of clarity in the now was very disturbing. I said that in about three years everything would come together for her and she would have a perspective of the big picture that others cannot see, that the world would need her to teach compassion to the rest of us. With great joy and pride, she declared that she could wait three years.

There can be many causes for schizophrenia and none of them are incurable when we look at it as a psychic dis-ease. The soul can aspect itself in an infinite number of ways. None of us ever bring in our total self when we incarnate anyway. We bring in an aspect that needs a bit of work which might be the male self or the female self or the intellectual self. If we bring in two aspects of the soul simultaneously that do not appear to be in harmony with each other to the average eye, we call that schizophrenia. You can sit down and have a conversation in your mind with a schizophrenic and ask them why they came in that way and what you can do to be of service. If you discover that they have aspected themselves in a peculiarly uncomfortable way, try projecting harmony to all parts of their being for just ten minutes a day. Harmony will begin to manifest.

There are a number of approaches to emotional healing available today that can dramatically reduce (or eliminate) the amount of time required in conventional therapy. If this is an area of concern to you I suggest you read some of the books by Gerald Jampolsky, Chris Griscom, or Sandra Ingerman.

Twenty years ago I took the Silva Mind Control course with a friend whose Mother was eighty-two years old and senile. The doctors naturally told him that senility was irreversible and even though there was no hope, she was comfortable and had people to watch out for her. It would not really matter, they said, if she thought that she was three years old or engaged in childish behavior. Well her son was fresh out of mind control class and wanted to apply some of the principles that he had learned. He was all fired up. He had an idea to take ten minutes a day sitting in his favorite meditation chair and talk to his mother on the

inner level. He conjured up an image of his mother and said "Mom, you are getting stronger, healthier and more alert. Remember how you love to play bridge, Mom?" In twenty-three days she was in complete control of her mental faculties and playing bridge again. I personally have never known the "ten minutes a day" process to take more than thirty days to alter any physical or emotional state of being.

I know a marvelous healer whose method is to take her mental scissors and cut out the parts of the body that no longer functions properly. She says "Oh, I see that this isn't working anymore." Snip, snip, snip, and then she goes into her mental drawer of body parts and retrieves a new organ. After using a little tape or glue to complete her mental surgery, wonderful physical changes often occur. The universe can only read your intent to be of service so any method that you can dream up will work. Have fun with it. There is no wrong way to do psychic healing if your intent is to be a channel for God.

Bernie Siegel tells many wonderful stories in his book *Love, Medicine, and Miracles* about the power of the mind in healing. He tells of a woman who had been in a coma for years. When he spoke to this "unconscious" woman, giving her the release from parental responsibility that she needed, she died within minutes. He tells several stories about talking to patients who were under anesthesia. Anesthesia is very similar to hypnosis. Suggestions made to "unconscious" persons can stop bleeding, change pulse rate and blood pressure, and even bring them back when the EKG has gone flat. Every person's mind is always listening. Negative or discouraging remarks should never be uttered within ear shot of any patient. Indeed, positive reinforcement spoken to sleeping patients can speed the healing process dramatically.

Sometimes we may find ourselves dealing with a situation that traditionally has only long term solutions such as terminal illness or an addiction. The group consciousness fills the telepathic pool with feelings of hopelessness about these situations. But that is changing very quickly right now. There are Silva Mind Control instructors who work only with hard core drug addicts and in forty hours of classroom training, the former addicts walk away free without any withdrawal symptoms. They are totally rejuvenated and productive human beings. If we have an addiction of any kind, it is probably a remnant of an old karmic pattern in our lives. Karmic patterns are altered by changing belief systems (consciousness), not by hard work.

## **Blessing Food**

We have been told to bless our food before we eat it. The reason is because consciousness creates reality in our diet too. When we direct energy from our hands into our food, we literally alter the chemical make up. If we put our hands on the sides of a cookie plate and visualize light and energy running through our hands and we recognize that energy as

the essence of God, we will be eating the healthiest food that we could possibly consume.

Many Silva graduates have done an experiment that all of us can do at home. Buy two similar looking tomatoes. Set one of them on a plate and put it where it will not be disturbed for several weeks. Take the other one to your meditation spot. Do your relaxation and release ritual. Then spend ten minutes with your hands around the tomato, visualizing light and love passing through it from one hand to the other. Put this tomato on a plate, mark it so you know which is which, and put it aside for several weeks. One spoils and one dehydrates, still edible. See? The masters knew about preservatives too. But their preservatives aren't hard on our bodies, they heal our bodies.

The foods that we require as individuals may not be found in nutrition books. We each have karmically conditioned bodies. We have been conditioned by lifetimes of cellular memory of what we survived on and adapted to. Our bodies are much more than a physical instrument - - they are the remembrance of previous existences in the physical domain. This has been clinically proven. There are people with multiple personalities who demonstrate intolerance to certain foods, but when they shift to a different personality there is an entirely new set of foods that they are allergic to. It is the belief system that controls the body. It is a cellular memory of your historical self that determines which eating habits work for you. It has nothing to do with what the nutritionists or overeaters anonymous or Weight Watchers have to say. The longest lived civilizations on the earth have an average life span of over one hundred years and they eat the most ungodly things. Some of them survive mainly on sugar cane. But the primary ingredient in their lifestyle is a lack of stress.

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## CHAPTER 8

# RELATIONSHIPS

Relationships are the quintessential lesson for human beings. If we understand our relationship to all life, we understand everything in this course of study. All the earth has ever tried to teach is the difference between functioning from ego (the belief that I am separate) and oneness. Relationships are the last lesson that human beings master on planet earth before they graduate.

As the Piscean Age draws to a close, we can see that relationships are extremely important. Just look at the number of books that have been written on the subject. This is because we must be finished doing difficult and painful relationships before the Aquarian Age really sets in. Communicating and recognizing the equality of the sexes are lessons that are preliminary to the Aquarian Age. If we are going to stick around for the big show, the universe must assume that those issues have already been resolved in us all. So what can we do to ensure such resolution?

The only relationship that exists in a cosmic sense is "everything is one." Learning to release our belief in separateness manifests as many different types of lessons. A botanist may study plant cells for years until it dawns on her that each cell is not only alive, it is life. Through this experience she touches a transforming state of cosmic consciousness. An astronomer studies our view of the physical universe for lifetimes until the inescapable conclusion is reached: the parts of the universe are ordered, interconnected, alive, and all made from the same stuff. That stuff is intelligent. It is God. The astronauts look down on Mother Earth and see her not as countries, borders, and governments, but as Gaia, a living being, inextricably connected to their hearts and souls. Whatever area of life a person's time and effort go to, the ultimate lesson they learn is their oneness with some aspect of our world or universe.

All relationships are equally divine and equally challenging. They offer the answers to everything we need to know, provided we are willing to accept what they have to teach. The answer to every question we have lies in our realization that we are one with all of creation. Relationships, therefore, become the greatest teachers of oneness on this planet. And,

as the *Course* says, when we are tuned into the teaching, "every relationship becomes a lesson in love."

Attaining oneness in its truest sense supersedes what we can accomplish in the physical plane. The thing that attracted us, as explorers, to this dimension in the first place was its apparent uniqueness, separateness from the rest of reality. Oneness therefore is really an understanding that we can only acquire after we have graduated and moved on to other school systems. We rarely evolve to the point where we can say that all of the people on the earth are me, but we can grasp the intellectual concept that oneness is possible and begin to feel that it is true.

Also, awakening is a very singular process. We each follow our own bliss which leads to reunification with God. There was no one who could go to the cross with Jesus because his process of attaining oneness with God was for himself, as well as for mankind. Again it is a paradox because as we continue to do our inner work alone, we will become one with every individual on the planet. We will experience a bond with them that we did not recognize before.

## **Personal Responsibility**

Our function is to transform our relationships, not to fix them. We work only on ourselves, not the other person. When we are willing to play our relationship games by new rules, then they will be transformed. The new rules begin with, "what happened yesterday is irrelevant." If we insist that we know how a person will behave tomorrow because we know how they behaved yesterday, we are insisting that our reality not change. The reason that people have to die and be reborn is because they refuse to change how they see other people. We are not looking at another person when we look at our partner. We are looking in a mirror. When we change our mind we change our relationships. There are no victims, there are no abusers, there are only mirrors.

When we refuse to repeat old patterns, when we refuse to attack or defend, when we would rather be happy than right, then other people change. Our relationships transform. If we have been true to our understanding of these principles of self creation, then we will not have to make an ego based decision to continue a relationship or dissolve it. That will take care of itself. The relationship will transform or disappear. The universe always moves us right along to the next experience when we have learned what the last one had to teach.

Some folks are actually afraid to attempt a healing of their primary relationship because they think that if it were healed then they wouldn't



have an excuse to get out of it. They need someone to blame for the relationship breaking up.

In fact, before incarnating, we make agreements with many individuals to resolve old karmic hang ups, or simply to learn more about self empowerment through our relationship with them. We may have a strong intuitive insight that this is not the person we contracted with to be a life-long partner. But we don't need the excuse of a bad relationship in order to move on to our next assignment.

We have an imperative to heal every relationship. Remember the illusion! It is not someone else I am healing. It is not a relationship that I am healing. It is me I am healing! If I leave any of my relationships unhealed when I exit this lifetime, I will probably choose to come back and be in relationship with those same people again. Ouch. I heal others and my relationships not because they deserve it but because I deserve it.

It may not be possible to heal past relationships face to face. It makes no difference if an old relationship partner is dead or living in another part of the world. Having the person to "talk it out with" may be the best way sometimes, but it is not the only way. The healing is for yourself anyway. Relationship healing can be done very expediently while sitting in your meditation chair all alone. Use mental imagery to "talk" to the other person. Ask forgiveness. Offer understanding. Remember that all anger which you may remember from days gone by was only a call for love.

## **Self Healing**

One of the illusions that we are trying to release is the belief that we can lose someone that we love. If we are all aspects of the same soul, how could we possibly lose anyone? Holding on to a relationship that does not work is the ego's excuse for maintaining a sense of separation. There is absolutely no reason to remain in a relationship in which we cannot stay centered and balanced. Some teachings indicate that there is value in stoicism or "spiritual toughness." So we may have a tendency to say "Well, I should be able to do this. I'm going to put myself in the worst possible situation that I can imagine and then stick it out to prove that I am a master." No master teacher has ever said to do it that way, nor did they say that we had to make our life difficult. Overcoming difficulty is a karmic path. Releasing is the path of ease and transformation.

We enter into relationships because we see value in the other person. Therefore we tend to believe that if we refuse to put up with the garbage, we will lose the relationship and the value that it had originally. Relationships are not about the interactions of separate persons. They



are about the discovery of oneness. They are a game played with mirrors. They are about healing the self. So we would not want to engage in dishonesty, hidden thoughts or feelings, or any other form of separation. Pretending to believe in separation when we know better is a form of denial; denial that I am the one who needs healing.

We really do want to be healed or we wouldn't have enrolled in earth school in the first place. To pretend that we are victims of other people's moods or behavior is just one way the ego has of delaying our return to oneness. The ego is a state of separateness and as a survival instinct, requires that we delay our healing. It may tell us that our personal honesty will hurt our partner. Honesty requires kindness and a desire to be harmless. But any expression of thoughts or feelings made from love and kindness will lead to healing. People who spend a whole lifetime not wanting to hurt another person's feelings waste most of the lifetime. And we know how karma works - - that same couple will be together in the next lifetime and the next, until they give up denial.

A note here - the ego is sneaky. It has been known to disguise attack as "honesty". Saying something that pushes another person's buttons without the motive of healing isn't honesty. For instance, it is not necessary or helpful to recount all of one's past sexual exploits to one's partner simply to be "honest".

*A Course in Miracles* says that enlightenment is the most terrifying thing that we ever encounter. Honesty in relationships is a perfect example. Honesty, at first, is not only risky, it is downright terrifying. The ego confuses honesty with attack. But we can't stay in denial for ever. We have to be true to ourselves sometime. Why not this lifetime? Why not now?

We are thrown into a planet with five billion other souls which forces every individual on the earth to work on their relationships, although most are not doing it consciously. You and I, on the other hand, do want to work on them consciously. That means that we try to be aware of what is helpful and useful to our personal growth. Our responsibility to every relationship, when we are living consciously, shifts to our becoming as balanced, peaceful and joyful as we can in the shortest period of time.

Everything that we do not like about ourselves is precisely what we will complain about in other human beings. That is the way mirrors work. If the way someone dresses or drives or eats or handles their children bothers us, it is a total and perfect reflection of something in the unexplored parts of ourselves that we do not appreciate.

We can read self help books, seeking answers by looking at the common patterns of mankind and receive much insight. But there is more. Our patterns did not originate in this lifetime. There is not a single significant relationship in our life that is not karmic. That means that nearly one hundred percent of the problems that we have with people originated in some other reality. This is that next lifetime, a repetition of the last one in which we refused to be honest, peaceful and loving. We can try to go back to our childhood and our relationships with our parents, but while the problems have been restated (outpictured) in this lifetime, not all answers can be discovered by examining only the obvious behaviors and emotions.

Fortunately, as Aquarian energy infiltrates our planet, society as a whole has begun to give credence to counseling and the unveiling of emotional issues. For many folks, finding an unbiased listener who is obviously there to be of assistance, in and of itself is a breakthrough that produces startling results. Many experienced therapists have been able to combine the best of the conventional emotional treatments with intuitive insights into an individual's "emotional past life" with the result that a small number of sessions in a brief period of time has produced wonderful healings.

If a person does feel that some "unconventional" therapeutic assistance could be helpful in dealing with the emotional ramifications of a relationship, there are now available some very expedient methods for getting to the root of difficult to resolve issues. They take into consideration the fact that life, and all of our relationships, are millions of years old. The techniques include such things as past life regressions, "rebirthing", what Sandra Ingerman calls "soul retrieval", large group seminars such as *Insight*, and Patricia Sun workshops.

Karmic insights achieved through some intuitive process often provide enough information that a person can find a reason for the situation existing in the first place. Or, they can see that the present situation is not "unjust" because there was more to the story than they knew about. Often they can see that they weren't being victimized by another person but were participating in a cosmic "setup" aimed at healing or forgiving the self. This can give the logical mind sufficient reason to release anger and resentment, to forgive.

We, as students of self unfoldment, need to remember that if we choose "unconventional" methods of approaching our own healing, we show that we have at least a bit of ego left when we say "you know who really needs this is Sue or Bob or Sally." We are here to heal ourselves, not foist our panaceas on other folks. Even if we tried, they would be sure to point out there are "regression junkies" just as there are "therapy junkies".

When we take responsibility for our lives, we must also take responsibility for our problems. You and I have traveled a rocky road to get to the place where we could make a statement like this without being overwhelmed by guilt for creating such a mess, or falling back into denial and projecting the blame "out there". We are catching on - - there is no blame, no fault, only images mirrored back to us by our karmic comrades. Our function is to heal these images for our own benefit. With this knowledge we can avoid all attempts at "fixing" our partners and offer, instead, acceptance and understanding.

## **Giving Power Away**

If we believe that our happiness lies in another person's behavior, we are going to be sorely disappointed. There is not a human being on this planet that can make you or me happy. If they could, we would be their slave because we would have also given them the power to withdraw our happiness at any moment. Relationships are a learning experience. Our goal is to have harmonious and loving relationships with ourselves.

What is the difference between saying, "You make me so happy" and "When I am in your presence, I allow myself to feel so happy?" The first statement totally gives our power away! Devastation will surely follow because that person can never live up to our expectations of who we want them to be. Yet if we can master the technique of allowing ourselves to be happy (safe) in the presence of compatible people, we will be home free.

## **Being True To Ourselves In Relationships**

If our partner has a problem, it is not helpful for us to see it. It is, however, very helpful for us to recognize that they are the Christ. Everyone on this planet is a student, and we are all doing the best that we know how. If someone has an issue, their only problem is their perspective and we cannot alter it for them because each ego has been trained to defend its limitations. But in order to be honest with ourselves and them we can say, "If you want to play with me, I would love to spend time together. You are a delightful person when you are playing, but if you want to argue I have other places to be and other things to do. I know that I cannot lose you. I might not see you again until next year or next lifetime, but I am going to let go anyway because I can only be responsible for myself."

## **Concern for Loved Ones**

Can you imagine God setting up a system where love meant that we had to worry about someone? Society has trained us to worry about people we care about. If thoughts held in mind create our tomorrows, then worry creates never ending repetitions of the conditions we worry about. Not a loving thing to do. We can say, "I'm sorry, but worry is not in my vocabulary anymore. I'll send you light, I'll pray for you and I'll bless you, but I will not worry about you or anybody else. You are not my responsibility. You are my friend, but you don't belong to me. You belong to God."

We want to be sure that we understand that our spouses, lovers, children, parents, boss, employees and the grocery store clerk are not our responsibility. It is one of the paradoxes. Even though you are me and I am you, you are none of my business. One thing we must grasp if we would become better way-showers on the planet is that we cannot change another human being.

## **Soul Mates**

There has been a lot of talk lately in the New Age community about soul mates and twin souls. Many people are hoping to meet their soul mate. There are no ideal soul mates. Separate, perfectly compatible entities outside of ourselves do not exist. We create our own reality independently of our soul mates. We must create our relationships on our yellow pad according to our own idea of perfection. All of our soul mates are individuals, creating their own realities based on their own personal experiences, in which they have participated since the time we were one soul. Our soul mates are now doing their own thing. They are no longer perfectly compatible with us. Holding out for Mister Right or Ms. Right will only bring disappointment.

Allow me to make up another story - - this one about soul mates. In the beginning there was God. If there is any sentence in the Bible that is true, this is it. Then God said, "I am lonely" - - I have just blown it if I am trying to tell the truth, but I will keep the story going - - so God said, "I think I will create other aspects of myself in order to share experience with myself." So God became the amoeba. When it divided there were two amoebas and they kept splitting until there were sixty billion separate entities.

In this story, all individualized beings can be traced back in pairs. If two separate entities were one before they split, they are now soul mates. That which they individualized from can be called the over soul. This is a wonderful fantasy which assumes that time is/was linear. (Wow, this story has a lot of flaws in it.) If there is any hint of truth in it then it is

reasonable to say that at some point each of us must have had past experiences while we were a part of every other one of us. Therefore, everyone must be our soul mate dating back to some level of the creation story.

It simply comes down to who you feel comfortable with and who you can experience a warm and bonded feeling with. It is entirely irrelevant which over soul you came from and which level you incarnated from. If someone has been your companion in time, you will feel a love (or love/hate) relationship to them. If you have played together in the sands of time they will feel familiar. You will also come to recognize faces that are familiar from incarnational experiences outside of the earth school. I've called remembering a past experience with someone a "date in time" or we can refer to it as a past life together. Past lives don't have to be on earth. In fact only a small percentage of them were/are on earth.

You have soul mates that you would not only fail to recognize, but could not stand to be with because, as far as linear time is concerned, you have been doing different things and acquiring contradictory value systems. You have no interest in soul mates or twin souls or relatives of the over soul. Look for companions in time regardless of which time-space you played in together. They are the ones whose beliefs, values and limitations are apt to be most similar (comfortable) to yours. They are the most fun.

For most people, the search for a soul mate is an attempt to find the perfect mate instead of creating the perfect mate. We create all of our realities, including our relationships. We are not here to give away our power to our over soul to make us happy. We are here to take our power back, to get out the yellow pad and write down absolutely every quality we do and do not want in our partners. And then to be true to ourselves by refusing to accept what we don't want and drawing to us what we do want. Remember that we record qualities and attributes to clarify our own thought and therefore our own creation. Whereas outlining physical characteristics (such as tall, dark, and handsome) merely limits our co-creation with the divine. We are interested in qualities like compatibility, respect, fun, support, and the perfect partner for our life's work.

## Sexuality

It is only on this planet that entities come in having aspected their masculine and feminine energies. Nowhere else would beings even think of splitting themselves down the middle, saying, "In this life I'll be a woman and the next time I'll be a man so it will all balance out." Since the earth teaches through duality, her students learn to reconcile their

opposite aspects in order to create oneness. Sexuality then becomes a convenient tool to use in duality. Sexuality is like all appearances in 3-D, it is irrelevant and it is highly significant. In sexuality, as in everything else here, there is no right and wrong, only lessons.

We are striving for balance here and that includes equally radiant energy centers. We have seven major chakras. If we ignore any one of them we will feel out of balance, unfulfilled, and we will not enjoy ourselves. Some individuals consider themselves to be so spiritual that they only function from above the solar plexus. "Me have a base chakra? No way! I must have transcended that a long time ago, right?" We must acknowledge and bless all of our chakras and declare the form in which they manifest divine. We must express our sexuality (duality) and recognize the existence of only one soul in us and our partners. We cannot avoid that lesson. The issue is how to maintain our comfort while we learn.

There are two ego-promoted beliefs relating to the men/women issue that permeate the telepathic pool on this planet. The first is that sex can be "bad." The second is "if you love someone else, you don't love me." The first one is the root of male/female guilt. The second one is the root of jealousy. Students who still have a belief in the ego's programming, and that is all of us, find guilt and jealousy to be stumbling blocks. Jealous people find it difficult to "let thine eye be single, fixed on God."

The pattern makers for the new age, you and I, do not have to mend these misconceptions. Our job is to hold the truth of oneness within our own minds and hearts so that the energy which radiates from us will temper the telepathic pool with unconditional love, and as time passes, end the "war between the sexes."

At some point evolving beings become absolutely, passionately in love with everybody. How do we handle these feelings while on earth? Carefully, very carefully. Our job is to be useful to the students here, not to put unnecessary stumbling blocks in their way. The sexual expression of love with every soul on the planet is not required. We won't miss out on "getting it on" with people we love. We have an infinite amount of time to make love to every soul out there (every aspect of our inner self).

We do have a subconscious remembrance of our existence outside of this physical dimension even if we are not consciously aware of those experiences. We did not believe in separation when we were outside of our bodies. In our normal extra-terrestrial existences we merged souls (made love) when we saw someone who was familiar. Do you remember the lights zooming around the swimming pool room in the movie *Cocoon*? The two characters became one light. We do that routinely when we are in between earth lives.

We will eventually all fuse as one, but because that is a concept that we cannot grasp at the moment, we start by working on our connections to each other, one at a time. So if we remember how we used to jump into another person's soul when they felt familiar, we can understand why we have that same tendency here on the earth. But knowing that we cannot jump into their soul because of the limitations of the physical body, we settle for jumping into their beds. From a cosmic perspective - - the way we existed before coming to earth - - there is no ownership of bodies, no jealousy, no insecurity and therefore there is no right or wrong. In truth there never has been a right or wrong - - and no one has ever made a mistake. On earth, however, it is wise to check with guidance before translating our feelings into actions.

From time to time our attraction to another soul might have been so overwhelming that we forgot to check with guidance. That is not "bad." Other times we may check with guidance and actually get permission to indulge in sensual gratification. Most of the time, however, we will probably opt to take practical action to keep from being chased down the street by an angry spouse with a butcher knife.

When a relationship isn't progressing easily, when it feels complex, that means that we have been getting quite mental in our attempts to find answers. That is when negative ramifications begin to outpicture. Thoughts held in mind, including complexity and complication, do manifest. Therefore if we become involved in a complicated or unpleasant situation, we simply back out, once again to choose peace. Then we send light in the same way that we would solve every other problem that we encounter. We cannot make a mistake, even in the expression of our sexuality. Write that on your refrigerator! Ultimately, everything will work out wonderfully and we will get to love everyone because that is the nature of God. In the meantime, we have some old patterns to release in our relationships.

## **Anger and Conflict**

*A Course in Miracles* makes it very clear that there are only two emotions: love and fear. Therefore anything that we are not experiencing as love is a result of a fear that we may be damaged. If we are angry with someone, we may be afraid that they are controlling us or overpowering us. We may believe that we can't be in control of our own life. Anger always says, "You are wrong and I am right. I am mad because your inappropriate behavior is damaging me." If we are not going to do anger anymore, we must be willing to say, "I create my own reality impeccably, so if I feel bad it must be because of my own choices. I am going to look for a solution in myself instead of trying to change someone else."

It helps to be aware of the beliefs we have when we engage in conflict. If we allow other human beings to push our buttons, we believe in defending our buttons. Cosmic law states that thoughts held in mind will manifest in our life. If we are holding an image of wrong behavior backed by our anger we have guaranteed that we will have conflict in our life again tomorrow. By the same token, if we are creating our todays by thoughts held in mind yesterday (or yesterlife) then what is upsetting us is not what we think is upsetting us. The *Course* says "I am never upset for the reason I think."

When we forget that we are one with God, the ego indulges in fear. It immediately resorts to protecting the self by projecting negative emotions towards others in order to keep from having to take responsibility for them. Functioning from a cosmic perspective, on the other hand, is recognizing our connection with the infinitely powerful source which is a state of being that does not require protection.

There are a couple of ideas from *A Course in Miracles* which are very useful to keep in mind when a relationship is generating conflict. First, all anger is a call for love. This tells us that another person is not really trying to harm us with their attacks. They are just feeling unloved and are trying to get love from outside of themselves. Secondly, the *Course* asks "would you rather be right or happy?" You can't be both.

There have been millions of people arguing with each other for millions of years on earth. As of yet, no one has ever won an argument. Why would we engage in such obviously futile entertainment? Because the ego has no choice. If it truly is separate then it must be right to survive. Only beings who have given up on separateness can conceive of giving up being right. Our society has placed ultimate value on being right. Aside from the fact that being right is a cosmic impossibility, it has never made anyone happy. Conflict cannot be fixed by correcting other peoples errors. The only way to end a repetitive pattern of conflict is by refusing to participate.

When we stop playing the attack and defend game and choose peace, there is a very predictable sequence of events that begins. The first thing that happens is that the person we are dealing with will become very angry because they just lost control. Their entire security lies in their understanding of our neatly ordered reactions. If we break the traditional rules, by choosing peace instead of defending or attacking, their belief system is torn to shreds. They will echo back all of the reasons why we cannot resort to a new type of behavior. They will try to push every one of our buttons. "That's not fair. You have to fight with me. You're just escaping." And then there is "but I need you." We don't have to read more than one co-dependency book to get over that one. When they have



found all of our buttons, and we did not respond to a single one, they will tell us they are going to jump off of a building. But they probably won't and if they do, it was their time to be somewhere else. People don't die, they just move on.

If they decide to stick around, they will go through a period of bewilderment during which they may tell everyone that we have lost our mind. If we simply maintain our peace, their anger will eventually disappear. They will eventually look to us in amazement as we stand forth in our peacefulness. Then they become students of peace. It is in their contract. Everyone who would try to control or manipulate us invariably signed on to planet earth to be our student. They are hoping that we can show them how to slip out of old patterns and become free and confident. They may be too prideful to say, "Please teach me how you can stay at peace" but, rest assured that they will be watching. Love works every time.

The working week can be a good test of whether or not we are willing to play the game by love's rules. There are many potential conflicts and much to lose at work if we do it "wrong." We could lose our income, our reputation, and our friends, if we don't do everything the boss' way. One of the great stories in the Bible that teaches us how to deal with people we cannot seem to get along with is Daniel in the Lion's Den. Daniel was aware beforehand that they were going to put him in the den with the lion (the lion represented whatever his particular challenge was) so he went through the prayer process the night before. He remembered that consciousness creates reality on the earth. He knew that he was not a victim of the king. He sat down in meditation, saw the dilemma and visualized the outcome that he desired. It is always easier to do the work in advance so when someone tries to push our buttons we have already defused the energy.

When Daniel was placed in the den the next day, he sat down and turned his back to the lion, an incredibly significant metaphor. He did not sit and focus on the problem. Instead, having used his meditation and some mental imagery to resolve it the night before, he was free to put his attention elsewhere. The lion did not attack and rip Daniel to pieces when he let down his defenses. It proceeded to lie down and go to sleep - - such wonderful symbology. Daniel's way works with any person or situation that intimidates us. *A Course in Miracles* says that our safety lies in our defenselessness.

If you perceive an adversary, recognize that it is your perception which needs fixing. If perception created the difficulty, perception can heal it. Imagine a can of pink paint and mentally paint your adversary in that soft, loving color or put sparkles all over them. It will be very difficult for

them to be vicious when you meet face to face after you have tinted them in that rosy hue. You are free to use any symbols that are fun. Imagine what it feels like when harmony has been restored. Run the entire encounter through your mind's eye while you are in relaxed meditation. There is no way that you could meet that person without remembering the work that you have done. All anger is a call for love. You have offered love instead of conflict.

## **All Relationships End**

Another area where our society is in denial is that all earthly relationships end. Society teaches, due to its confusion about the difference between love and need, that emotional trauma is appropriate when relationships do end. If a relationship exists because we believe that someone outside of ourselves can be even partially responsible for our happiness, great pain will be experienced when the relationship ends. That to which we gave our power has abandoned us.

Co-dependency and emotional trauma are learned from society. They are not required or natural states of being in this universe. Any error that has become an accepted teaching of society can be re-taught in a more loving manner. The teachers of light on the planet have the task of reforming their own relationships into "holy relationships", to use the words of *A Course in Miracles*. They decide to participate in no relationship that is based on need. Relationships based on need are founded on the assumption that we are separate and helpless. Relationships that are based solely on the enjoyment of the presence of the other person still cause us to rearrange our life style when our partner leaves, but it is a trauma free rearrangement. It is simply moving on to the next adventure in our life.

After we have transformed our own relationships, we begin to re-educate group consciousness. Whether we outwardly teach and counsel or simply enjoy our own relationship, the effect is the same. Our understanding and joy is communicated to all inhabitants of earth school through the telepathic pool.

## **Children and Parents**

As Kahill Gibran said, "Our children are not our children." They are God's children. At best they are on loan for a little while. In all of the hundreds of thousands of school systems that exist in this universe, planet earth is the only one where, in order to enroll, you have to come out of someone's body. In all other systems folks just show up, just get off the bus. Because we have all been conditioned in incarnations past to

believe that our bodies belong to us, we think that anything that comes out of our bodies also belongs to us. It is not so. It is actually rather bizarre. A being coming out of another being's body is like something that you would see in a science fiction movie. We do not realize how really weird it is.

When people have children to "fill a void" in their life, pain is inevitable. If children were brought into a family to fill a void, then every transition associated with growing up will be felt as an attack on the parents. Leaving home will be seen as abandonment. When a child dies in our society, the family is usually unaware of karmic contracts or pre-birth agreements. Our function is not necessarily to explain these things to them, but rather to just love them. Love heals all wounds.

On a soul level, parents choose their children so that they, the parents, can break old patterns. There are no exceptions to that rule. Our parents are absolutely counting on the fact that we are not going to play the old guilt games or buy into their drama. They are all thinking on a subconscious level, "Boy, I sure hope my kids don't let me get away with what I'm going to pull because if they shape me up now, it will save me lifetimes of work." To show love to our parents we must be true to ourselves. But if we try to please them we will leave them in the same mess that they are in now, until one day or one lifetime someone finally decides to help them break the pattern.

Every individual who incarnates on this planet chooses the time of their incarnation and their own path. Anyone born in the 1990's or later will experience adulthood in predominantly Aquarian energy. These souls have completed most of the work required for graduation. People who are not oriented towards compassion will not be found in the Aquarian Age. Few people will come into this school now if they primarily want to be in bar fights.

The children who are incarnating on the planet now are playing an enormous role in the transition of the earth. As infants, there is not a single one of them that is not consciously in contact with their pre-birth state of awareness. Gerald Jampolsky tells a story of a young couple that he knew who brought a newborn into the family. From the moment that they introduced the infant to their three year old child, that older sibling asked to be alone with the new baby. The parents were thrown by this child's insistence. They feared she might harm the baby. Finally they devised a plan to use an intercom in the nursery so that the children could be left alone and they could still hear everything that transpired. Through that speaker, the parents heard the three year old approach the crib and say "Baby, tell me about God -- I am beginning to forget."

Our children are going to out shine us to such a degree that it will be truly amazing. They have an intuitive understanding of spiritual morality that far exceeds the older generations' co-dependent versions of morality. Therefore, the old patterns that we have about raising children no longer apply. Any child born today does not need to be controlled. We can teach them the practicalities of the planet, like not to touch a hot stove, but they will not accept our idea of moral behavior. They are not interested in our archaic perceptions about how to interact with people. These kids will know more about relationships by age twelve than our generation has yet learned.

The old notion that parents are responsible for their children will not hold water anymore. Children appear to be innocent and helpless. It is easy for those with little sense of cosmic awareness to train children into co-dependency. Children are not naive. They have as many millions of years of personal experience as any adult on the planet. Children are not helpless. They chose their parents wisely.

We are not responsible for any other human being. We cannot fix them or shape them into what we would like them to be. The only obligations that Aquarian parents have to their children is to love them, provide food, clothing and shelter and then get out of the way. They will love themselves so much that they simply will not allow us to control or manipulate them.

When we begin to teach children language, we are teaching them limitation. Our language has no words to describe what it was like out there before birth. The kids, however, remember everything about those other worlds and come in communicating telepathically, but we do not often pick up on this. They are tuned into everything that is going on in the house, including everybody's emotions, before they can even speak. A child's programming about the limitations and fears, or love and harmlessness, of people on the planet begins in the womb.

With that kind of intuitive ability, we can anticipate that new age kids will be lousy students. Our school system is designed to make clones out of children. It teaches dependence on the intellect, manipulation, competition, and separateness. It does not teach true understanding. The new children will not tolerate that kind of education. The school systems will have to be totally changed. Education and love are not distinct subjects. Until these changes take place, know that our children will not fit in. They cannot be trained like we were to sit for fifty minutes in the same position while a boring authority figure is lecturing. They will instead demand action, color, vitality, warmth and feeling. In the new schools art, music, compassion and intuitive functioning will not play second fiddle to intellectual subjects and learning the "right" answers.

Children are not new and they are not dumb. They have been in the earth school and other systems for tens of millions of years. They are mature and wise in every way except for the handling of the physical body. These beings come in with much better self images than former generations. If we treat them with loving respect and acknowledge that they are our teachers in regards to human interaction and compassion and harmony, then we will have wonderful relationships with them. Our children and nieces and nephews and grandchildren will be the source of great wisdom for us as long as we play the game according to the new rules.

## **Cosmic Relationships**

When we master relationships we will have mastered it all. When we stop giving our power away to people that we supposedly love but probably need, we will have recovered our power in every area of our life. Healing relationships is a very simple thing to discuss, but it is the most difficult lesson to do because we are working on releasing lifetimes of programming. It will take a great deal of vigilance, but being true to ourselves is all that is required to make our relationships work. Just pay attention, watch and pray.

What would happen if we could be in relationship with someone in a state of cosmic consciousness? We could not talk about our problems because we wouldn't experience any. Well, we may not be at a point of being totally cosmic with our partners but we can follow Emerson's advice "to become, act as if". Since we have traditionally used verbal communication to reinforce our separateness, not having anything to complain about presents a challenge. But now we will choose not to forget our source, God, and not to forget the big picture. Therefore we do not create repetitions of old problems by repeating old thoughts about them. Clean minds create clean relationships.

Most talk on this planet is about problems, challenges, differences, wrongs, injustices, etc. It is all ego stuff. If everyone refused to speak negative words, silence would be the normal condition.

There is a definite connection between silence and enlightenment. Every guru has begun the disciple's training by teaching silence. Every master teacher communicates with his or her peers telepathically, not verbally. When we as a civilization have ended our group experiment in attacking and defending we will no longer use words. Sharing thought forms and mental images is a much more expedient way to communicate. But as long as we are afraid for others to see our thoughts and feelings we will use separation-creating words. Patricia Sun has a good suggestion.

"Pretend that from this moment on, everybody you meet can read your mind." Telepathic beings have no relationship problems because all relationship problems are a result of the deception that fear requires.

To heal those we are in relationship with we heal ourselves. When we learn to be blissfully happy and at peace, there is an enormous amount of healing that takes place in those that we are psychically connected to. We know that any state of limitation, manipulation, anger, fear and guilt is total insanity. We remember the truth which says that oneness cannot be achieved alone. We need our relationships. We also need our support group and support tools to help us as we dare to risk honesty with those closest to us. Get your inspirational books, cassette tapes and phone numbers ready and dare to do your relationships in a whole new way. Before you know it you will have harmonious relationships with every individual on the planet and they will be calling you teacher and sharing your space in comfort.

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## FORECAST

### Aquarian Energy Interfaces Eternity

As far as we are concerned there are two conditions apparently existing in the universe right now. There is Earth School and there is the normal condition of cosmic consciousness. Earth School would seem to be an interminable school that teaches about the frustration of present situations and the hopelessness of being able to count on the future. The normal condition is exciting, unlimited, light filled good times. The normal condition is so good that it is beyond anything we could even hope for at this stage in our unfoldment.

The chronological period set aside for the last grade in the school, up to and including the graduation ceremonies, is the years from 2000 AD to 5000 AD. This is nothing new. The last Aquarian age was used for exactly the same purpose. We don't have recorded history of the last Aquarian age but we have the mythology preserved rather accurately for us. The Aquarian age is always the Garden of Eden. It is the interface between a life with no vision and a life of great vision. For the next two thousand years or so life on Earth gradually becomes more and more Eden like, more and more heaven like. And then the snake will return to the garden and tempt mankind with the knowledge of good and evil (duality).

In his book *Far Journeys*, Robert Monroe sees a picture of earth in the year 3000 which very closely resembles what I see. Taking an out-of-body trip through time, Bob comes across a scene on this very planet, showing no asphalt or pavement of any kind, no pollution, only lush tropical beauty. And folks commuting in the out-of-body state instead of in cars.

The state of existence that the earth now recognizes as average has been going on, uninterrupted, for the last eleven astrological ages, something like twenty six thousand years. That state of existence is intentional, it is not out of control, it is not an accident. It is a school. It is a school in which no permanent harm is allowed, and there comes a time in which even the slowest student graduates from school.

The three special limitations which are placed on unlimited reality in order to facilitate the expediency of this school are time, space, and duality. We already have irrefutable evidence that all three of these

limitations are being rescinded. We (society) are overcoming our beliefs in separation and judgment (duality). Our technology is overcoming our belief in space (distance). Just a few decades ago folks were taking months to cross the country in covered wagons, and the moon was green cheese. Our technology does preserve the past and it makes instant communication all over the world common place. We may think the awakening of the world is occurring at a snails pace, but compared to its historical pace it is occurring at break neck speed.

## **Predictions of Apocalyptic Cataclysms**

Actually Earth School is ahead of schedule so far as awakening is concerned. Usually an Aquarian Age is preceded by the ultimate display of Piscean energy - people using power to control other people. The sinking of Atlantis through the misuse of laser weapons, or some other cataclysm creating "the flood" has historically been the way that those not ready to graduate, to give up struggle, were removed from this school and moved to a holding tank to await the arrival of more chaotic times.

The subconscious minds of all those who have been through "the flood" contain remembrances of massive destruction and planetary abuse which rendered the earth, for the most part, uninhabitable. It is not a random thing that millions of earth citizens are battling for dear life against nuclear weapons, global warming, pollution of the waters and destructive prejudices. It happened the last time - - in the blink of an eye ninety percent of the earth's population left on vacation.

Again we have arrived at the entry point of an Aquarian age, a time when it's up to group consciousness to create what happens next on planet earth. Many levels of prediction are coming forward to aid (or confuse) in the making or breaking of our shift from Piscean to Aquarian energy. Great prognosticators like Nostradamus and Edgar Cayce are being quoted as reliable authorities on changes to come. But, since the future is never a reality until present moment minds create it, only probabilities can be forecast, not certainties. Humanity has the free will to change its mind, to re-create the future and the past at any moment. And, as many are beginning to see, we have changed our minds.

I began reading the books about Edgar Cayce in the early 1970's. Cayce said that California would fall in the ocean around 1976. The cataclysmic events forecast by great seers of the past, including the Hopi and other traditions which stayed relatively close to God in their societies, are not contained in what I see for the coming years.



Since the insights that I receive are nonverbal, I will make up another story. A few hundred years ago, as we view time, a fax was sent by the hierarchy (school board) to all stations in this quadrant of the universe. The fax was a reminder of what time it was, relative to earth time. Another Aquarian age was rolling around and there would be a need for helpers on the earth. Since the prime directive prevents assisting the planet without actually getting involved (incarnating) a commitment of participation was required from those who thought the earth was worth protecting from destruction by her ignorant inhabitants.

Incarnating to save the planet was viewed, not so much as a task of overcoming the forces of evil or forcing her inhabitants to be good little boys and girls, as it was incarnating for purposes of impregnating the telepathic pool with the consciousness of harmlessness and peace. Before birth, though it sometimes slips their minds now, these volunteers understood that it is consciousness that creates reality, not force.

It was expected, by the hierarchy, that perhaps as many as ten thousand entities would see enough value in this old school house to want to save her. That would be ten times as many as showed up the last time. But when check-in time arrived (pre-registration was not required) these cosmic beings just kept coming and coming and coming. Not required to be here, since these were peace loving folks who had already graduated or whose primary school was elsewhere, they showed up in droves. Millions incarnated simply out of love for you and me and Mother Earth. This mass incarnation was unprecedented and unpredicted.

There is no greater love than this, that a man lay down his life for a friend. Millions of them came, ready to die an earthly death if necessary, simply to be here, to let their vibes penetrate group consciousness. And there is a good chance that you are one of them, especially if you have been saying to yourself, "what the hell am I doing here?" The arrival of these peace loving beings has prevented a repeat of previous "floods". It created a shift in the creative consciousness from what was seen by Cayce and Nostradamus. One person does make a difference, especially when there are millions of them.

In one sense the inflow of harmless consciousness to this system has already been an unequivocal success. There will be no nuclear war (a couple of scares still to come perhaps). California will stay firmly connected to the mainland (that old song about a whole lot of shaking going on could still be applicable though). Pollution will not significantly reduce the habitable land area. And global warming will not cause the flooding of Manhattan or Japan. Some global warming will, however, help turn vast areas of the earth's surface into a Miami Beach paradise.

## **Keep it in Perspective**

Change is relative and group forecasts are meaningless to individuals. A little perspective may help.

Politically and socially we see that the norm throughout recorded history has been repression, restriction and some classes of people being subservient to others. That norm still exists for the majority of the world's population. We understand that this condition is not "wrong", it is simply the way that karmic teaching works.

If we look for a political precedent for what is happening on the earth today we will find none. When Thomas Jefferson penned his words declaring that all men have the right to the pursuit of life, liberty and happiness, he risked being hung for heresy and betrayal of the king (dictator). There was no precedent for a large group of people forming a nation based on beliefs as radical as these. When women of this nation, followed by many western nations, achieved suffrage there was no recorded precedent of that magnitude. Every distinctive group of individuals in the western world now has its advocates for equal treatment.

Unprecedented change is not only continuing today, it is becoming the norm as we approach the cusp of the Aquarian age. The Berlin wall, the Soviet Union, Poland, Romania, Tianaman Square all testify to "the times, they are a changin'". The Aquarian age is different than any other age of the astrological calendar. It is, indeed, a new age.

## **Characteristics of Aquarian Energy**

The Aquarian age is a time of "nothing is hidden". It is a time when secrets are no longer the basis of government or big business. It is a time when communication systems let everyone see what is going on in every nation and every corporation. It is a time when there are no skeletons in the closets of the world because not only do people refuse to hide behind pretenses, but our moral judgments dissolve in compassion and understanding.

Aquarian energy brings with it telephones, radio, television, satellite communications, airplanes, rockets, space travel, and any other technology which helps make all the peoples of the galaxy one people. In the Aquarian age space or distance becomes less concrete. We can overcome space. We are not limited by distance.

Aquarian energy brings with it tape recorders, video recorders, movies and the technology which preserves the past, which helps prove that the past is not past. In the Aquarian age we overcome the limitations of time. In reality, all time is simultaneous time. We soon will get a glimpse of this.

Karma has always taught that all peoples are one people. The repressors or persecutors of a race, class or sex, come back in the next life as a member of that race, class or sex. Well, the karmic lessons are now ending. We are catching on, albeit slowly, to the truth that there are no inferior human beings. Aquarian energy brings with it a knowing of the oneness of all of the individualized aspects of God.

## **The Federation of Space Civilizations**

Upper most in the quest for understanding the shift into new age consciousness are questions concerning visitors from outer space and communications from disembodied entities. To interpret the "channelings" of the "space brothers", we must understand some things. First, all information which is received from a "source", through the mind of a "channel" and recorded by a third party (or tape recorder) must be considered hearsay evidence.

In my study of channeled material (including my own) over the past twenty years, I believe I can definitively say that no message ever gets through from "the other side" unscathed. The mind of the channel always imparts a bit of its own belief system into the message. A fearful mind will "bring through", at least to some extent, fearful messages. And remember, psychic ability and personal wisdom are not corequisites.

A second point to consider is that not every person who is discarnate or extra terrestrial is wise. It is easier for some folks to channel some jerk from a dysfunctional civilization than it is for them to channel a well grounded angel. When you investigate "channeled" information, remember: Honest people don't say "trust me", and wise people don't say "I know what I'm talking about". Also, channeled voices that say "I've been waiting for you" are implying guilt, and "we must hurry" is said by those who believe that time is real and damage is possible.

Incidentally, I once ask the source of my channeled communication "what is the difference between angels and space brothers?" The answer came, "Area of interest. They are all just folks."

Of all the information I have encountered about other dimensions of reality, non terrestrial civilizations, and other kingdoms such as the

angelic kingdom, I tend to be partial to that which was received by myself. But that just goes along with my basic belief that each person should give the highest credence to their own intuitive connection with guidance. Other people's version of reality may not, and need not, mesh with your own. The insights expressed here are ones that feel right to me. They jive with how I see the near levels of reality.

In all of the hundreds of telepathic conversations I have had with entities not of this earth, I have never received a fear motivated message. I have never been told that time was running out or that we needed to hurry. On the contrary, I have been told that they function outside of the limitations of time, that it is never too late for a good miracle. I have never been told that if I/we didn't do some particular task or accomplish some particular objective within a specified period of time, something bad would happen. I have never been told that light workers needed to expose the "spiritual subversives" or defend the ramparts of God. I receive messages such as "everything is OK just the way it is". I even have been shown great celebrations taking place in other dimensions because we folks of planet earth were making such wonderful progress.

I was told that there are over sixty independent civilizations participating in a "federation". The purpose of the federation is to be of assistance to any civilization which requests it. We earthlings will soon ask for assistance from the federation. We will ask because many individuals whose home civilizations are federation members, have incarnated. These individuals intuitively recognize the appropriateness of shortening our learning curve in the areas of technology and environmental cleansing by asking for help from their friends. I was told by the crew members of one "mother ship" that they had the capability to filter the pollutants out of our atmosphere within twenty minutes, if they were asked by a majority of the earth's people. The prime directive, you know, prevents their assistance until the incarnate ones ask.

It feels appropriate here to include an excerpt from a newsletter I wrote in November of 1990.

I sit here in the midst of Paradise - - Northern New Mexico with new snow on the mountains, the full moon over the white desert. For the millionth time I wonder "What are we doing here, here on Planet Earth? Is it a mistake? Is it for the sheer excitement of exploring a life in which there seem to be so few real choices and so many victims? Are people really the victims of their aging bodies, their unskilled behavior, their lack of material possessions, or the Saddam Husseins of the world? Or maybe the snow has the answer - - in stillness and softness shall ye find God. God? Peace? Fact or

fancy, truth or illusion? The intellect is so stymied, so frustrated to find answers - - better to be a couch potato, a little Monday night football. Escape but no satisfaction.

Then Jake appears and says "Sweat Lodge tomorrow. Help us gather wood for the fire and we'll begin at sundown. Just feels like its time for church again." Stacking wood and sealing the Lodge against intruding light, laboring with spiritual comrades - a better diversion than the Dallas Cowboys. Then the ritual begins. Altered states of consciousness replace the intellect's impotence. "Speak to us Grandfather of the Path. Speak to us Grandmother of the Earth." Things begin to happen. Strangeness it would be called if we were rational - but we're not. The rocks, glowing red from the fire, begin to speak, tongues of the spirit kingdom. "Wow, did you see that face?" And lights appearing in the rocks. "White lights", I said, "I see green" says Anne. For each drum beat a light replies.

When the first round ends, Dale the warrior, the aspirant, our fire chief, goes to fetch more glowing rocks to keep the tiny lodge steamy, to keep consciousness altered. As he carries the red stone from the fire pit toward the door he freezes in his tracks. "Paxton", he yells, "There's something out here! It's over the house! It has rings of lights going around! What'll I do?" Cathy replies from her cosmic space, "just carry rocks Dale". He does.

Messages come into our heads from our friends, here to help us celebrate the healing of the Earth. They let us know once again that we are not alone, that all is well in God's universes, that there is so much more to life than what we see. "Don't take it all so seriously", they say. "You don't remember the problems you had a thousand years ago and you won't remember these either. To be healers, to be light bearers, to be way showers, you must laugh, dance and play. That is what the Earth needs now."

Dripping wet, we emerge into the cold moonlight. Refreshed. Spirits renewed. When one has touched the Reality, it is easy to see the illusion of the drama, at least for a while. But be vigilant, dear ones, lest the drama begin to appear real again and no-win situations become bigger than God. Then Jake appears and says "Sweat Lodge tomorrow".

Self empowerment is the ability to see things as they really are, not as they appear to be. Self empowerment is staying in touch with God's perspective. Self empowerment knows that this three dimensional school room is such a tiny part of the reality that we all can have access to if we but remember to look within. Self empowerment means the end of struggle forever. Self empowerment means freedom, joy, and prosperity. Self empowerment comes from being clear and in touch with infinity, from knowing that I, of myself (ego), can do nothing, it is the Father within that doeth the works. Self empowerment is mandatory.

Why is the planetary mind set so afraid of radical change? When Galileo invented the telescope, the leading scientists of his day refused to even look through it because everyone knew that a piece of glass couldn't bring objects closer to the viewer. Every discovery which would lead to radically new ways of perceiving reality has been met with cries of "preposterous", "nonsense", and even "heretical". Well, those who fear change will have to dig a little deeper into the sand because the "space brothers" are here. And nothing is going to change the planetary picture of reality as much as when our non-earthling friends come out of the closet.

The existence of extra-terrestrial beings shouldn't surprise us. Have you stopped to consider where you dwell when you are not incarnate? If not on earth, then you dwell extra-terrestrially. There are many civilizations visiting this planet during this transition time. The whole galaxy, even the whole of third and fourth dimensional reality, has an interest, a big stake, in the progress we make here.

The U. S. government and some other governments have taxpayer funded projects to search for, and verify the existence of, extra-terrestrial life. The U. S. has a project called SETI, the Search for Extra-Terrestrial Intelligence. And as governments are wont to do, they use old established methods in their search. As Galileo showed, old thinking won't create new breakthroughs. The government's radio telescopes won't detect civilizations which don't use radio.

As we stand at the interface between perceiving reality intuitively and perceiving it scientifically, we have a dilemma. Intuitive evidence is not scientific, under accepted definitions of scientific, and it won't hold water with most of the scientific community. And scientific investigation takes decades to expand its "sensor range" to where it can conceive of new paradigms.

Although the governments of the world and the staid scientific community may be mostly oblivious to them, there are thousands of folks, ordinary citizens, who have telepathic communication with non terrestrial civilizations on a regular basis. I find these communications most intriguing.

As an aside, let me say here that there is an excellent book on the scientific-intuitive conjunction which includes the subject of extra terrestrial life and makes a credible attempt at reconciling the two viewpoints. It is *Exploring Inner and Outer Space* by former astronaut and physicist, Brian O'Leary. I applaud Brian's efforts since I also have walked the tightrope, being an engineer and an "intuitive functioner". There are also civilizations visiting earth who are not members of the federation. They get all the press. Sensationalism is a Piscean (karmic) characteristic and obviously it still sells commercials on TV and in the tabloids. The "little greys" and other familiar tabloid faces really do exist. But they are of little interest to awakening souls. Awakening souls keep their minds clear. They keep their eye focused on God. Awakening souls have made a conscious commitment to give up drama. For only by voluntarily giving up drama can we loose ourselves from that rascally karmic wheel.

Every soul has a contract with earth school to be given those experiences which will most expediently lead to awakening. Asleep people do life on a purely karmic basis, having "accidents", being "victimized", and experiencing "unconnected random events". These people are known to have enrolled for war, car wrecks, and UFO abductions. Awakening people are characterized by their desire to associate with the highest forms of light and love possible. Awakening people appear to the eyes of the world to be "protected", because they have made a choice to learn their lessons sans pain and struggle, and they follow their inner guidance.

## **Technology**

In another communication with our non terrestrial friends, the message was something like this. "You are skeptical about the benefits of technology because you associate technology with pollution. Some of you despise your technology. You cubby hole the different aspects of your life, putting technology in one hole, family in another hole, your job in another hole, etc. Then you lay judgments on each category. This one is spiritual. That one is a necessary evil. And some are good and some are bad. We don't see life that way. Everything, to us, is love, or we wouldn't include it in our experience. To us, technology and love are one and the same. Our technology doesn't pollute and our love isn't jealous. To experience pollution one must have a polluted consciousness, for consciousness creates reality. When your group consciousness changes to one of harmlessness your pollution will be gone and you will have invited us to tea. Shalom."

In the Piscean age where power and control are king, we have been trained that all great technological advances must come from government or big business. It takes big bucks to fund the research and build the prototypes. No grants, no progress. Well, not any more.

The next two hundred years are the time in which millions of entities incarnate in order to bring gifts to the earth, including technological gifts, and all great ideas and insights come from spirit, not NASA. Tie this together with the fact that many garage shops and home offices now have more computing power at their fingertips than even IBM had thirty years ago and we have the rebirth of the individual inventor.

As a teenager I visited the home of Thomas Edison's granddaughter. I got to see his books and laboratory furniture, and I got to hear stories about Edison. It seems that Edison knew how to receive great ideas. He was a student of the mystery schools, and a meditator. When he was looking for the answer to a problem, Tom would lie down on his back on a wooden bench. He held a steel ball in his outstretched hand. He knew that the answer could get through to him if his mind was in that state of semi-consciousness which occurs between sleeping and wakefulness. He let himself drift closer and closer to sleep until he could hear/see the answer. If he fell asleep he would drop the ball which would awaken him. Most of his inventions were passed from spirit to him through that doorway of semi-consciousness. It is spirit's good pleasure to give us new ideas, we don't earn them or buy them.

As we continue to awaken, many persons will follow their bliss by bringing phenomenal new technologies in to benefit mankind.

## **Telepathic Communication**

Twenty years ago I took a course called Silva Mind Control. If you are not familiar with it, don't let the group consciousness paranoia creep in because of the name. It has nothing to do with controlling other people's minds. It is about learning the usefulness of our own minds. In this class people learn to use the mind to control the body. They learn to control pain, to improve memory, to release addictions, and to raise their IQ. In Silva people learn to communicate telepathically with the various kingdoms of planet earth; the mineral, vegetable, and animal kingdoms. In this forty hours of mind training people take mind trips to the past, to the future, and to other dimensions of reality. And, as one instructor put it, if you don't think you are a walking, talking psychic when you finish this course, your money will be refunded, no questions ask. I went through the course seven times and I never saw anyone ask for their money back.

One Silva instructor taught an experimental class to "disadvantaged" students in a school which had a reputation for "bad attitudes and troublemakers". Standardized personality tests given before and after the training showed amazing improvements in the students. One of the things the students learned was a technique (the three finger technique) by which they could trigger their telepathic communication. During an exam, if a student couldn't remember the answer to a question, they simply invoked this technique and ask the teacher's mind what the answer was. One teacher was so annoyed with the number of A's the



students were getting that he said to the class "if I see one more student with his fingers together, he gets an F".

The mind has no limits. We are entering a time when human kind stops believing it is a body and sees itself as being as unlimited and as powerful as the mind. The Aquarian age puts an emphasis on telepathic communication. It brings out the power of the mind to explore, to know, and to create.

## **Education in the Aquarian Age**

If all students can learn to get any information (knowledge) about any aspect of life on earth, past or present, simply by doing one week's worth of mind training (as Jose Silva has proved) then Aquarian schools will bear no resemblance to today's schools. Aquarian schools will be about soul growth, expansion (as opposed to repetition), the spirit of the whole person and, believe it or not, learning to be happy and fulfilled.

Our Piscean education system does not educate, it teaches labeling. The students who get the positive feedback from the system aren't the ones who are creative or happy or unlimited thinkers. The rewards go to the students who can memorize the most labels, who can name the most rivers, countries, chemical elements, or body parts. We don't train children to explore other dimensions where the answers lie, we train them to make big bucks playing Jeopardy or Trivial Pursuit.

The Piscean education system was devised by Doctors of Education. And the Doctors of Education are the ones who grant doctors degrees in education, a self perpetuating system. While I was teaching at Oklahoma State I briefly considered getting a doctorate in education because I love to teach. I naively thought that I could take a course of study in which I would learn more about how the mind learns, how to convey knowledge from one person to another, how to create interest in learning, and how to supersede the knowledge of the past by invoking unconventional methods of acquiring new knowledge. No such courses were in the curriculum.

Doctoral students in education are taught the labeling process. They learn the names of who wrote the accepted books on education. They learn precedents. They learn to administrate schools. They learn to reward linear thinkers and (subtly) put down spatial, holistic thinkers. Since it is assumed in the Piscean age that all beings are separate and that supply is limited, our schools quite pragmatically teach competition (competition assumes that only a few can "make it", e.g., the survival of the fittest). Most Piscean schools give grades and create good students and bad students. There is a big difference between teaching each student to do his or her best, and teaching them to compete. The first method creates all winners and the second creates losers and introverted students. In a system based on the understanding that all beings are one, that your best interests are my best interests, and that God is the source of all supply, cooperation will be taught. Aquarian schools will not

have separative and level creating methods such as giving grades and having winners and losers. There will be no jealousy as each student excels in his or her unique field of excellence.

The Aquarian children now choosing to incarnate will ensure that the schools reflect their needs. Every soul chooses the moment of their birth, their time of entry into the school. They know in advance what influences will be exerted upon them, both astrologically and environmentally. They know what they are coming here to learn and they know what they are coming here to teach.

Society's definition of useful, productive, self supporting citizens is based on the separative beliefs that every one must pull his own weight, pay taxes, and not rock the boat. As we shift into Aquarian energy, the present purpose of education, to create useful, productive, self supporting citizens, will become meaningless. The Aquarian Age educational focus is simply a different focus. Exploration, unification of body and spirit, freedom and joy are what it is all about. In her book, *2150 AD*, Thea Alexander sees many aspects of the future, including telepathy class in the schools, the same way I do. I recommend this novel for fun and insight.

During the next fifty years or so, the schools will shift in their structure and curriculum into a form that can accommodate students who refuse to forget their connection with spirit. The curriculum of choice will be one that relates to the big picture, a curriculum that can improve one's level of understanding and happiness a hundred or a thousand years from now. And paradoxically, one that isn't concerned about preparing for hard times ahead, but one that says life exists only in this series of present moments.

In education, as with many of society's most protected systems, the dissolving of the present structure won't come about through the overthrow or forceful rejection of the old way. Awakened people don't resist evil. It will become disenfranchised through neglect. Already we see the "subculture" educational systems arising. Home education is gaining popularity rapidly, as are alternative systems such as Waldorf, Montessori, and the Unschool.

One thing that will occur as the decades progress in the next century that will produce a most noticeable change in what we call learning is the introduction of telepathy training. Up until telepathy becomes the primary means of communication, reading and writing skills will still be valuable for people choosing to dwell on earth. It may take three or four hundred years for words to fall into disuse, but when they do, humans will begin to communicate for the first time.

## **Economics**

It doesn't take a far sighted economist to see that we are moving towards a single world economy. Indeed we already have several forms of international currency which are working quite nicely. Master Card, Visa

and American Express will purchase almost any product in almost any country. Even your bank ATM card works world wide. But the shift to a world economy won't necessarily be a smooth process.

I have glimpsed that perhaps the most radical form of, shall we say, "attention getting" will be in the economic structure. The universe so loves mankind that it is going to make it quite clear to the money seekers that there is far greater value in one's family than in one's portfolio. People who focus on making money by shuffling and trading pieces of paper, rather than directly providing goods or services, will lose their paper.

Putting the pursuit of material goods ahead of the pursuit of enlightenment is not wrong. It simply delays our arrival at the point of happiness. This paradoxical issue baffles many spiritual students - we are required to be prosperous (it is the natural state in the universe) and we delay our true prosperity if we make material gain a goal. We have to do it God's way, not man's way. Prosperity is not about money, it is about an all inclusive state of fulfilled existence, materially, mentally, and emotionally. Prosperity is a gift, a natural inheritance for a child of God. But purification of the belief system is necessary first. When Jesus said to "seek first the kingdom of God, and all else will be added unto you", he didn't say that the all else excluded money. Indeed, he could have said that to get the "all else" one must seek the kingdom of enlightenment first.

So, the economies of the various nations will go through a leveling out, or evening, process. The average standard of living on the planet is somewhat less than what inhabitants of North America and Europe experience. While ultimately - in a hundred years or so - the world's economy will no longer be based on greed, and will appear quite prosperous, the short term picture seems to be interspersed with times of economic tribulation. It is just a way that the universe has of getting people to reevaluate their priorities. By helping folks decide to value family, friends, love, and the spiritual self above money, the universe will save millions of people millions of years on the wheel of karma. Economic tribulation is love doing its thing.

Part of the leveling of economies will occur because some of the richer nations will actually make "sacrifices" on behalf of the world's hungry peoples. Starvation will be completely wiped out by the year 2025. Aquarian technology in the form of communication and transportation make the problems of every nation too "real" to ignore.

During this same time frame in which some folks feel their world has come to an end, others appear to be prospering and enjoying. I see those who perform true service to others as being a counter-economy. There will be no struggle for healers, counselors, small farmers, furniture makers, carpenters, artisans, craftspersons, and other true service providers.

There will be no struggle for people who have not bought into the drama, who have kept an eye on the big picture. These folks will be kept very busy sharing their understanding and answering the question of the masses, "why is this happening to me?" It will be important to remember that if we buy into anyone's drama, we perpetuate the drama. If we let our eye be single, fixed on God, and choose to experience inner peace in the face of appearances, then we shall do all of the healings that Jesus did, and greater healings than these, shall we do. We can be healers or drama critics, but not both.

## Healing

Already well under way, exciting, dramatic, and phenomenal changes in the healing professions/arts are coming from the acceptance of the connection between illness/wellness and emotions. No longer will the body be looked at as a machine, consisting of individual parts, which can be repaired by changing a tire or putting on a new fan belt. Doctors, new age therapists, counselors, and relaxation specialists will all be held in equal esteem in a few years. Pharmaceutical lobbies will lose their death grip on the legislatures and the AMA. As might be expected from non resistors, the healing mind set will be changed not so much by court battles, as by the rapidly increasing number of folks who simply go elsewhere (even underground), instead of to "old-thinking" doctors. Fortunately, there are now a large number of "new-thinking" doctors available who encourage their patients to participate in their own healing.

Self empowered people don't take "doctor's orders". They make their own decisions. They choose their own treatment or treatments. Self empowered people aren't afraid to get a second, third and fourth opinion. Self empowered people get an open minded doctor's opinion and they get opinions from the counselors and therapists who are experts in the field of mind/body relations. They take responsibility for their own health by picking and choosing the combination of treatments that ring true to them. And best of all, folks who are always following their bliss, don't spend extended periods of time sitting in the emotions which cause disease in the first place.

## Politics

This may be hard for some of you to believe, but in about forty years, politics as we know it will start to fade out. Spiritual government bears little resemblance to the governments we are used to. Worldly government has always meant that some people governed other people. Webster defines "govern" as "to exercise authority over; rule, control, etc." In the Piscean age the belief has been that people needed to be controlled, threatened with jail or the loss of their money, in order to cause them to act in a civilized manner. So the people gave away their individual power to a collective power to make decisions (laws) for them.

In the age of self-empowered, harmless people, there will be no police force and no armies, not even "armies of God". The world's governments will very much resemble the pattern of government that the spiritual hierarchy has set for us. Spiritual government contains organization, structure (with the wisest at the top) and "laws". The government of the hierarchy has no provisions for enforcement. Awakened beings have always listened to and followed the direction of the wise ones. And if any entity chooses to rebel against the system, so be it. No harm can be done. Awakened spiritual beings do not allow themselves to be imposed on by rebellious beings. There are no victims.

### **Self Created Reality means Self Created Future**

It would be nice to be able to say that since you are an awakening entity who chooses to live consciously and seek guidance in all your decision making processes, that you will live in Shangri-La from here on out. But, here again, 'tain't so.

Remember that awakening souls have a tendency to make themselves available to any member of humankind who has made a decision to wake up. The folks that you would assist as they attempt to come out of the darkness into the light, are very much related to your own chosen path of learning/experiencing. As you follow your bliss and your guidance, everything comes together for you. You not only walk a path that is the path of joy and excitement, you find yourself being of maximal service to others who are on similar paths. If anyone attempts to do their service work for humanity by forsaking joy, they still believe in karmic ways and they are in for a frustrating ride. And, likewise, it doesn't work to seek joy by abandoning service. This system is so perfect that if one truly attempts to follow their guidance/bliss they are being of utmost service to themselves and to others.

In every arena of life there are individuals who are ready to awaken. This means that in the military, in government, in business, in the construction industry, and every other vocation known to man, light workers are needed. There are no unspiritual professions or avocations. You may have thought that the work that you really enjoy doing wasn't compatible with the spiritual life. Nothing could be farther from the truth. More light workers are required in the "world" than in monasteries. So your path, in the coming years, may take you to the board room or the battle field or even to the, yes, monastery. There are no mistakes. You will be in the right place at the right time in order to transform lives. The key point in functioning consciously (always remembering the big picture) is this: no matter where you are or what you are doing, no pain or struggle is required. Quite the contrary, happiness, health, and abundance are required. You can't give a gift to humanity that you do not possess.

In every period of struggle on this planet, there have been folks who were unaffected. In every depression some people prospered. In every war

some peace loving people were ignored by the combatants. In every earthquake, isolated parcels of land were "miraculously" untouched. No forecast for the future applies to those individuals who have given up karma. There are no victims. There are no random events. Individual consciousness creates individual reality.

## **Piscean Energy Still Predominates**

Even with as much cooperation, caring and sharing as is being shown among humans today, Piscean energy still predominates on the planet. Bliss obviously is not the most common state of mind being experienced today.

When the volunteers were discussing their entry into earth's energy field, they felt that anything short of the destruction experienced when Atlantis went down would have to qualify their mission as a success. But now things have changed. They have already attained the primary objective. So they have set new goals. (Sorry, you can't go home yet.) They have now said "Let's go for the Gold! Let's do it all!"

The new goal is shocking. It is absurd, at least by old standards. By some it is considered absolutely unattainable. Talk about a stretch. Are you ready for this? The new goal is nothing less than to see that one hundred percent of all beings who are presently enrolled in the tenth, eleventh, and twelfth grades in Earth School graduate before the Aquarian age is over. That's right, to so spread understanding and unconditional love throughout the telepathic pool that before another two thousand years go by, every one who has decided that they really prefer harmlessness to conflict will have graduated, free from pain and struggle forever!

What this means to you and me is simply this. When we awaken we will be asked to not leave the planet, as we would have in the old days. We are asked to stay on the planet and continue to assist, to share, to love, even though we have no karmic requirement to do so. We must show our family that karma isn't fun, karma hurts. We must show them that if they want to end pain and struggle that a new way of thinking and doing is required in each moment of every day. We must show them that if they want to get home in the most expedient manner possible, there is No Time for Karma.

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